



For Fall 2023 Continuing Nursing Education Program registration, please visit:

https://www.massnurses.org/nursingresources/continuing-education/courses



**Massachusetts** 

Association

## IN-PERSON OFFERINGS

### REGION 1

#### The Impact of Substance Use Diseases and Addiction on Patients, Family, and the Community

**Description:** The purpose of this program is to educate nurses on the public health dilemma of the drug crisis and its impact on the medical profession, patients, families, and the community. This program will include the pathophysiology of addiction, the perspectives of the family and victim, and the stressors/challenges that can create a pathway to substance use and addiction. This program will also discuss the stigma associated with the disease of substance use disorder and addiction.

Presenter: Charlene Verga, MSN, RN, CEN, LNC

Date: Wednesday, October 18, 2023

Time: 5 – 5:30 p.m., Registration/Dinner

5:30 – 7:30 p.m., Program

Location: Delaney House, 3 Country Club Road, Holyoke; delaneyhouse.com Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

## REGION 2

#### Workers' Compensation in the Existing Healthcare Environment

**Description:** The result of a work-related injury or disease can alter a worker's life. Nurses and other healthcare professionals need to know the typical barriers in accessing timely Workers' Compensation-related healthcare, as well as current legal and union protections. The presentation will utilize case studies during the discussion to focus on the necessary actions individuals must take when reporting and documenting an injury to avoid greater possible negative health and economic impacts.

Presenters: Attorney Charles Donoghue and Christine Pontus, MS, RN, COHN-S/CCM

Date: Thursday, September 28, 2023

Time: 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

Location: The Beechwood Hotel, 363 Plantation Street, Worcester; beechwoodhotel.com

**Fee**: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. **Continuing Education Credits:** Will be provided

## REGION 3

#### **Understanding Autism Spectrum Disorders**

**Description**: This program will provide information on the identification, classification, management, and clinical interventions for patients with autism spectrum disorders and their families. This program will specifically review the role of the nurse and other healthcare providers in caring for an adult or pediatric patient with autism or other special needs. **Presenters:** Shannon Sousa, MS, CCC-SLP, ATP; Jan Randall

Date: Monday, September 25, 2023

Time: 5:30 – 6 p.m., Registration/Dinner 6 – 8:15 p.m., Program

Location: Massachusetts Maritime Academy, Beechmore Conference Center, 11 Buttermilk Way, Buzzards Bay; maritime.edu Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

### REGION 4

#### What's New in Diabetes Care: 2023 American Diabetes Association Standards of Care for Kids and Adults

**Description:** The Centers for Disease Control and Prevention (CDC) estimate that over thirty-seven million people of all ages in the US are living with diabetes. Nurses are uniquely situated to provide the education and support that is required for good glucose control and management. Diabetes Self-Management Education and Support (DSMES) are an essential part of nursing interventions for patients and families. This program will address current best practices for diabetes care including the newest medications, use of technology, and disparities in care in both pediatric and adult populations. Current public policy will also be addressed.

Presenters: Linda Salvucci, MSN, RN, CDCES; Julia Welch, FNP-C, CDCES; Megan Collins, MA

Date: Tuesday, October 17, 2023

Time: 5 – 6 p.m., Registration/Light Dinner

6 – 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; danversport.com

**Fee:** Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. **Continuing Education Credits:** Will be provided

## REGION 5

# Best Practices in Protecting Your License Against a Board of Nursing Complaint

**Description:** The Massachusetts Board of Registration in Nursing (BORN) is one of several regulatory agencies with influence on nursing practice in the commonwealth. It exists to govern nursing practice and protect the public. This program will help to clarify the role and BORN process that is utilized when a complaint is filed against a nurse's license. Causes of action for discipline by the BORN will be discussed, as well as best practices to decrease the risk of having a complaint filed against a nurse's license. **Presenter:** Elizabeth Turner, Esg., RN

Date: Thursday, November 30, 2023

Time: 5 – 5:30 p.m. Registration/Dinner

5:30 – 8 p.m., Program

Location: MNA Headquarters at 340 Turnpike St., Canton Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

## GENERAL IN-PERSON CE

# Safe Patient Handling and Mobility Conference: Motivating Change

**Description:** Utilizing SPHM assistive devices and techniques promotes improved outcomes for patients and supports caregivers' well-being. The challenge, adopting a culture that welcomes change.

Presenters: TBA

Date: Wednesday, September 13, 2023

Time: 7:30 – 8 a.m., Registration/Continental Breakfast 8 a.m. – 4 p.m., Program

Location: Four Points by Sheraton Norwood, 1125 Boston-Providence Turnpike, Norwood

**Fee**: Member/Associate Member: Free. However, a \$99 placeholder fee, which will be returned upon attendance, or notification of cancellation if received by September 6, 2023. Non-Members, \$99 charge, refunded if cancellation is received by August 30, 2023.

Continuing Education Credits: Will be provided

# Disparities in Maternal Child Heath: Actions for the Obstetrical Nurse

**Description:** This program will explore the impact of disparities in maternal child healthcare. Research has confirmed how disparities and inequalities in the clinical management of maternal child health has negatively impacted health outcomes. This program will explore how the underlying systemic, institutional, and human factors contributed and perpetuated disparities in maternal child healthcare. The program will also discuss how obstetrical nurses can positively impact patient care in addressing disparities at the bedside.

Presenter: Lucinda Canty, PhD, CNM, FACNM Date: Wednesday, October 18, 2023

Time: 5:30 – 6 p.m., Registration/Dinner

6 – 8:15 p.m., Program

Location: Double Tree by Hilton, 5400 Computer Drive, Westborough Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

## Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS) Course

**Description:** Participants will obtain both a BLS and ACLS certification upon the successful completion of the course. New certification participants must attend both Day 1 and Day 2 sessions. Recertification participants are welcome to attend Day 1 but are only required to attend the Day 2 skills session either from 9 a.m. to 12 p.m. or 12:30 to 3:30 p.m. **Presenters:** Carol Mallia, MSN, RN; Mary Sue Howlett, Ph.D., RN/FNP-BC, CEN; Charlene L. Verga, MSN, RN, CEN, LNC; other instructors for the clinical session

Dates: Tuesday, October 17, 2023 (Certification) Wednesday, October 25, 2023 (Recertification Only)

- Time: Day 1 –Tuesday, October 17, 2023; 9 a.m. 4 p.m. Day 2 – Wednesday, October 25, 2023; Two Sessions: Session One: 9 a.m. – 12 p.m. or Session Two: 12:30 – 3:30 p.m.
- Location: Day 1 MNA Headquarters, 340 Turnpike Street, Canton Day 2 – MNA Headquarters, 340 Turnpike Street, Canton

Book/Card Fee: MNA Member/Associate Member, \$50; Non-Members, \$250

Education Credits: WILL NOT BE AWARDED FOR ACLS/BLS MNA Contact: To register, please contact Liz Chmielinski at 781-830-5719 or email echmielinski@mnarn.org

#### The Nurse's Role in Caring for Risk of Violent Patients: Fourth Amendment and Patient Search and Seizure

**Description:** Workplace violence against health care providers is a complex phenomenon fraught with ethical/legal challenges. This program will discuss mitigating risk factors of potentially violent patients, Fourth Amendment and private search and seizure. Case studies will be analyzed and discussed.

Presenter: Britain Thames, Esq., RN, JD Date: Tuesday, December 5, 2023

Time: 5:30-6 p.m., Registration/Dinner 6-8:30 p.m., Program

Location: MNA Headquarters, 340 Turnpike Street, Canton, MA 02021 Fee: Member/Associate Member: Free. However, a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

## **REGION 1 VIRTUAL OFFERING:**

## Responding to an Unsafe Patient Assignment: Legal, Moral, and Practical Implications

**Description**: This program will provide you with the advocacy skills and the communication strategies needed to appropriately respond when you are told "just do your best," but your nursing judgment determines you cannot safely meet the needs of the patient. Topics will include patient abandonment, mandatory overtime, and assuming an assignment under duress or objection. Documentation of unsafe assignments and mandatory liability overtime will be explored. The program will explain who should accept the liability and responsibility for an unsafe assignment.

Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, Ph.D., RN/FNP-BC, CEN; Joe-Ann Fergus, Ph.D., RN

Date: Monday, November 6, 2023

Time: Login, 5 – 5:30 p.m.; Program, 5:30 – 7:30 p.m.

Location: This program is a live, virtual continuing educational program offered on the Zoom platform.

Fee: Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

## **REGION 2 VIRTUAL OFFERING**

## Celiac Disease and Non-Celiac Gluten Sensitivity: What Does It All Mean for the Nurse?

**Description**: Celiac disease is an autoimmune disease that impacts genetically predisposed persons to a lifetime of dietary challenges. In 2019, the Celiac Foundation estimated that one in one hundred people worldwide are living with celiac disease. This program will describe the pathology of celiac disease, common signs and symptoms, and nursing considerations related to the care and management of Celiac disease in persons living with chronic illness.

Presenter: Laurie A. Higgins, MS, RDN, LDN, CDCES

Date: Wednesday, November 15, 2023

Time: Login, 5:30 – 6 p.m.; Program, 6 – 8 p.m.

**Location**: This program is a live, virtual continuing educational program offered on the Zoom platform.

Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

# The Growing Use of Anti-Depressant Medications: A Global Update

**Description:** The number of people living with acute and chronic depression continues to grow locally, nationally, and internationally. The treatment of these illnesses often includes the prescription of various classes of anti-depressant medications. Nurses providing bedside care for these patients must have an extensive knowledge of the actions, indications, and potential side effects of these medications. This program will focus on the most diagnosed types of acute and chronic depression, and the pharmacologic and psychosocial supports vital to effectively treating patients living with depressive illnesses.

Presenter: Judith Jorge Leonard, PMHNP-BC Date: Monday, October 23, 2023

Time: Login, 5:30 – 6 p.m.; Program, 6 – 8 p.m.

**Location**: This program is a live, virtual continuing educational program offered on the Zoom platform.

**Fee:** Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. **Continuing Education Credits:** Will be provided

## REGION 4 VIRTUAL OFFERING

#### Documentation Dangers and Their Impact on The Defense: Case Examples, Highlights, and EMR Impacts

**Description:** Documentation is one of the most important elements of nursing practice. In this program, best practices for good documentation will be highlighted and the issues and impacted defensibility in a malpractice case will be presented. The program will include examples of how medical record documentation can be used to identify gaps that can be interpreted/manipulated through litigation, as well as how insufficient documentation impacts testimony and liability. The use of EMR footprints will also be discussed.

Presenter: Joanne Gulliford Hoban, JD

Date: Tuesday, September 26, 2023

Time: Login, 5:30 - 6 p.m.; Program: 6:00 - 8:15 p.m.

**Location**: This program is a live, virtual continuing educational program offered on the Zoom platform.

**Fee:** Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. **Continuing Education Credits:** Will be provided

## **REGION 5 VIRTUAL OFFERING**

#### Cannabis Stigmatization, Disclosure, and Risk Assessment

**Description:** This presentation will survey the primary domains of stigmatization as overarching barriers to cannabis-use disclosure and behavioral assessment among patients in the healthcare setting. Knowledge of cannabis use patterns are an integral component to providing fully informed care to patients and mitigating associated risks of cannabis use. Key pharmacokinetic and pathophysiological considerations will be discussed.

Presenter: Daniel D. King, DNP, APRN, CRNA, CPPS Date: Thursday, October 26, 2023

Time: Login, 5:30 – 6 p.m.; Program, 6 – 8:15 pm

**Location**: This program is a live, virtual continuing educational program offered on the Zoom platform.

Fee: Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete regis-

tration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided

### GENERAL CE VIRTUAL OFFERING

#### Caring for Persons with the Challenges of Dementia in a Post-Pandemic World: Updates for the Present and Future

**Description:** This program will provide updates on the medical conditions and progressive illnesses that cause patients to experience dementia symptoms. Demographic updates will be provided on the incidence of dementia illnesses throughout New England and beyond. The program will conclude with a presentation of strategies for providing care for persons living with dementia in a post-COVID society.

Presenter: Judith Pare, PhD, RN

Date: Wednesday, December 13, 2023

Time: Login, 5 – 5:30 p.m.; Program, 5:30 – 8:30 pm

**Location**: This program is a live, virtual continuing educational program offered on the Zoom platform.

Fee: Fee: Member/Associate Member: Free, although a \$25 placeholder fee, which will be returned upon attendance, is required to complete registration. Non-Members, a \$95 charge is required to complete registration. Continuing Education Credits: Will be provided



## Did you know that ...

"Nursing is an occupation most at risk from lower back pain (LBP), with rates exceeding heavy industry workforces."\*

The MNA's **Congress on Health & Safety** and **Safe Patient Handling & Mobility Task Force** are here to help with your workplace health and safety concerns. Reach them at 781-821-4625 and by asking for the Division of Nursing.

\*Tariq RA, George JS, Ampat G, et al. Back Safety. [Updated 2022 Oct 3]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: https:// www.ncbi.nlm.nih.gov/books/ NBK519066

