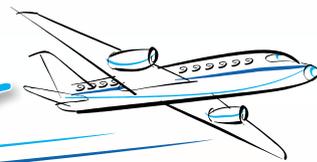


The **MNA**<sup>SM</sup> *Traveler*



in collaboration with



# EUROPE

## 2023



**Prices include air, hotels, daily tours, most meals and departure taxes & fees**

WELCOME TO THE



# MNA<sup>SM</sup> Travel Program 2023

MNA has successfully hosted tours to Europe with Durgan Travel since 2001. In collaboration with Durgan Travel, one of the largest and well-respected tour companies in New England, MNA members, their friends and family have experienced a superior value in European travel.

Durgan Travel has over 50 years of experience in providing quality travel products. Their award-winning tours offer the best product at the best prices with the best service. We offer our tours as inclusive as possible. We have found that including the meals and daily sightseeing into the tour package eliminates the concerns people have when traveling in a foreign country. One of the key benefits of group travel is that an experienced agency plans and prepares for all the travel logistics so you can enjoy the convenience and safety of traveling with a group.

Air travel for all tours is arranged on scheduled-air with the major airlines servicing Europe. The MNA tours include a comprehensive sightseeing program illustrated in the individual itinerary, which include major tourist attractions and most entrance fees. Each group has a full time English speaking tour guide. All transfers and sightseeing tours include a private motor coach. Most meals are included on the trip and are indicated on the individual itineraries by breakfast (B), lunch (L) and dinner (D).

We continue to have a high level of response to our trips and they sell-out quite early. Please be aware that space is limited per tour and will be filled on a first-come first-serve basis. Single passengers are encouraged to book as soon as possible, as we have limited spaces per tour for single travelers. The MNA tours are marketed to MNA members and past travelers, but are **open to all individuals. You do not need to be an MNA member or a nurse to join one of our tours.** If you are interested in traveling with the group, please complete the reservation form. A deposit in the form of a check or credit card, made payable to Durgan Travel, will reserve your space on the tour.

I look forward to having you travel with us. If you have any further questions, please email me at [cmallia@mnarn.org](mailto:cmallia@mnarn.org).



Carol Mallia, MSN, RN  
[CMallia@mnarn.org](mailto:CMallia@mnarn.org)



Click the QR code to be added to the MNA Traveler email list for updates! →





# HIGHLIGHTS OF TUSCANY AND ROME

## May 27 - June 5, 2023



**Day 1, May 27 – Boston/Pisa** – Depart Boston's Logan International Airport aboard our overnight flight to Pisa (via intermediate city) with meal and beverage service, as well as headsets available on the flight.

**Day 2, May 28 – Pisa - MONTECATINI SPA:** “Benvenuti in Italia!” At the airport in Pisa, our Tour Escort will be waiting to help us with our transfer. We will board our motorcoach for the drive to the center of Pisa. Meet our local guide for a walking tour. Free time for a lunch (on our own). In the afternoon we will transfer to the Hotel Ercolini & Savi in Montecatini for check in. The remainder of the day is at leisure to familiarize ourselves with our surroundings prior to our Welcome Dinner and orientation meeting at the hotel this evening. (D)

**Day 3, May 29 – FLORENCE:** After breakfast, there will be a morning sightseeing tour of Florence. We will visit the beautiful Piazza Del Duomo to see the Cathedral of Santa Maria del Fiore, Giotto's Bell Tower, and the Romanesque Baptistery of St. John. Later we will visit the Academia Museum to view Michelangelo's most famous sculpture, “David.” The afternoon is at leisure for individual sightseeing and shopping. We will return to our hotel in Montecatini for dinner and overnight. (B, D)

**Day 4, May 30 – SIENA/LUCCA:** After breakfast at our hotel, we will depart for Siena. Once in Siena, our escort will lead us to Piazza del Campo, through the narrow streets, past medieval towers and walls. One of the notable highlights of Siena is San Domenico, which holds the relics of St. Catherine Lunch on your own. In the afternoon visit of Lucca then back to our hotel. Dinner and overnight in Montecatini. (B, D)

**Day 5, May 31 – TENUTA TORCIANO WINERY/SAN GIMIGNANO:** After breakfast, we will visit the Tenuta Torciano Winery in San Gimignano for a **pizza cooking class and wine tasting**. We will enjoy a cooking class with the chefs: from dough preparation to the finished pizza and enjoy lunch with multiple types of pizza prepared together- we prepare three types of pizza according to season and specific dietary requirements. Dessert will be pizza with Nutella or jam or mascarpone with dessert wine. In the afternoon we will visit San Gimignano, often described as “The most famous small town in Italy.” This charming, medieval hilltop town is noted for its many towers and its breathtaking views of the Tuscan landscape. Later, we will return to our hotel for dinner and overnight. (B, L, D)

**Day 6, June 01 – CINQUE TERRE:** Excursion to the amazing Cinque Terre! We will depart by train from La Spezia to Manarola, stop for visit, then we will depart by local train to Vernazza, stop for visit, then we continue by train to Monterosso, where we will stop for lunch, wine tasting and visit. In the afternoon we will depart by local train from Monterosso to La Spezia. We will return to the Hotel for dinner and overnight. (B, L, Wine Tasting, D)

**Day 7, June 02 – MONTECATINI/ASSISI/ROME:** Following breakfast and hotel check-out, we will depart for Rome, with a stop in Assisi to view the Basilica of St. Francis. We will have some free time to browse the city. Enjoy the beautiful countryside with lunch (on our own) before we head to “The Eternal City.” Upon arrival in Rome, we will check in at the Grand Hotel Palatino (or similar). There will be time to rest, relax, shop, and freshen up. Dinner and overnight. (B, D)

**Day 8, June 03 – ANCIEN/MODERN ROME:** After breakfast at our hotel, we will head out for a day-long city sightseeing tour. In the morning, we will have our “Ancient Rome” tour, featuring the famous monuments and landmarks of Rome. In the afternoon, after lunch (on our own), we will meet up for a tour of Modern Rome. By the time our day winds to a close, we will have seen the Colosseum, the Pantheon, the Spanish Steps, Trevi Fountain, and so much more! Back to our hotel for dinner and overnight. (B, D)

**Day 9, June 04 – VATICAN CITY/ROME:** After breakfast, we will visit St. Peter's Basilica, the Vatican Museums, and the Sistine Chapel. Raise your eyes to see Michelangelo's “Creation” and the famous “Last Judgment.” Lunch is on our own. The afternoon is at leisure for shopping and exploring on our own. Dinner at the hotel. (B, D)

**Day 10, June 05 – ROME/INTERMEDIATE CITY/BOSTON:** Breakfast and hotel check-out. Transfer to Fiumicino Airport in Rome where we will board our return flight to Boston (via intermediate city), with full meal and beverage service, as well as stereo headsets, while in flight. (B)

**All dinners include a ¼ liter of wine and a ½ liter of mineral water per person.**

**Price is discounted for payment via check and discounted as the group size increases as follows:**

| PASSENGERS  | 20-24  | 25-29  | 30-34  | 35-39  | 40 plus | Prices listed are based on twin occupancy. Single Supplement is an additional \$549 |
|-------------|--------|--------|--------|--------|---------|---|
| CHECK       | \$4229 | \$4069 | \$3969 | \$3879 | \$3839  |   |
| CREDIT CARD | \$4319 | \$4159 | \$4059 | \$3969 | \$3929  |   |

Insurance is \$409 per person for double occupancy and \$459 for single occupancy

**Dates: May 27 – June 5, 2023** with Carol Mallia as the Group Leader. Prices listed above include air, departure taxes & fuel surcharges of \$377.77 (which are all subject to change until final billing). A deposit of \$600 will hold your space. Final Payments are due 75 days prior to departure, March 11, 2023. [See cancellation policy on the registration page.](#)

# GRAND TOUR OF PORTUGAL

**September 8 - 18, 2023** *Featuring the Douro River Valley and the Portuguese Riviera*

**DAY 1, Sept.8 – BOSTON /PORTUGAL:** Depart Boston's Logan International Airport aboard our transatlantic flight to Porto, Portugal (via intermediate city) with meal and beverage service, as well as stereo headsets, available in flight.

**DAY 2, Sept.9– PORTO, PORTUGAL:** Upon arrival at Francisco Carneiro Airport in Porto, we will meet our Tour Escort, who will help with our transfer. We'll board our private motorcoach and enjoy a panoramic sightseeing tour in route to our 4-star hotel, Hotel Bessa Boavista - <https://boavista.bessahotel.com/en/en-home/> - Porto (or similar) which is centrally located. After check-in, the remainder of the day is at leisure. Prior to dinner this evening, we will gather for a Welcome Drink. Dinner and overnight. (D)

**DAY 3, Sept.10 – PORTO:** After breakfast at our hotel, we are off for a full-day of guided sightseeing in Porto, Portugal's second largest city, situated on the right bank of the Douro River. Our tour begins in the Foz area near the mouth of the river. Next, we will visit Polácio da Bolsa "the stock exchange", with, the Old Trade Hall, the Gold Room, the Arabian Hall. The Clerigos Tower, and Cais da Bibeira. We will then board a Rabelo boat for a panoramic cruise on the Douro River. Our day winds down with a visit to a nearby wine cellar for an informative tour and a tasting of the port wine for which this city is world-renowned. Return to our hotel for dinner and overnight. (B, wine tasting, D)

**DAY 4, Sept.11 – GUIMARÃES/BRAGA/VIANA DO CASTELO:** After breakfast, we head north for a drive through the Province of Minho to the historic city of Guimarães, Portugal's first capital, where we visit the magnificent Castle and the imposing Ducal Palace. Next is a stop in the religious center of Braga to visit the famous Bom Jesus Sanctuary. We continue to Viana do Castelo, a picturesque seaside resort, to visit the Monte de Santa Luzia, the 19th -century pilgrimage church, and the Old Quarter. We will Return to our hotel for dinner and overnight. (B, D)

**DAY 5, Sept.12 – PORTO/AMARANTE/VILA REAL/PINHÃO/VEISEU:** After breakfast and hotel check-out, we say goodbye to Porto and head for the quaint town of Amarante, which is particularly noteworthy for its stately 16th, 17th, and 18th century houses, complete with wooden balconies and wrought-iron grilles. Next stop is in Vila Real, the town responsible for administrating the port wine trade, and home to the famous Palácio de Mateus. We continue to Pinhao for a beautiful drive through the heart of the Douro River region and a visit to a local vineyard to see the process of making wine. Our last stop today is in Viseu for hotel check-in at the Hotel Principe Perfeito - <https://montebelohotels.com/montebelo-principe-perfeito-viseu/pt/home> - Viseu (or similar) for dinner and overnight. (B, D)

**DAY 6, Sept.13 – VISEU/COIMBRA/NAZARÉ/ALCOBAÇA/ÓBIDOS/CACAISL:** After breakfast and hotel check-out, and before departing Viseu, we will enjoy a guided walking tour of the historic city center. We then depart for Coimbra for a visit to its medieval university with its famous tower and baroque library. Next stop is the Nazaré where you can see the highest surfing waves in the world. Our journey then takes us to Alcobaca to visit the 12th century monastery and the Tombs of Pedro and Inês, followed by a stop to visit the picturesque walled village of Óbidos. Our final destination today is Cascais, where we will check-into the Hotel Vila Gale - <https://www.vilagale.com/pt/hoteis/costa-de-lisboa/vila-gale-cascais> (or similar) for dinner and overnight. (B, D)

**DAY 7, Sept.14 – CASCAIS LISBON:** After breakfast, we are off to visit the capital of Portugal – beautiful Lisbon! We will first tour the Belém district to visit the Royal Coach Museum, the Jeronimos Monastery, the Monument to Henry the Navigator, and the Tower of Belém. Then, we will tour the city center with visits to the Marquês de Pombal Square, Avenida da Liberdade, the Baixa shopping district, the Praça do Comercio (a riverside square), and the Old Quarter of Alfama. We will return to our hotel for dinner and overnight. (B, D)

**DAY 8, Sept.15 – DAY OF LEISURE CASCAIS/ESTORIL:** After breakfast, we will have the entire day at leisure for shopping & individual sightseeing or just relaxing at the hotel. Dinner and overnight at the Hotel. (B, D)

**DAY 9, Sept.16 – EVORA WITH A FADO DINNER:** After breakfast, we board our motorcoach and head east to the museum town of Evora. The town's roots are of ancient Roman origin, and its historic district center has been designated as a UNESCO International Heritage Site. Our guided sightseeing will include many of the town's most important and famous landmarks. We will return to Cascais to get ready for a night out in Lisbon at a local restaurant for dinner and an entertaining Fado Show. Overnight. (B, D)

**DAY 10, Sept.17 – QUELUZ/SINTRA/CABO DA ROCA/ CASCAIS/ ESTORIL:** After breakfast, we will visit the Palace of Queluz, with its 18th century halls and gardens. Next, we will drive to Sintra, one of the farming centers of Portugal, where we can visit the Royal Palace. After lunch (on our own), we'll continue to Cabo da Roca, the westernmost point of Continental Europe. Then we'll continue along the coast, passing through the seaside resort of Guincho Beach, the fishing village of Cascais, and cosmopolitan Estoril, before returning to our Hotel. We will enjoy dinner at our hotel this evening and overnight. (B, D)

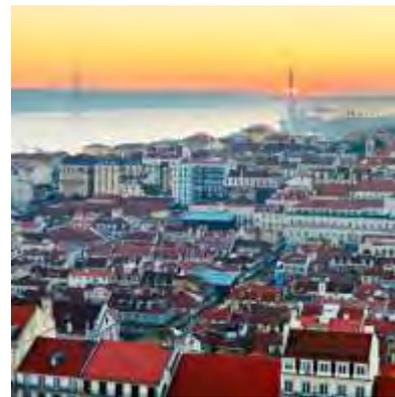
**DAY 11, Sept.18 – LISBON/BOSTON:** After breakfast and hotel check-out, we transfer to the airport in Lisbon to board our return flight to Boston (via intermediate city) with meal and beverage service, as well as stereo headsets, available in flight. (B)

**All dinners include a ¼ liter of wine and a ½ liter of mineral water per person.**

**Price is discounted for payment via check and discounted as the group size increases as follows:**

| PASSENGERS  | 25-29  | 30-24  | 36-39  | 40 plus | Prices listed are based on twin occupancy. Single supplement is an additional \$999. Insurance is \$459 per person for double occupancy and \$529 for single occupancy. |
|-------------|--------|--------|--------|---------|---|
| CHECK       | \$4729 | \$4589 | \$4539 | \$4459  |   |
| CREDIT CARD | \$4829 | \$4689 | \$4639 | \$4559  |   |

**Dates: Sept 8-18, 2023** with Carol Mallia as the Group Leader. Prices listed above include air, departure taxes & fuel surcharges of \$600.00 (which are all subject to change until final billing). A deposit of \$600 will hold your space. Final Payments are due 75 days prior to departure, June 24, 2023. [See cancellation policy on the registration page.](#)



**RESPONSIBILITY:** Durgan Travel Service and their agents, in accepting bookings for this tour, clearly stipulate that they are not liable for faults or defaults of other companies and persons that may be used in the carrying-out of the tour services, also for accidents, baggage losses, delays, or cancellations, strikes, political unrest, riots, and acts of God and war, and changes in schedules. In the event it becomes necessary or advisable, for the comfort or well-being of the passengers, or for any reason whatsoever, to alter the itinerary or arrangements, such alterations may be made without penalty to the operator. Additional expenses, if any, shall be borne by the passengers. The right is reserved to withdraw the tour due to insufficient participation or for any reason whatsoever; also to decline to accept or to retain any person as members of the tour. The airlines and bus lines concerned are not to be held responsible for any acts, omissions, or events during the time the passengers are not onboard. The pass contract in use by the airlines or bus companies concerned constitutes the sole contract between the company and purchase of this tour and/or passengers. The issuance and acceptance of receipt tickets and/or tour membership coupons, along with making the **initial deposit, shall be deemed to be consent to and acceptance of the foregoing terms and conditions.** Durgan Travel Service is not responsible for any disruption or cancellation of services due to erroneous identification information provided to Durgan Travel Service by clients.

**TRAVEL PROTECTION INSURANCE:** We encourage the purchase of the travel protection plan. Trip insurance protects against the unexpected! No one signs up for a trip thinking they are going to have to cancel or have an accident or illness and have to return home early. Do you have children or elderly parents? Trip Mate will get you home if something life threatening happens to an immediate family member, or, will refund you for canceling in advance of departure and or for missed portions of your trip for the same reason or for illness or accident. Trip Mate's "soup to nuts" travel protection plan covers all of these possibilities. Optional trip insurance is a small price to pay for the peace of mind knowing you and your tour arrangements are fully insured against the unexpected. **Durgan Travel will pay your insurance premium out of your initial deposit so that the insurance industry's "pre-existing illness clause" is waived, and add the cost of your insurance plan to your final bill** so that you do not have to make this added out-of-pocket expense now!

**All persons traveling with Durgan Travel are automatically enrolled in Travel Protection Insurance through Trip Mate (1-800-888-7292) if they checked off the "YES" box on the Reservation Form.** Please call Trip Mate if you have questions about your insurance or your eligibility. The plan covers trip cancellation or pre- or post-trip interruption, and tour operator/cruise line/airline bankruptcy up to the cost of the trip and travel delay up to \$750 (max. \$150 per day). Emergency evacuation is covered up to \$50,000. Accident or Sickness Medical Expense is covered up to \$25,000. Lost or stolen baggage/personal effects are covered up to \$2500. Baggage delay (24 hours or more) up to \$250 reimbursement, and death or dismemberment benefit \$25,000 max.

You can protect your travel investment at a very affordable group rate – take peace of mind with you when you travel. Cover your vacation investment, your belongings, and most importantly, you. The Durgan Travel Service Travel Protection Plan is your ticket to worry-free travel. **Before you purchase travel insurance, either through Durgan Travel or on your own, we recommend that you carefully review the plan information.** Please Note: Plan benefits, limits, and provisions may vary by state jurisdiction. To review full plan details online, go to: [www.tripmate.com/wpTPG02](http://www.tripmate.com/wpTPG02). This plan is underwritten by: United States Fire Insurance Company, Eatontown, NJ. Benefits are administered by: Trip Mate, Inc.\*, 9225 Ward Parkway, Suite 200, Kansas City, MO, 64114, 1-800-888-7292 (\*in CA, dba Trip Mate Insurance Agency).

**TRIP DEVIATIONS:** Any request for tour deviation will be subject to availability at the time of booking. The *maximum* extension permitted is 10 - 14 days, depending on the airline. A deviation form, along with the surcharge fee of \$150, must be submitted at the time of initial payment, but will be accepted up to 120-days prior to departure. After processing, the request, any additional deviation expenses (car rental, train, hotel, etc.) must be paid, in full, to the Retail Department of Durgan Travel Service at the time of reservation. Download form from [www.durgantravel.com](http://www.durgantravel.com) or contact Durgan Travel at Toll Free 1-800-234-9959 to request a deviation form.

**PLEASE ENSURE THAT ALL NAMES ARE FILLED IN AS THEY APPEAR ON PASSPORTS.** The Transportation Security Administration (TSA) requires the following information: You are responsible for filling out this form CORRECTLY and COMPLETELY, and failure to do so will result in the denial of boarding at the airport and/or financial penalties (upwards of \$125). You are responsible for any expenses, inconveniences, or loss of trip stemming from providing incomplete or incorrect information. Additionally, airlines are refusing to do "name changes" if information is not provided properly in the first place, resulting in the passenger losing their seat. Any missing or outdated information **MUST** be provided to Durgan Travel Service **NO LATER** than 75 days prior to departure. Plan to renew your passport in time to submit all pertinent information by 75 days prior to departure. Your passport must be good for a minimum of six (6) months after your return date.

# REGISTRATION

Fill and mail to: Carol Mallia • MNA • 340 Turnpike St. • Canton, MA 02021. Questions? [cmallia@mnarn.org](mailto:cmallia@mnarn.org)

## TUSCANY/ROME

**Dates:** May 27 – June 5, 2023. Trip Mate Travel Protection Insurance Premium for this trip is \$409 per person for twin Occupancy and \$459 for single. The single supplement for Italy is \$549. **Deposit of \$600 per person is required at registration.**

## PORTUGAL

**Dates:** September 8 – 18, 2023. Trip Mate Travel Protection Insurance Premium for this trip is \$459 per person for twin Occupancy and \$529 for single. The single supplement for Italy is \$999. **Deposit of \$600 per person is required at registration.**

**Cancellation Policy:** \_\_\_\_\_ (initials) I/we understand that the balance is due 75 days prior to tour departure and that full refunds, minus a \$25.00 service fee and the cost of insurance, will be returned to passengers if cancellation is given up to 90 days prior to tour departure date. Between 89 – 76 days prior to departure, the full deposit is non-refundable. Between 75 – 60 days prior to departure, 25% of the total tour price is forfeited. Between 59 – 45 days prior to departure, 50% of the total tour price is forfeited. Between 44 – 36 days prior to departure, 75% of the total tour price is forfeited. Within 35 days of departure – no refund.

## TRAVEL INSURANCE IS STRONGLY RECOMMENDED

Single Supplement  Double room  Triple room, same rate as double room

Smoking  Non-smoking

**YES**, I would like to include the premium for **Trip Mate Travel Protection** at \$\_\_\_\_\_ premium per person twin and/or \$\_\_\_\_\_ for single (see above for premium rate and inclusions). **The insurance premium is paid out of your initial deposit and will not be refunded if trip is cancelled.**

**NO**, I do not wish to include the premium for Trip Mate Travel Protection Insurance. I realize that I am NOT covered by Travel Protection Insurance.

Please find enclosed a deposit of \$600 per person for \_\_\_\_\_ person(s) due as soon as possible, as space is limited and available on a first come, first served basis. Make your check payable to DURGAN TRAVEL SERVICE.

Have you traveled with MNA in the past?  **NO**  **YES** - When/Where? \_\_\_\_\_

### Applicant 1 information

Name:  Mr.  Mrs.  Miss

Name: \_\_\_\_\_

first middle last  
(as it appears on passport)

Passport #: \_\_\_\_\_

Place of Issue: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (business): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ Date of birth: \_\_\_\_\_

In Case of Emergency, Notify: \_\_\_\_\_

Phone #: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

VISA  MC  DIS Exp. Date: \_\_\_\_\_

Name (as it appears on credit card): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Applicant 2 - Roommate information

Name:  Mr.  Mrs.  Miss

Name: \_\_\_\_\_

first middle last  
(as it appears on passport)

Passport #: \_\_\_\_\_

Place of Issue: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (business): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ Date of birth: \_\_\_\_\_

In Case of Emergency, Notify: \_\_\_\_\_

Phone #: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

VISA  MC  DIS Exp. Date: \_\_\_\_\_

Name (as it appears on credit card): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

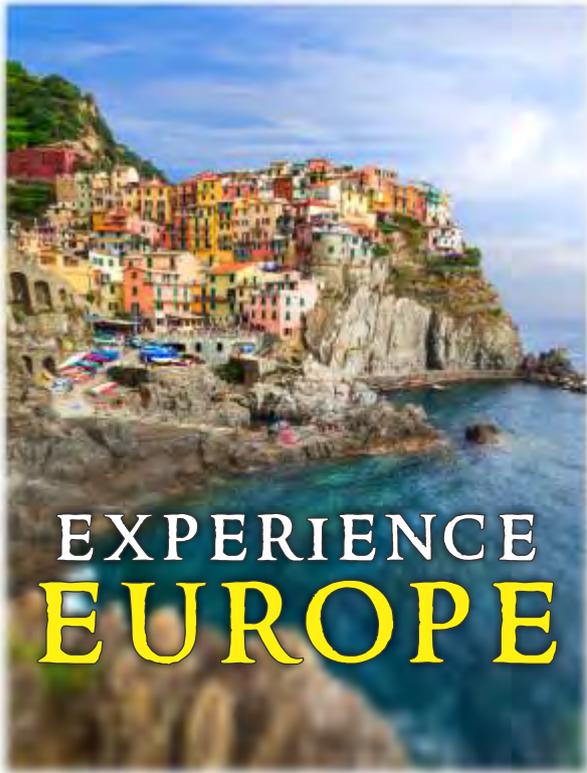


Massachusetts  
Nurses  
Association

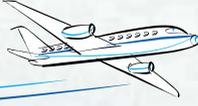
Massachusetts Nurses Association

340 Turnpike Street ■ Canton, Massachusetts 02021-2711

[www.massnurses.org](http://www.massnurses.org)



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# EUROPE

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## 2023

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