



Massachusetts  
Nurses  
Association



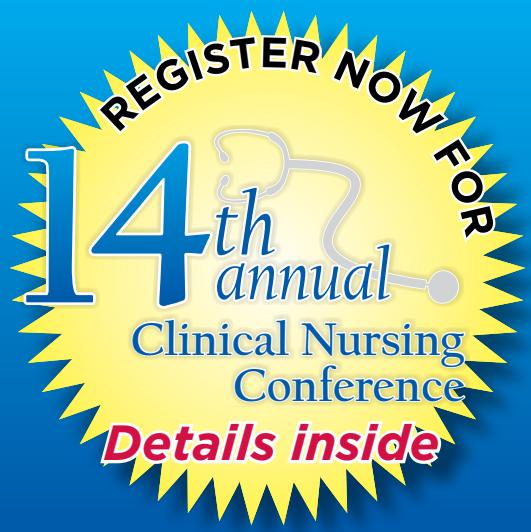
*continuing education*

*Spring 2019*

Now Available Online registration for all CE courses offered.  
Go to [www.massnurses.org](http://www.massnurses.org).

MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

Please visit our website for all upcoming programs.



# REGION 1



## Best Practices in the Nursing Care of Stroke Patients

**Description:** Evidence-based nursing care interventions for patients with acute, evolving strokes require the competence of highly skilled stroke teams, of which nurses are essential members. This program will identify three signs and symptoms consistent with an acute evolving stroke. In addition, the program content will highlight four evidence-based nursing interventions vital to the care of patients experiencing an acute, evolving stroke.

**Presenter:** Vincent M. Vacca, Jr., MSN, RN

**Date:** Wednesday, March 27, 2019

**Time:** 4:45 - 5:30 p.m., Registration/Dinner

5:30 - 8:15 p.m., Program

**Location:** Hilton Garden Inn Lenox Pittsfield; 1032 South St., Pittsfield; 413-448-2222 • [hiltongardeninn3.hilton.com/en/index.html](http://hiltongardeninn3.hilton.com/en/index.html)

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

## The Growing Use of Antidepressant Medications: A Global Update

**Description:** The number of persons living with acute and chronic depressions continues to grow locally, nationally, and internationally. The treatment of these illnesses often includes the prescription of various classes of antidepressant medications. Nurses providing bedside care for these patients must have an extensive knowledge of the actions, indications, and potential side effects of these medications. This program will focus on the most commonly diagnosed types of acute and chronic depression, and the pharmacologic and psychosocial supports vital to effectively treat patients living with depressive illnesses.

**Presenter:** Judith Jorge-Leonard, RN, MSN, PMHNP-BC

**Date:** Wednesday, April 10, 2019

**Time:** 4:45 - 5:30 p.m., Registration/Dinner

5:30 - 8:15 p.m., Program

**Location:** Delaney House, 3 Country Club Road, Holyoke; 413-532-1800; [delaneyhouse.com](http://delaneyhouse.com)

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

## A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals

**Description:** Addiction is a serious workplace issue. Substance use disorders affect approximately 10 percent of the US population, and a reported 75 to 80 percent of individuals suffering with substance use problems are working full or part time. Shame, stigma, and fear of license issues often prevent healthcare professionals from seeking treatment. This program will discuss the specific risk factors for healthcare professionals and how to prevent, recognize, and support colleagues with substance use problems. An overview of the Massachusetts Licensing Board's programs for Substance Abuse Rehabilitation Program (SARP) will be discussed. The issues of recreational and medical marijuana use by healthcare providers will also be addressed. Through case studies, practical strategies for addressing substance use in the workplace will be explored. The program will conclude with a discussion of support resources such as the MNA's Peer Assistance Program to assist colleagues toward recovery. This program is partially funded by an educational grant from the Massachusetts Coalition of Occupational Safety and Health (MassCOSH).

**Presenter:** Carol Mallia, MSN, RN

**Date:** Monday, May 6, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

**Location:** Delaney House, 3 Country Club Road, Holyoke; 413-532-1800; [delaneyhouse.com](http://delaneyhouse.com)

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

## Beyond the Windowpane: Examining the Complexities of Forensic Nursing Practice

**Description:** The focus of this program is to provide nurses with a broad-based overview of the process of death investigation and identification to include post-mortem changes, sharp-force injuries, gunshot wounds, and strangulation. The content will include updates on advances in forensic science and the nurse's role in death investigation and post-mortem care. Preservation of evidence, as well as the procedure for forensic photography will be discussed.

**Presenter:** Jennifer Hammers, D.O. Medical Examiner

**Date:** Wednesday, May 15, 2019

**Time:** 8:30 – 9 a.m., Registration/Continental Breakfast & Lunch

9 a.m. – 3 p.m., Program

**Location:** Hadley Farms; 41 Russell St., Hadley; 413-387-0811; [hadleyfarmsmeetinghouse.com](http://hadleyfarmsmeetinghouse.com)

**Fee:** Member/Associate Member, free\*; Non-Member, \$195

\*Requires a \$50 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060 or register online with credit card at [massnurses.org](http://massnurses.org). For questions, please contact Region 1 at 413-584-4607 or email [region1@mnam.org](mailto:region1@mnam.org).

# REGION 2



## Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)

**Description:** Amyotrophic Lateral Sclerosis (ALS) is the most common form of progressive neurodegenerative motor neuron disease. Symptoms include muscle spasticity and weakness that worsen over time, eventually leading to respiratory failure. This presentation will focus on the assessment and nursing care of patients with ALS.

**Presenter:** Vincent M. Vacca, Jr., MSN, RN

**Date:** Monday, April 8, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

**Location:** Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; [www.beechwoodhotel.com](http://www.beechwoodhotel.com)

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

## A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals

**Description:** Addiction is a serious workplace issue. Substance use disorders affect approximately 10 percent of the US population, and a reported 75 to 80 percent of individuals suffering with substance use problems are working full or part time. Shame, stigma, and fear of license issues often prevent healthcare professionals from seeking treatment. This program will discuss the specific risk factors for healthcare profes-

sionals and how to prevent, recognize, and support colleagues with substance use problems. An overview of the Massachusetts Licensing Board's programs for Substance Abuse Rehabilitation Program (SARP) will be discussed. The issues of recreational and medical marijuana use by healthcare providers will also be addressed. Through case studies, practical strategies for addressing substance use in the workplace will be explored. The program will conclude with a discussion of support resources such as the MNA's Peer Assistance Program to assist colleagues toward recovery. This program is partially funded by an educational grant from the Massachusetts Coalition of Occupational Safety and Health (MassCOSH).

**Presenter:** Carol Mallia, MSN, RN

**Date:** Wednesday, May 8, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

**Location:** Double Tree Westborough; 5400 Computer Drive, Westborough (at Route 495); 508-366-5511; bostonwestborough.doubletree3.hilton.com

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

### The Growing Use of Antidepressant Medications: A Global Update

**Description:** The number of persons living with acute and chronic depression continues to grow locally, nationally, and internationally. The treatment of these illnesses often includes the prescription of various classes of antidepressant medications. Nurses providing bedside care for these patients must have an extensive knowledge of the actions, indications, and potential side effects of these medications. This program will focus on the most commonly diagnosed types of acute and chronic depression, and the pharmacologic and psychosocial supports vital to effectively treat patients living with depressive illnesses.

**Presenter:** Judith Jorge-Leonard, RN, MSN, PMHNP-BC

**Date:** Monday, May 13, 2019

**Time:** 5:30 p.m. – 6 p.m., Registration/Dinner

6 – 8:15 p.m., Program

**Location:** The Manor; 42 W. Boylston St., West Boylston; 508-835-4722; ourmanor.com

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

### Diabetes Management for Nurses

**Description:** This program will discuss the pathophysiology and classification of Diabetes Types 1 and 2. Oral pharmacological management and insulin therapy will be included. Risk factors and barriers to disease management will also be discussed, including the rising cost of medication for diabetic patients.

**Presenter:** Amber McGregor Fowler, BSN, RN, CDE

**Date:** Monday, June 10, 2019

**Time:** 5:30 p.m. – 6 p.m., Registration/Dinner

6 p.m. – 8:15 p.m., Program

**Location:** The Manor; 42 W. Boylston St., West Boylston; 508-835-4722; ourmanor.com

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604 or register online with credit card at massnurses.org. For questions, please contact Region 2 at 508-756-5800 ext. 100 or email region2@marn.org.

## REGION 3



### Cancer Survivorship Care: What Nurses Need to Know

**Description:** Cancer patients often survive long term yet face individualized challenges and health risks in later years. This session will increase nurses' understanding of the unique needs of the cancer survivor population, provide current national and local resources to guide in the care of this population and identify aspects of cancer-survivorship care applicable to varied areas of nursing practice.

**Presenters:** Rich Boyajian, NP

**Date:** Wednesday, April 10, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8:15 p.m., Program

**Location:** Massachusetts Maritime Academy, Bay State Conference Center; 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tug boat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals

**Description:** Addiction is a serious workplace issue. Substance use disorders affect approximately 10 percent of the US population, and a reported 75 to 80 percent of individuals suffering with substance use problems are working full or part time. Shame, stigma, and fear of license issues often prevent healthcare professionals from seeking treatment. This program will discuss the specific risk factors for healthcare professionals and how to prevent, recognize, and support colleagues with substance use problems. An overview of the Massachusetts Licensing Board's programs for Substance Abuse Rehabilitation Program (SARP) will be discussed. The issues of recreational and medical marijuana use by healthcare providers will also be addressed. Through case studies, practical strategies for addressing substance use in the workplace will be explored. The program will conclude with a discussion of support resources such as the MNA's Peer Assistance Program to assist colleagues toward recovery. This program is partially funded by an educational grant from the Massachusetts Coalition of Occupational Safety and Health (MassCOSH).

**Presenter:** Carol Mallia, MSN, RN

**Date:** Wednesday, April 17, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

**Location:** Massachusetts Maritime Academy, Bay State Conference Center; 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tug boat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know

**Description:** Massachusetts voters approved cannabis for medical use (layman's term for medical marijuana) in 2012 and for recreational use in 2016. The Commonwealth's Cannabis Control Commission is charged with the safe regulation of cannabis. This program will review the hu-

man endocannabinoid system, its function in health and disease, and how cannabis complements the body's system. Nursing implications and administration of the plant medicine will also be presented.

**Presenter:** Elizabeth G. Dost, RN

**Date:** Tuesday, May 14, 2019

**Time:** 5:30 - 6 p.m., Registration/Dinner

6 - 8 p.m., Program

**Location:** Massachusetts Maritime Academy, Bay State Conference Center; 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tug boat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Current Trends in Nursing: An Update on HIV and Hepatitis Care

**Description:** This program will address the current assessment and nursing care of patients with HIV and hepatitis. Transmission, treatment strategies, and nursing interventions will be discussed.

**Presenter:** Mary Linda O'Reilly, MS, APRN, BS

**Date:** Wednesday, June 12, 2019

**Time:** 5:30 - 6 p.m., Registration/Dinner

6 - 8:15 p.m., Program

**Location:** Massachusetts Maritime Academy, Bay State Conference Center; 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tug boat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it with check to the MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563 or register online with credit card at massnurses.org. For questions, please contact Region 3 at 508-888-5774 or email region3@marn.org.

## REGION 4



### Parkinson's Disease: A Nursing Perspective

**Description:** Parkinson's disease (PD) is the second most common neurodegenerative disorder worldwide. While rare in people under 50, prevalence of PD increases with age. The current worldwide prevalence of PD is approximately 7 million people and is expected to double in the next 20 years. PD is characterized by both motor and non-motor symptoms. Recognition, diagnosis, and treatment of motor symptoms associated with PD will be the focus of this presentation.

**Presenter:** Vincent M. Vacca, Jr., MSN, RN

**Date:** Thursday, April 25, 2019

**Time:** 5 - 6 p.m., Registration/Light Dinner

6 - 8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; www.danversport.com

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### A Workshop to Understand and Address the Complexities of Substance Use by Healthcare Professionals

**Description:** Addiction is a serious workplace issue. Substance use disorders affect approximately 10 percent of the US population, and a reported 75 to 80 percent of individuals suffering with substance use problems are working full or part time. Shame, stigma, and fear of license issues often prevent healthcare professionals from seeking treatment. This program will discuss the specific risk factors for healthcare professionals and how to prevent, recognize, and support colleagues with substance use problems. An overview of the Massachusetts Licensing Board's programs for Substance Abuse Rehabilitation Program (SARP) will be discussed. The issues of recreational and medical marijuana use by healthcare providers will also be addressed. Through case studies, practical strategies for addressing substance use in the workplace will be explored. The program will conclude with a discussion of support resources such as the MNA's Peer Assistance Program to assist colleagues toward recovery. This program is partially funded by an educational grant from the Massachusetts Coalition of Occupational Safety and Health (MassCOSH).

**Presenter:** Carol Mallia, MSN, RN

**Date:** Thursday, May 9, 2019

**Time:** 5:30 - 6 p.m., Registration/Dinner

6 - 8 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; www.danversport.com

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Conflict Resolution in the Workplace

**Description:** Nurses are expected to utilize effective communication strategies and interpersonal skills within the unpredictable environment of acute care. The escalation of stress in response to the evolving needs of patients and families and the perception of adversarial co-workers and managers can challenge nurses every day. Strategies to assess interactions and effective conflict resolution will be discussed in this presentation.

**Presenter:** Joe-Ann Fergus, PhD, RN

**Date:** Wednesday, May 15, 2019

**Time:** 5 - 6 p.m., Registration/Light Dinner

6 - 8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; danversport.com

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know

**Description:** Massachusetts voters approved cannabis for medical use (layman's term for medical marijuana) in 2012 and for recreational use in 2016. The Commonwealth's Cannabis Control Commission is charged with the safe regulation of cannabis. This program will review the human endocannabinoid system, its function in health and disease, and how cannabis complements the body's system. Nursing implications and administration of the plant medicine will also be presented.

**Presenter:** Elizabeth G. Dost, RN

**Date:** Thursday, June 20, 2019

**Time:** 5 - 6 p.m., Registration/Light Dinner

6 - 8:15 p.m., Program

**Location:** Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; danversport.com

**Fee:** Member/Associate Member\*, free; Non-Members, \$95. \*Requires

a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it with check to the MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940 or register online with credit card at massnurses.org. For questions, please contact Region 4 at 781-584-8012 or email region4@mnarn.org.

## REGION 5



### A Workshop to Understand and Address the Complexities of Substance Use by Healthcare Professionals

**Description:** Addiction is a serious workplace issue. Substance use disorders affect approximately 10 percent of the US population, and a reported 75 to 80 percent of individuals suffering with substance use problems are working full or part time. Shame, stigma, and fear of license issues often prevent healthcare professionals from seeking treatment. This program will discuss the specific risk factors for healthcare professionals and how to prevent, recognize, and support colleagues with substance use problems. An overview of the Massachusetts Licensing Board's programs for Substance Abuse Rehabilitation Program (SARP) will be discussed. The issues of recreational and medical marijuana use by healthcare providers will also be addressed. Through case studies, practical strategies for addressing substance use in the workplace will be explored. The program will conclude with a discussion of support resources such as the MNA's Peer Assistance Program to assist colleagues toward recovery. This program is partially funded by an educational grant from the Massachusetts Coalition of Occupational Safety and Health (MassCOSH).

**Presenter:** Carol Mallia, MSN, RN

**Date:** Thursday, April 11, 2019

**Time:** 5:30 – 6 p.m., Registration/Dinner

6 – 8 p.m., Program

**Location:** MNA Headquarters; 340 Turnpike Street, Canton; 781-821-8255; www.massnurses.org

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Substance Use Disorder and Addiction: Nursing Considerations

**Description:** This program will discuss the variety of illicit drugs used by patients, including exotic street drugs. The etiology of addiction, treatment, and nursing considerations will also be discussed, as well as the issue of stigma. The pathophysiology of addiction and pharmacological management will be included. This program will include the perspective of addiction from a recovered individual.

**Presenters:** Charlene Richardson, MSN, RN, CEN, LNC;

Thomas Foye, MS

**Date:** Tuesday, April 30, 2019

**Time:** 5 - 5:30 p.m., Registration/Dinner

5:30 p.m. – 8 p.m., Program/Light Dinner

**Location:** MNA Headquarters; 340 Turnpike Street, Canton; 781-821-8255; www.massnurses.org

**Fee:** Member/Associate Member, free\*; Non-Members, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

### Beyond the Windowpane: Examining the Complexities of Forensic Nursing Practice

**Description:** The focus of this program is to provide nurses with a broad-based overview of the process of death investigation and identification to include post-mortem changes, sharp-force injuries, gunshot wounds, and strangulation. The content will include updates on advances in forensic science and the nurse's role in death investigation and post-mortem care. Preservation of evidence, as well as the procedure for forensic photography, will be discussed.

**Presenters:** Jennifer Hammers, D.O. Medical Examiner; Courtney Sullivan, MSN, RN, AFN-BC, SANE-A

**Date:** Friday, May 17, 2019

**Time:** 8:30 a.m. – 9 a.m., Registration

9 a.m. – 3 p.m., Program/Light Lunch

**Location:** MNA Headquarters; 340 Turnpike St., Canton; 781-821-8255; www.massnurses.org

**Fee (by check only):** Member/Associate Member, free\*; Non-Members, \$195. \*Requires a \$50 placeholder fee which will be returned upon attendance at program. Mail in registration with check only; online registration with credit card.

**Contact Hours:** Will be provided.

**To register:** complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021 or register online with credit card at massnurses.org. For questions, please contact Region 5 at 781-821-8255 or email region5@mnarn.org.

## MNA HEADQUARTERS

### Advanced Cardiac Life Support (ACLS): Certification and Recertification

**Description:** This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. *This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation. Please note the dates of the Basic Dysrhythmia program if not proficient in dysrhythmia interpretation.*

**Presenters:** Carol Mallia, MSN, RN; Mary Sue Howlett, PhD (c), RN/FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions

**Dates:** Monday, March 25, 2019 and Monday, April 1, 2019 (Certification)  
Monday, April 1, 2019 (Recertification only)

**Time:** 8:30 - 9 a.m., Registration

9 a.m. – 5 p.m., Program (light lunch provided for both days)

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Certification: MNA Members/Associate Members, free\*; Non-Member, \$250. Recertification: MNA Members/Associate Members, free\*; Non-Member, \$195

**\*Requires \$100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of \$50 for the workbook.**

**Contact Hours:** Contact hours will not be awarded for this program.  
**MNA Contact:** Liz Chmielinski, 781-830-5719

### Diabetes Management for Nurses

**Description:** This program will discuss the pathophysiology and classification of Diabetes Types 1 and 2. Oral pharmacological management and insulin therapy will be included. Risk factors and barriers to disease management will also be discussed, including the rising cost of medication for diabetic patients.

**Presenter:** Amber McGregor Fowler, BSN, RN, CDE

**Date:** Wednesday, May 29, 2019

**Time:** 5 p.m. – 5:30 p.m. Registration/Dinner

5:30 p.m. – 7:45 p.m., Program

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Member/Associate Member, free\*; Non-Member, \$95. \*Requires a \$25 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**MNA Contact:** Susan Clish, 781-830-5723

### The Impact of Substance Use Disorder and Addiction on Patients, Family, and the Community

**Description:** The purpose of this program is to educate nurses on the public health dilemma of the drug crisis and its impact on the medical profession, patients, families, and the community overall. This program will include the pathophysiology of addiction, nursing considerations in caring for patients suffering from the disease of addiction, perspective of the family and victim, and the role of law enforcement in the attempt to defeat the war on drugs. This program will also discuss the stigma associated with the disease of substance use disorder and addiction.

**Presenters:** Charlene Richardson, MSN, RN, CEN, LNC; additional speakers to be announced

**Date:** Tuesday, June 11, 2019

**Time:** 8:30 – 9 a.m. (includes light breakfast and lunch)

9 a.m. – 4 p.m., Program

**Location:** Lombardo's; 6 Billings Street, Randolph; 781-986-5000; www.lombardos.com

**Fee:** Member/Associate Member, free\*; Non-Member, \$195. \*Requires a \$50 placeholder fee which will be returned upon attendance at program.

**Contact Hours:** Will be provided.

**MNA Contact:** Theresa Yannetty, 781-830-5727

### Advanced Cardiac Life Support (ACLS): Certification and Recertification

**Description:** This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. *This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation. Please note the dates of the Basic Dysrhythmia program if not proficient in dysrhythmia interpretation.*

**Presenters:** Carol Mallia, MSN, RN; Mary Sue Howlett, PhD (c), RN/FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions

**Dates:** Tuesday, August 13, 2019 and Tuesday, August 20, 2019 Certification)

Tuesday, August 20, 2019 (Recertification only)

**Time:** 8:30 - 9 a.m., Registration

9 a.m. – 5 p.m., Program (light lunch provided for both days)

**Location:** MNA Headquarters, 340 Turnpike St., Canton, MA

**Fee:** Certification: MNA Members/Associate Members, free\*; Non-Member, \$250

Recertification: MNA Members/Associate Members, free\*; Non-Member, \$195

\*Requires \$100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of \$50 for the workbook.

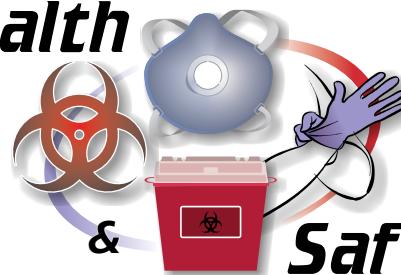
**Contact Hours:** Contact hours will not be awarded for this program.

**MNA Contact:** Liz Chmielinski, 781-830-5719

**MNA Headquarters Course Registration:** Complete the MNA Headquarters Registration Form located on Page 7 or register online at [massnurses.org](http://massnurses.org). Credit card payment is available for CE courses offered at MNA Headquarters.

## CONTINUING EDUCATION ONLINE

### Health



&

### Safety

with the



Massachusetts  
Nurses  
Association

#### Program Requirements

To successfully complete a program and receive contact hours, you must read the entire program, take and pass the Post-Test and complete the Program Evaluation. To pass the Post-Test, you must achieve a score of 80% or above. Your certificate of completion will be available immediately, from the "My Account Page", upon successful completion of the program.

#### Accreditation

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members and others.

#### Contact Hours

Contact hours will be awarded by the Massachusetts Nurses Association.

**[www.massnurses.org](http://www.massnurses.org)**

Click on **MNA CE ONLINE** on the home page under **Professional Development**.



### Organizing for CHANGE

**Save the Date:** March 21, 2019

**Date:** Milford Doubletree Hotel

**A complimentary day of hands-on education that will give you the tools to:**

- Motivate your members to become active volunteers
- Make the most of your first interaction with a new union member
- Simplify — but maximize — how you communicate news to your union members
- Understand key legal matters that may affect your bargaining unit

### OPEN TO ALL MEMBERS

Register now at:  
**[massnurses.org/LaborSummit](http://massnurses.org/LaborSummit)**

# REGIONAL REGISTRATION

**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a **separate check for each program** and mail to the appropriate region office. If registering for programs in more than one region, please duplicate the registration form or download from [www.massnurses.org](http://www.massnurses.org) and submit registration forms to the appropriate region offices with the specified fee.

**Payment:** Payment may be made by mailing a **separate check for each course** to the appropriate regional office. At this time regional offices

are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region Office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.**

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Chemical Sensitivity:** Scents and fragrances may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Regional Council Office with any questions about special needs accessibility.

**Now Available**  **Online registration for all CE courses.**

**Go to [www.massnurses.org](http://www.massnurses.org).**



Please print. Mail this completed form along with a separate check for each course to appropriate region.  
Please make copies of this form for courses at multiple regions or download this brochure at [www.massnurses.org](http://www.massnurses.org).

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment \_\_\_\_\_

\_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_

**Region 1** Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.

- Best Practices in the Nursing Care of Stroke Patients** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- The Growing Use of Antidepressant Medications: A Global Update** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Beyond the Windowpane: Examining the Complexities of Forensic Nursing Practice** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

**Region 2** Make check payable to: MNA Region 2 Office and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.

- Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- The Growing Use of Antidepressant Medications: A Global Update** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Diabetes Management for Nurses** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 3** Make check payable to: MNA Region 3 Office and mail to MNA Region 3 Office, PO Box 1363, Sandwich, MA 02563.

- Cancer Survivorship Care: What Nurses Need to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Current Trends in Nursing: An Update on HIV and Hepatitis Care** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 4** Make check payable to: MNA Region 4 Office and mail to MNA Region 4 Office, 50 Salem Street, Building A, Lynnfield, MA 01940.

- Parkinson's Disease: A Nursing Perspective** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Conflict Resolution in the Workplace** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee

**Region 5** Make check payable to: MNA Region 5 Office and mail to MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021.

- A Workshop to Understand and Address the Complexities of Substance Use by Health Care Professionals** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Substance Use Disorder and Addiction: Nursing Considerations** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee
- Beyond the Windowpane: Examining the Complexities of Forensic Nursing Practice** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

# MNA HEADQUARTERS REGISTRATION

**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at [www.massnurses.org](http://www.massnurses.org) and register for the course of your choice from our Events Calendar.

**Payment:** Payment may be made with a Master Card, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a **separate check for each program** to the MNA, 340 Turnpike Street, Canton, MA 02021.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.**

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Chemical Sensitivity:** Scents and fragrances may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Division of Nursing with any questions about special needs accessibility.

**Now Available  Online registration for all CE courses.**

**Go to [www.massnurses.org](http://www.massnurses.org).**

***Due to heavy traffic volume on major roadways, please allow extra travel time.***

## Directions to MNA Headquarters

**From Logan International Airport:** Take the Ted Williams Tunnel. Follow signs to I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S for approximately 15 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From Boston:** Take I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S to EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From Cape Cod/South Shore:** Take RT-3 N. Merge onto US-1 S/ I-93 S via exit number 20 on the left toward I-95/ DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From the North:** Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From the West:** Take Mass. Pike East to I-95 S/ RT-128 S. Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

**From RT-138 (Turnpike Street):** Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.

Please print. You may make copies of this form or download this brochure at [www.massnurses.org](http://www.massnurses.org).

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

\_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by:  VISA  MasterCard  American Express  Discover

Account #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security code: \_\_\_\_\_

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: \_\_\_\_\_ Amt: Date: \_\_\_\_\_ Ck#: \_\_\_\_\_ Ck.Date: \_\_\_\_\_ Init: \_\_\_\_\_

**ACLS Certification and Recertification** Certification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$250\* Recertification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$195\* \*Requires \$100 placeholder fee which will be returned upon attendance.

**Please check one box:**  March 25/April 1 (certification)  April 1 (recertification)  August 13/August 20 (certification)  August 20 (recertification)

**Diabetes Management for Nurses** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

**The Impact of Substance Use Disorder and Addiction on Patients, Family, and the Community**

Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

# 14<sup>th</sup> annual

## Clinical Nursing Conference



May 3, 2019

DCU Center

Foster Street / Major Taylor Boulevard  
Worcester, MA

FREE  
to MNA members  
Enrollment limited  
to 750!



## Schedule

**7 – 8 a.m. Registration & Continental Breakfast**

**8 – 8:15 a.m. Welcome and President's Remarks**

Donna Kelly-Williams, RN, President of the MNA

**8:15 – 8:30 a.m. Opening Remarks & Introductions**

**8:30 – 10 a.m. Keynote Address**

The New Food Lexicon & Our Health: GMOs, Organic, Vegan & More

Robyn O'Brien, BA, MBA

The last decade has brought with it a food awakening. 21st century consumers are consuming a wide array of different foods and diets, from gluten free to vegan, organic to regenerative. Many of these new foods are labeled, many are not. Robyn will take us through the changes that have happened to the food system in the 21st century, how to navigate these changes and what practitioners, consumers and families can do to protect their health.

**10 – 10:30 a.m. Break**

**10:30 a.m. – 12 p.m. Concurrent Sessions:**

**Old Vices, New Devices: Vaping 101**

Laurie Warnock, MPH

Teen fads come and go, but some have more long-term consequences than others. Electronic cigarettes may provide a less harmful alternative to traditional cigarettes for adult smokers, but for adolescents they are an introduction to a lifelong battle with nicotine addiction. This presentation will examine the data on teen usage; illustrate the marketing strategies that effectively fueled the fad; review the array of substances and devices used; discuss the specific impact on adolescent brain development and other health concerns; and identify resources for parents and practitioners to prevent and address nicotine addiction in teens.

**Understanding the Clinical Effects of Digital Media on Children & Adolescents**

Meredith Gansner, MD

This program will identify the clinical comorbidities associated with problematic digital media use in children and adolescents. It will discuss the potential impact digital media may have on the developing brain and explore possible long-term social and psychological effects, as well as address the limitations of current research. The program will conclude with a more interactive discussion regarding how to identify and assess adolescent problematic digital media use with patients and their families.

**Traveling the Road of Insulin Resistance Through the Body & the BRAIN**

Scherrie Keating RN, BSN, CDE, CDP

Insulin resistance leads to a multitude of health issues throughout the body and brain. Recently, growing evidence revealing insulin resistance in the brain leads to Alzheimer Disease-type neurodegeneration or "Type 3 Diabetes." Attend this session, develop a good understanding of normal glucose metabolism, factors leading to insulin resistance and pathways to disease in the body and brain. Hear cutting edge research linking brain insulin resistance to Alzheimer's Disease type pathology and potential treatment options being studied to improve cognitive function in patients with early disease. Leave ready to educate others on importance of screening, testing and acting today to prevent insulin resistance syndromes and their life changing complications.

**Neonatal Abstinence Syndrome: Current Best Practice Recommendations**

Elisha Wachman, MD

The program will include an overview of current best practice recommendations for the care of opioid-exposed newborns with Neonatal Abstinence Syndrome (NAS), including

assessment, non-pharmacologic and pharmacologic treatment, and discharge preparation. The recommended care of pregnant women with opioid use disorder and breastfeeding recommendations will also be reviewed.

**12 – 1:15 p.m. Lunch**

**1:15 p.m. – 2:45 p.m. Concurrent Sessions:**

**Best Practices in the Nursing Care of Stroke Patients**

Vincent Vacca, Jr., MSN, RN

Evidence-based nursing care interventions for patients with an acute, evolving stroke requires that nursing staff have a competence of a highly skilled stroke team, of which nurses are essential members. This program will identify signs and symptoms consistent with an acute evolving stroke and highlight evidence-based nursing interventions vital to the care of patients experiencing an acute, evolving stroke.

**Nursing Considerations in the Management of Patients with Antibiotic Resistant Infections**

Alfred DeMaria, Jr, M.D.

The increased use of antibiotics has created instances of antimicrobial resistance with a resultant impact on patient care. Nurses play a key role in this ongoing problem. This session will address the prevention and management of antimicrobial resistance in nursing practice and the nurse's role in antimicrobial stewardship.

**An Overview of Evidence-Based Environmental Health Practice at the Massachusetts Department of Public Health**

Dr. Marc A. Nascarella, MS, PhD, CPH

The practice of environmental health requires the translation of basic and applied science into evidence-based public health interventions. In Massachusetts, the Environmental Toxicology Program at the Massachusetts Department of Public Health (DPH) routinely evaluates the public health impact of exposure to environmental chemicals in food, environmental media, biological specimens, and consumer products. Dr. Nascarella will provide an overview of these activities, along with specific case-study examples of evaluating the environmental health of drinking water, fish consumption, marijuana use, or exposure at contaminated waste sites.

**ACEs at the bedside and beyond: Adverse Childhood Experiences & Adverse Community Experiences**

Christine Cissy White & Karen Clemmer, MN, RN, PHN

Discover the intersection between Adverse Childhood Experiences (ACEs) and Adverse Community Environments and explore implications for medical and nursing practice. Reflect upon the emerging ACEs science, including the impacts on health outcomes across a life course. Examine the impact of Adverse Community Environments in individual and community level well-being.

**2:55 – 4 p.m. Closing Session**

**Reducing the Risk of Malpractice for the RN**

Michael J. Loughran, BA

Risk is inherent in the role of the RN. This program will address some of the common ways nurses place themselves and their patients at risk and the potential for error and patient harm. Case study including malpractice litigation will be discussed.

**4 – 4:15 p.m. Closing Remarks**

As an MNA member,  
you are invited to  
attend the **14<sup>th</sup> annual**  
**Clinical Nursing**  
**Conference**

# FREE

**\$75 placeholder fee required**

**This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.**

#### Program Cancellation

MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

#### Disability Help

Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

#### Refund

Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

#### Placeholder Fee

A payment of \$75 must be submitted with your registration.

**Payment by credit card is available online at [www.massnurses.org](http://www.massnurses.org); go to the Professional Development/CE page of the website.** If you pay by check, it will be returned upon attendance.

#### Chemical Sensitivity

Attendees are requested to avoid wearing scent and fragrance personal products when attending the 14th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.



#### Directions

##### From the North:

Take Rt. 495-S. Get off at Exit 25B. Take Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

##### From the East:

Take I-90-W (Mass. Turnpike West) to Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

##### From the South:

Take Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

##### From the West:

Take I-90-E. (the Mass. Turnpike East) to Exit 10 (Auburn). After the tollbooth, bear left at the fork. Take Rt. 290-E. Get off at Exit 16. Take a left at the bottom of the ramp (there is a light). At the 3rd set of lights (Major Taylor Boulevard), the DCU Center is on your left.

#### Parking

Parking is available for a fee in multiple locations around the DCU Center.

#### Hotel Information

The MNA has secured several single and double rooms for \$137, plus 14.45% tax, at the Hilton Garden Inn, Worcester, MA. Hotel is adjacent to the DCU Center. Parking is \$9.95 per night. For reservations call 508-753-5700 by April 19, 2019.

#### Contact Hours

Continuing nursing education contact hours will be provided. To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## REGISTRATION FORM: 14th ANNUAL MNA CLINICAL NURSING CONFERENCE • MAY 3, 2019

Name \_\_\_\_\_ Email \_\_\_\_\_

RN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: Daytime \_\_\_\_\_ Evening \_\_\_\_\_

Place of employment \_\_\_\_\_

Every effort will be made to accommodate your selections. To register, please return the completed form with your check payable to MNA for the placeholder fee of \$75 to:

**MNA • Attn.: Liz Chmielinski • 340 Turnpike Street • Canton, MA 02021**

For online registrations go to [www.massnurses.org](http://www.massnurses.org) and click on the News and Events page.

Sessions fill on a space available basis, and will close once seating capacity is reached.

**You must indicate your "1st," "2nd," and "3rd" choices for the following morning concurrent sessions:**

Vaping     Digital Media Effects     Insulin Resistance     Neonatal Abstinence Syndrome

**You must indicate your "1st," "2nd," and "3rd" choices for the following afternoon concurrent sessions:**

Stroke     Antibiotic Resistance     Environmental Health     Adverse Childhood Experiences

This is a

# FREE

conference for all  
MNA members

**\$75 placeholder  
fee will be  
returned at  
registration on  
May 3, 2019.**



# Peer Assistance Program

*Help for Nurses with Substance Abuse Problems*



- Are you a nurse who is self-prescribing medications for pain, stress or anxiety?
- Are you a nurse who is using alcohol or other drugs to cope with everyday stress?
- Would you appreciate the aid of a nurse who understands recovery and wants to help?

## Call the MNA Peer Assistance Program

(All information is confidential)

**Call 781-821-4625, x755 or  
800-882-2056, x 755 (In Mass only)**

*[www.peerassistance.com](http://www.peerassistance.com)*





Massachusetts  
Nurses  
Association

Massachusetts Nurses Association  
340 Turnpike Street ■ Canton, Massachusetts 02021-2711  
[www.massnurses.org](http://www.massnurses.org)



## MNA is offering a **NEW & FREE** online continuing education program



### Recognizing and Supporting a Nurse Colleague with Impaired Practice

Visit [www.massnurses.org](http://www.massnurses.org) and click on “MNA CE ONLINE” from the bottom of the home page under the Professional Development section. From there, scroll down to the program title to launch the CE program.

**Program description:** This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses role in safeguarding patient care.

**Developed by:** Carol Mallia, MSN, RN, Associate Director – Division of Nursing, Massachusetts Nurses Association.

**Program accreditation:** The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

**Contact Hours:** This program has been awarded 1.0 contact hour by the Massachusetts Nurses Association until January 24, 2020.

