

For Spring 2026 CNE registration, please contact:

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IN-PERSON OFFERINGS

REGION 2

Forty-Four Years and Counting to the Half-Century Mark: The Evolution of HIV Care from 1981–2025

Date: Thursday, June 11; 5:30–7:45 p.m. (registration/dinner: 5–5:30 p.m.)

Location: Teamsters Local 170, Health and Welfare Fund; 330 South-west Cutoff, Worcester

Description: HIV has evolved in our lifetime from a frightening and misunderstood illness to its status as a manageable chronic health condition. This program will address HIV from the beginning of the epidemic through the development of effective treatment strategies and address modalities to stem the spread of HIV.

REGION 3

Clinical Management of Type 2 Diabetes

Date: Monday, April 6; 6–8 p.m. (registration/dinner: 5:30–6 p.m.)

Location: Massachusetts Maritime Academy, Conference Room TBD; 11 Buttermilk Way, Buzzards Bay

Description: This program will explore best-practice standards for Type 2 diabetes and prediabetes. Clinical management strategies will be reviewed, and key information for patient education will be provided.

REGION 4

Polypharmacy: Implications for Patients and the Healthcare System and Strategies for Risk Mitigation

Date: Tuesday, April 28; 6–8:15 p.m. (registration/dinner: 5–6 p.m.)

Location: Danversport Yacht Club; 161 Elliot Street, Danvers

Description: This program will define polypharmacy, discuss its implications for both patients and healthcare systems, and outline the deprescribing process.

REGION 5

Mental Health Update: Bipolar Disorder and Borderline Personality Disorder

Date: Thursday, May 21; 6–8 p.m. (registration/dinner: 5:30–6 p.m.)

Location: MNA Headquarters; 340 Turnpike Street, Canton

Description: This program will enhance nurses' ability to care for patients with a spectrum of mood and personality disorders by reviewing diagnostic focus, treatment approaches, and impacts on other areas of health.

MNA HEADQUARTERS

Advanced Cardiac Life Support (ACLS)

Certification: Tuesday, March 31, 2026; 9 a.m.–4 p.m.

Recertification: Tuesday, April 7; two sessions — 9 a.m.–noon or 12:30–3:30 p.m.

Location: 340 Turnpike Street, Canton

Description: This AHA course provides information on the clinical management of medical emergencies through a case-study approach. Certification is a two-day course; recertification is one day.

Fee: \$50 (member/associate member); \$250 (non-member)

Breath by Breath: Enhancing Patient Outcomes in Mechanical Ventilation

Thursday, April 9; 5:30–8 p.m. (registration/dinner: 5–5:30 p.m.)

Location: 340 Turnpike Street, Canton

Description: This comprehensive program is designed for healthcare

professionals seeking to acquire or strengthen their knowledge and skills related to mechanical ventilation.

VIRTUAL OFFERINGS

REGION 1

From Burnout to Balance: Self-Care Practices for Providers

Date: Wednesday, April 15; 6–7:15 p.m. (log in: 5:30–6 p.m.)

Description: Nurses are highly skilled at caring for others, but they often neglect their own self-care — especially during busy shifts. Yet high-quality patient care depends on nurses taking care of themselves first.

Multi-Generational Nursing Workforce: Challenges and Opportunities

Date: Thursday, April 30, 2026; 6–8:15 p.m. (log in: 5:30–6 p.m.)

Description: Today's nursing workforce includes five generations. Differences in work attitudes, beliefs, and values can create new challenges — and opportunities — in building a harmonious workplace.

REGION 2

From Burnout to Balance: Self-Care Practices for Providers

Date: Wednesday, March 18; 5:30–6:45 p.m. (log in: 5–5:30 p.m.)

Description: Nurses are highly skilled at caring for others, but they often neglect their own self-care — especially during busy shifts. Yet high-quality patient care depends on nurses taking care of themselves first.

REGION 3

Beyond the Scales: Cardiometabolic Benefits of Today's Anti-Obesity Agents

Date: Tuesday, March 3; 6–8 p.m. (log in: 5:30–6 p.m.)

Description: Participants will examine the evolving landscape of obesity pharmacotherapy with a spotlight on the cardiovascular implications of modern anti-obesity medications. The session will review current and emerging agents, summarize key clinical trials, and highlight evidence showing improvements in cardiovascular outcomes — including reductions in major adverse cardiovascular events, benefits in heart failure (especially HFpEF), and favorable effects on cardiometabolic risk factors such as blood pressure, lipids, inflammation, and glycemic control.

REGION 5

Sleep Support with Herbs: Practical Insights for Nurses and Their Patients

Date: Tuesday, May 5; 6–8:15 p.m. (log in: 5:30–6 p.m.)

Description: This program explores how herbs can support sleep for nurses managing stress, irregular schedules, and shift work, while also equipping them to assist patients experiencing sleep challenges.

MNA HEADQUARTERS (VIRTUAL)

Nursing Knowledge Meets Legal Expertise: Navigating Legal Waters with Attorneys

Date: Tuesday, June 16; 5:30–8:30 p.m. (log in: 5–5:30 p.m.)

Description: Designed for nurses considering a move into legal nursing, this course builds on clinical knowledge to develop foundational skills for working as a legal nurse consultant. Led by an experienced legal nurse, the program covers the role of the legal nurse consultant and how to apply clinical expertise to launch a new — and potentially lucrative — second career.

OTHER IMPORTANT DATES

MNA Labor Summit

Date: March 11, 2026; 8 a.m.–4:30 p.m.

DoubleTree by Hilton Hotel, Boston–Westborough; 5400 Computer Drive, Westborough

MNA Clinical Nursing Conference

Date: Wednesday, May 13; 8 a.m.–4:30 p.m.

DoubleTree by Hilton Hotel, Boston–Westborough; 5400 Computer Drive, Westborough