

# May 3, 2024 to 400!

Clinical Nursing Conference Four Points by Sheraton - Norwood 1125 Boston-Providence Turnpike Norwood, MA

### Schedule

7 – 8 a.m. Registration & Continental Breakfast

#### 8 – 8:15 a.m. Welcome and Opening Remarks

Katie Murphy, RN, MNA President

#### 8:15 – 9:45 a.m. Keynote Address

# Defending Your License Against a BORN Complaint: What Nurses Need to Know

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#### Liz Turner, JD, RN

The Massachusetts Board of Registration in Nursing (BORN) is one of several regulatory agencies with influence on nursing practice in the state and, specifically, it exists to govern nursing practice and protect the public. Complaints against a nurse's license can bring significant consequences, including revocation of one's license. Causes of action for discipline by the BORN will be discussed as well as best practices to decrease the risk of having a complaint filed against you.

#### 9:45 - 10:15 a.m. Break

#### 10:15 – 11:45 a.m. Choose a Concurrent Session:

#### A.I. in Healthcare: Friend or Foe?

#### Deena Brecher, MSN, RN, ACNS-BC, CEN, CPEN, FAEN

As nurses, we utilize technology every day, yet we are often unaware of how that technology is evaluated. This session will review current and future applications of A.I. in healthcare and examine how to evaluate the effectiveness of those technologies. Considerations to make when bringing A.I. into the work environment, especially for tools that impact nursing workflow, will also be discussed.

#### Wound Care: Dressing for Success

#### Erin Bertagnolli, PA-C

All wounds require a thorough assessment to determine the type of wound and ideal treatment to support the best possible outcome. Nurses often encounter a variety of pressure wounds and vascular ulcers regardless of their area of practice. This presentation will provide the knowledge necessary to identify and care for a variety of wounds and support the patient toward their optimal goals of health and healing.

#### An Introduction to Gender Affirming Care: Considerations for Nurses

#### Eli Goldberg, MD

There are about 1.4 million transgender people in the United States, which is about the same as the prevalence of type 1 diabetes. Yet, many in healthcare have little to no formal education about how to provide appropriate care to transgender patients. This program will address key concepts and terms related to transgender identity; the social, legal, and medical steps that transgender people may take to affirm their identities; and how transgender people experience the healthcare system through the lens of minority stress.

#### 11:45 a.m. – 1 p.m. Lunch

1 – 2:30 p.m. Choose a Concurrent Session:

FREE

MNA members only

## Dialysis: What Nurses Need to Know About the Care of the Hospitalized Hemodialysis Patient

#### Beth Ann Medina RN, CDN

This program will address the key clinical principles of hemodialysis and peritoneal dialysis. The nursing considerations for patients undergoing dialysis, such as fluid/nutritional restrictions, patient preparation, medication management diagnostic testing, and measurement of the effectiveness of dialysis will be discussed. Strategies for patient education will be explored.

#### The Weight is Over: The Skinny on Obesity Drugs

#### Phung C. On, PharmD, RPh, BCPS

Obesity is linked to poor health outcomes and is a public health problem in the United States. According to the Centers for Disease Control and Prevention, the country's prevalence of obesity is about 40% in adults and 20% in children and adolescents. This program explores pharmacotherapy strategies for managing patients with obesity.

## 2023 Chronic Coronary Disease (CAD) Guidelines and an Update in Lipid Management

#### Mirembe Reed, PharmD, BCPS, BCCP, BCCCP

With 18.2 million Americans diagnosed with CAD, it is the leading cause of death in the US. The treatment guidelines for CAD and lipid management have been updated for the first time in over a decade. This session will provide new approaches to patient-centered care and evidence-based interventions for the care of chronic CAD and lipid management.

#### 2:30 – 3 p.m. Break

#### 3 – 4 p.m. Closing Session

# Empowering Change: Addressing the Triple Challenge in Nursing - Shortage, Violence, and Equity

#### Lynette Charity, MD

As a nurse, have you ever felt undervalued, underappreciated, and overlooked? Drawing from my 40 years as a Board-Certified Anesthesiologist, navigating racism, sexism, and even job loss, I'll first define the issues in this trifecta of nursing challenges and then share insights to mitigate those challenges. Join me to discover how to stay inspired, stay healthy, and stay true to yourself amidst the complexities of your profession.

#### 4 – 4:15 p.m. Evaluations and Closing Remarks

# As an MNA member, you are invited to attend the





This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.

#### **Program Cancellation**

MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

#### **Disability Help**

Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

#### **Chemical Sensitivity**

Attendees are requested to avoid wearing scented and fragranced personal products when attending the 18th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.



1125 Boston-Providence Turnpike (Route 1) Norwood, Massachusetts 02062

#### Parking

Free parking is available at the hotel.

#### **Hotel Information**

The MNA has secured several single and double rooms at the Four Points by Sheraton - Norwood. For reservations call 781-769-7900 and request the MNA rate.

#### **Contact Hours**

Continuing nursing education contact hours will be provided.

To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.

The Massachusetts Nurses Association is accredited as a provider of Nursing Continuing Professional Development by the American Nurses Credentialing Center's Commission on Accreditation.

Please register to attend the All-Day 2024 MNA Clinical Conference to be held on May 3, 2024 at the Four Points Sheraton, Norwood

# **Register online at:**

https://massnurses.jotform.com/240383673017960

Deadline: April 29, 2024

