

The logo for the Massachusetts Nurses Association (MNA) features the letters 'MNA' in a bold, white, sans-serif font. A small 'SM' trademark symbol is positioned to the upper right of the 'A'. The text is set against a dark blue rectangular background with a white border.

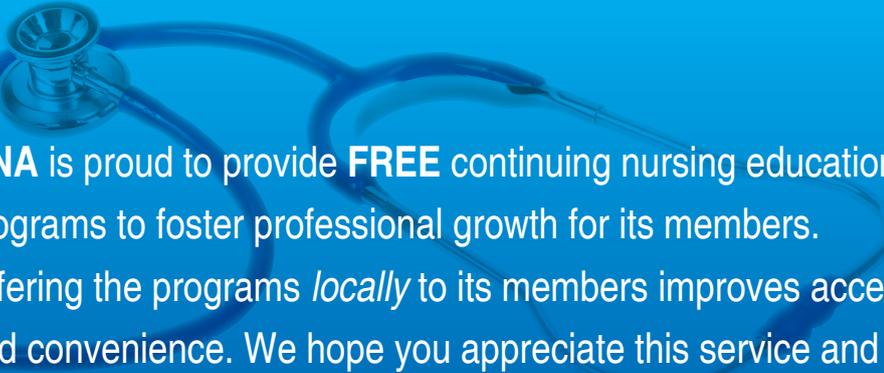
Massachusetts
Nurses
Association

CE

continuing education

Fall 2019

Now Available  Online registration for all CE courses offered.
Go to <https://www.massnurses.org/CEregistration>

A blue stethoscope is shown in the background of the text, with its chest piece and tubing visible.

MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

Please visit our website for all upcoming programs.

REGISTER
NOW FOR
CONVENTION
2019
**DOUBLE
DOWN FOR
PATIENT
SAFETY**

A playing card, likely the Queen of Spades, is shown in the bottom right corner of the convention announcement, partially overlapping the text.

Details inside

REGION 1



Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)

Description: Amyotrophic Lateral Sclerosis (ALS) is the most common form of progressive neurodegenerative motor neuron disease. Symptoms include muscle spasticity and weakness that worsen over time, eventually leading to respiratory failure. This presentation will focus on the assessment and nursing care of patients with ALS.

Presenter: Vincent M. Vacca, Jr., MSN, RN

Date: Tuesday, Oct. 8, 2019

Time: 4:45 – 5:30 p.m., Registration/Dinner
5:30 – 7:45 p.m., Program

Location: Hilton Garden Inn Lenox Pittsfield; 1032 South St., Pittsfield; 413-448-2222; <http://bit.ly/HiltonPittsfield>

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

Morning Session: Celiac Disease

Description: Celiac disease is an autoimmune disease that impacts genetically predisposed persons to a lifetime of dietary challenges. The Celiac Foundation (2019) estimates that 1 in 100 persons worldwide are living with celiac disease. This program will describe the pathology of celiac disease, common signs and symptoms and nursing considerations related to the care and management of celiac disease in persons living with this chronic illness.

Presenter: Laurie Higgins, MS, RD, LDN, CDE

Afternoon Session: Current Trends in Nutrition

Description: Health care consumers are overwhelmed by a variety of nutrition and dietary trends that are advertised on television and social media platforms. This information is often confusing for patients who are struggling with limited knowledge and financial resources to allow them to make healthy food choices. This program will identify the current myths and realities that exist specific to healthy nutritional selections. The role of the nurse in educating patients about the most popular dietary trends will also be discussed. Topics for further discussion will include the Mediterranean diet; the DASH diet; the Flexitarian diet; the WW diet; and the Mayo Clinic diet.

Presenter: Nicole Masler, RDN, LDN

Date: Thursday, Nov. 7, 2019

Time: 8:30 – 9 a.m., Registration
9 – 11:45 a.m., Program
11:45 a.m. – 12:45 p.m., Lunch
12:45 – 3 p.m., Program

Location: Hadley Farms Meeting House, 41 Russell Street, Hadley; 413-387-0811; hadleyfarmsmeetinghouse.com

Fee: Member/Associate Member, free*; Non-Members, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

Breaking Bad: Disrupting the Trajectory of ACE to Illness

Description: Nurses are ideally positioned to provide education and support to individuals who have been affected by Adverse Childhood Experiences (ACEs), regardless of their age or circumstances. The focus of this program will be understanding ACEs and their correlation to risk behaviors such as smoking, eating disorders, and alcohol and substance abuse, all of which can lead to significant health consequences. Current research on building resilience will be discussed, as this is showing promise and may help deter some of the possible negative behaviors for persons who have been affected by ACEs.

Presenter: Ginny Chandler, PhD, RN

Date: Tuesday, Dec. 3, 2019

Time: 4:45 – 5:30 p.m. Registration/Dinner
5:30 – 7:45 p.m. Program

Location: Delaney House, 3 Country Club Road, Holyoke; 413-532-1800; delaneyhouse.com

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

To register: Complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060 or register online at <https://www.massnurses.org/CEregistration>. For questions, please contact Region 1 at 413-584-4607 or email region1@mnarn.org.

REGION 2



Celiac Disease & Non-Celiac Gluten Sensitivity: What Does it All Mean for the Nurse?

Description: Celiac disease is an autoimmune disease that impacts genetically predisposed persons to a lifetime of dietary challenges. The Celiac Foundation (2019) estimates that 1 in 100 persons worldwide are living with celiac disease. This program will describe the pathology of celiac disease, common signs and symptoms and nursing considerations related to the care and management of celiac disease in persons living with this chronic illness.

Presenter: Laurie A. Higgins, MS, RD, LDN, CDE

Date: Monday, Sept. 23, 2019

Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8 p.m., Program

Location: The Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; beechwoodhotel.com

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

Migraine: Enhance Your Nursing Knowledge

Description: A migraine is a chronic disorder that presents significant challenges due to its unpredictable onset, episodic pattern, intensity, and duration. In addition to intense headaches that can last from four to 72 hours, migraines can also be associated with nausea, vomiting, photophobia, and phonophobia. This talk will focus on “classic” migraines but will also touch on migraine variants such as hemiplegic migraine, retinal migraine, and abdominal migraine.

Presenter: Vincent M. Vacca, Jr., MSN, RN

Date: Tuesday, Oct. 29, 2019

Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8 p.m., Program

Location: The Manor, 42 W. Boylston Street, West Boylston; 508-835-4722; ourmanor.com

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

Nursing Considerations in the Management of Patients with Antibiotic Resistant Infections

Description: The increased use of antibiotics has created instances of antimicrobial resistance with a resultant impact on patient care. Nurses

play a key role in addressing this ongoing problem. This session will address the prevention and management of antimicrobial resistance in nursing practice and the nurse's role in antimicrobial stewardship.

Presenter: Alfred DeMaria, Jr., M.D.

Date: Tuesday, Nov. 19, 2019

Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8:15 p.m., Program

Location: Doubletree by Hilton Hotel Westborough, 5400 Computer Drive, Westborough; <https://bit.ly/2TreeWestborough>

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact hours: Will be provided

To register: Complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604 or register online at <https://www.massnurses.org/CEregistration>. For questions, please contact Region 2 at 508-756-5800 ext. 100 or email region2@mnarn.org.

REGION 3



Deb Walsh 14th Annual Obstetrical Nursing Program

Morning Session: Neonatal Abstinence Syndrome: Current Best Practice Recommendations

Description: This program will include an overview of current best practice recommendations for the care of the opioid-exposed newborns with Neonatal Abstinence Syndrome (NAS), including assessment, non-pharmacologic and pharmacologic treatments and discharge preparation. The recommended care of pregnant woman with opioid use disorder and breastfeeding recommendations will also be reviewed.

Presenter: Jill Brady, APRN, NNP-BC

Afternoon Session: Recognition and Management of Pre-Eclampsia/Eclampsia: Antenatal, Intrapartum and Postpartum

Description: This program will discuss the perinatal complication of pre-eclampsia and eclampsia, including incidence and prevalence. Maternal, fetal, and neonatal pathophysiology will be described. Recognition of risks and early clinical signs, as well as best practice standards for clinical surveillance, will be explored. Clinical manifestations, monitoring, and nursing interventions will be described. Program will conclude with case study/video simulation review of the best practices related to nursing management of pre-eclampsia/eclampsia.

Presenters: Bonnell W. Glass, MN, RN

Date: Wednesday, Sept. 18, 2019

Time: 8:15 – 9 a.m., Registration/Continental Breakfast
9 a.m. – 12 p.m., Morning Program
12 – 1 p.m., Lunch
1 – 4 p.m., Afternoon Program

Location: Holiday Inn Taunton, 700 Myles Standish Blvd., Taunton; 508-823-0430; holidayinn.com/hi-tauntonma

Fee: Member/Associate Member*, free. Non-Members, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance.

Contact Hours: Will be provided.

The Nurse's Role in Suicide Prevention: Shifting the Perspective from Despair to Hope

Description: This program will cover the scope of the problem of suicide with attention to the recent shocking upward trend. The presenter will review the history and range of suicidality — from “romantic” and “noble,” through active versus passive — and examine the profile of the high-risk person and what is described by some survivors and in some suicide notes as “triggers.” For the young, is it a result of bullying? For older adults, does it reflect discouragement about the state of the world,

or their health? How about well-off celebrities who seemingly have it all? This presentation will address the phenomenon of suicide as a public health emergency. It will address the antecedents to suicide, describe warning signs, and propose interventions that are within the scope of nursing practice.

Presenter: Mary Linda O'Reilly, MS, APRN, BC

Date: Wednesday, Oct. 30, 2019

Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8 p.m., Program

Location: Massachusetts Maritime Academy, Bay State Conference Center, 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tugboat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

Fee: Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

Diabetes Management for Nurses

Description: This program will discuss the pathophysiology and classification of Diabetes Type 1 and 2. Oral pharmacological management and insulin therapy will be included. Risk factors and barriers to disease management will also be discussed, including the rising cost of medication for diabetic patients.

Presenter: Amber McGregor Fowler, BSN, RN, CDE

Date: Wednesday, Nov. 13, 2019

Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8:15 p.m., Program

Location: Massachusetts Maritime Academy, Bay State Conference Center, 101 Academy Drive, Buzzards Bay; 508-830-5000. Drive onto campus and head toward the distant end of campus. The Bay State Conference Center is located directly across from the large MMA ship (not the red tugboat). There is a small parking lot adjacent to the conference center and additional parking is located along the canal edge.

Fee: Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

To register: Complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 3 Office, PO Box 1363, Sandwich, MA 02563 or register online with credit card at <https://www.massnurses.org/CEregistration>. For questions, please contact Region 3 at 508-888-5774 or email region3@mnarn.org.

REGION 4



Medication Assisted Treatment for Opioid Use Disorder

Description: This introduction to Medication Assisted Treatment (MAT) for Opioid Use Disorder is designed to enhance your professional knowledge and build the skills related to educating patients about MAT. The role of medications in treatment and recovery will be explained and FDA-approved medications used to treat Opioid Use Disorder will be discussed.

Presenter: Allison Burns, PharmD, RPh

Date: Thursday, Sept. 26, 2019

Time: 5 – 6 p.m., Registration/Light Dinner
6 – 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, danversport.com

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires

a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

Nursing Considerations in the Management of Patients with Antibiotic Resistant Infections

Description: The increased use of antibiotics has created instances of antimicrobial resistance with a resultant impact on patient care. Nurses play a key role in addressing this ongoing problem. This session will address the prevention and management of antimicrobial resistance in nursing practice and the nurse's role in antimicrobial stewardship.

Presenter: Alfred DeMaria, Jr, M.D.

Date: Tuesday, Oct. 29, 2019

Time: 5 – 6 p.m., Registration/Dinner
6 – 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; danversport.com

Fee: Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

Nursing Considerations in the Face of Escalating Healthcare Violence

Description: Occurrences of active shooter incidents in healthcare settings almost doubled during 2006-2011 from the previous five years. Having a plan to know: your environment, facility policies and actions to utilize in potentially, or actual, volatile situations can optimize safety for everyone. This program is designed to provide nurses and other healthcare staff skills to recognize situations that may threaten harm to staff, patients and others.

Presenters: Peg Tayler, MEd, MS, RN, and other presenter(s) TBA

Date: Tuesday, Nov. 19, 2019

Time: 5 – 6 p.m., Registration/Light Dinner
6 – 8:15 p.m., Program

Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620; danversport.com

Fee: Member/Associate Member*, free; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

To register: Complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 4 Office, 50 Salem Street, Building A, Lynnfield, MA 01940 or register online with credit card at <https://www.massnurses.org/CEregistration>. For questions, please contact Region 4 at 781-584-8012 or email region4@mnarn.org.

REGION 5



Cannabis (“Medical Marijuana”) and the Endocannabinoid System: What Every Nurse Needs to Know

Description: Massachusetts voters approved cannabis for medical use (layman's term for medical marijuana) in 2012 and for recreational use in 2016. The Commonwealth's Cannabis Control Commission is charged with the safe regulation of cannabis. This program will review the human endocannabinoid system, its function in health and disease, and how cannabis complements the body's system. Nursing implications and administration of the plant medicine will also be presented.

Presenter: TBA

Date: Tuesday, Sept. 24, 2019

Time: 5 – 5:30 p.m., Registration/Light Dinner
5:30 – 7:30 p.m., Program

Location: MNA Headquarters; 340 Turnpike Street, Canton; 781-821-8255; massnurses.org

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)

Description: Amyotrophic Lateral Sclerosis (ALS) is the most common form of progressive neurodegenerative motor neuron disease. Symptoms include muscle spasticity and weakness that worsen over time, eventually leading to respiratory failure. This presentation will focus on the assessment and nursing care of patients with ALS.

Presenter: Vincent M. Vacca, Jr., MSN, RN

Date: Thursday, Oct. 10, 2019

Time: 5 – 5:30 p.m., Registration/Light Dinner
5:30 – 7:30 p.m., Program

Location: MNA Headquarters; 340 Turnpike Street, Canton; 781-821-8255; massnurses.org

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

Parkinson's Disease: A Nursing Perspective

Description: Parkinson's disease (PD) is the second most common neurodegenerative disorder worldwide. While rare in people under 50, prevalence of PD increases with age. The current worldwide prevalence of PD is approximately 7 million people and is expected to double in the next 20 years. PD is characterized by both motor and non-motor symptoms. Recognition, diagnosis, and treatment of motor symptoms associated with PD will be the focus of this presentation.

Presenter: Vincent M. Vacca, Jr., MSN, RN

Date: Wednesday, Nov. 20, 2019

Time: 5 – 5:30 p.m., Registration/Light Dinner
5:30 – 7:45 p.m., Program

Location: MNA Headquarters; 340 Turnpike St., Canton; 781-821-8255; massnurses.org

Fee: Member/Associate Member, free*; Non-Members, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance at program. Mail in registration with check only; online registration with credit card.

Contact Hours: Will be provided

To register: Complete the Regional Registration Form located on page 6 and submit it with check to the MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021 or register online with credit card at <https://www.massnurses.org/CEregistration>. For questions, please contact Region 5 at 781-821-8255 or email region5@mnarn.org.

MNA HEADQUARTERS

Contact Hours: Will be provided
MNA Contact: Donna Olson, 781-830-5794

The Ongoing Crisis of Sexual Harassment in Healthcare

Description: This program is designed to meet the needs of nurses and other healthcare professionals who may be struggling with issues related to sexual harassment in healthcare settings. The content of this program will focus on the legal definition of sexual harassment; the physical, emotional, and spiritual stressors that are experienced by victims of sexual harassment; and specific steps to reporting, managing, and surviving sexual harassment. The program will include case studies of nurses and healthcare professionals who have reported issues related to harassment and empowering strategies to implement if you are experiencing issues related to sexual harassment or if you know someone who is!

Presenters: Experts in the field of sexual harassment in healthcare

Date: Wednesday, Oct. 2, 2019

Time: 8:30 – 9 a.m., Registration and Continental Breakfast
9 a.m. – 4 p.m., Program and Hot Buffet Lunch

Location: Lombardo's, 6 Billings Street, Randolph; 781-986-5000; lombardos.com

Fee: Member/Associate Member, free*; Non-Member, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance at program.

Contact Hours: Will be provided

MNA Contact: Susan Clish, 781-830-5723

Advanced Cardiac Life Support (ACLS): Certification and Recertification

Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. *This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation.*

Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, PhD, RN/FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC; other instructors for the clinical sessions

Dates: Monday, Oct. 21, 2019 and Monday, Oct. 28, 2019 (Certification)
Monday, Oct. 28, 2019 (Recertification only)

Time: 8:30 – 9 a.m., Registration
9 a.m. – 5 p.m., Program (light lunch provided for both days)

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Fee: Certification: MNA Members/Associate Members, free*; Non-Member, \$250. Recertification: MNA Members/Associate Members, free*; Non-Member, \$195

***Requires \$100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of \$50 for the workbook.**

Contact Hours: Contact hours will **NOT** be awarded for this program.

MNA Contact: Liz Chmielinski, 781-830-5719

Best Practices in the Nursing Care of Stroke Patients

Description: Evidence-based nursing care interventions for patients with acute, evolving strokes require the competence of highly skilled stroke teams, of which nurses are essential members. This program will identify three signs and symptoms consistent with an acute evolving stroke. In addition, the program content will highlight four evidence-based nursing interventions vital to the care of patients experiencing an acute, evolving stroke.

Presenter: Vincent M. Vacca, Jr., MSN, RN

Date: Wednesday, Oct. 23, 2019

Time: 5 – 5:30 p.m., Registration/Light Dinner
5:30 – 8:15 p.m., Program

Location: MNA Headquarters, 340 Turnpike Street, Canton

Fee: Member/Associate Member, free*; Non-Member, \$95. *Requires a \$25 placeholder fee which will be returned upon attendance at program.

CONTINUING EDUCATION ONLINE

Health & Safety



with the **MNA**SM Massachusetts Nurses Association

Program Requirements
To successfully complete a program and receive contact hours, you must read the entire program, take and pass the Post-Test and complete the Program Evaluation. To pass the Post-Test, you must achieve a score of 80% or above. Your certificate of completion will be available immediately, from the "My Account Page", upon successful completion of the program.

Accreditation
The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. All programs are free of charge to MNA members and others.

Contact Hours
Contact hours will be awarded by the Massachusetts Nurses Association.

www.massnurses.org

Click on **MNA CE ONLINE** on the home page under **Professional Development**.

REGIONAL REGISTRATION

Registration Directions: Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a **separate check for each program** and mail to the appropriate Region office. If registering for programs in more than one region, please duplicate the registration form or download from www.massnurses.org and submit registration forms to the appropriate Region offices with the specified fee.

Payment: Payment may be made by mailing a **separate check for each course** to the appropriate Region office. At this time Region offices

are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

Program Cancellation: MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

Contact Hours: Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Chemical Sensitivity: Scents and fragrances may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

Disability Help: Please contact the MNA Region office with any questions about special needs accessibility.

Now Available  **Online registration for all CE courses at <https://www.massnurses.org/CEregistration>**

Please print. Mail this completed form along with a separate check for each course to appropriate region. Please make copies of this form for courses at multiple regions or download this brochure at www.massnurses.org.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Place of Employment _____
_____ RN _____ LPN _____ APN _____ Other (specify) _____

Region 1 Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.

- Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Current Trends in Nutrition and Celiac Disease** Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.
- Breaking Bad: Disrupting the Trajectory of ACE to Illness** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

Region 2 Make check payable to: MNA Region 2 Office and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.

- Celiac Disease & Non-Celiac Gluten Sensitivity: What Does it All Mean for the Nurse?** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Migraine: Enhance Your Nursing Knowledge** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Nursing Considerations in the Management of Patients with Antibiotic Resistant Infections** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

Region 3 Make check payable to: MNA Region 3 Office and mail to MNA Region 3 Office, PO Box 1363, Sandwich, MA 02563.

- Neonatal Abstinence Syndrome: Current Best Practice Recommendations and Nursing Management of Pre-Eclampsia and Eclampsia** Non-Members \$195; Member/Associate Member \$50 placeholder fee.
- The Nurse's Role in Suicide Prevention: Shifting the Perspective from Despair to Hope** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Diabetes Management for Nurses** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

Region 4 Make check payable to: MNA Region 4 Office and mail to MNA Region 4 Office, 50 Salem Street, Building A, Lynnfield, MA 01940.

- Medication Assisted Treatment for Opioid Use Disorder** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Nursing Considerations in the Management of Patients with Antibiotic Resistant Infections** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Nursing Considerations in the Face of Escalating Healthcare Violence** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

Region 5 Make check payable to: MNA Region 5 Office and mail to MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021.

- Cannabis ("Medical Marijuana") and the Endocannabinoid System: What Every Nurse Needs to Know** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Nursing Care and Considerations of Patients with Amyotrophic Lateral Sclerosis (ALS)** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.
- Parkinson's Disease: A Nursing Perspective** Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

MNA HEADQUARTERS REGISTRATION

Registration Directions: Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of \$25 for all evening programs and \$50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are \$95 for evening programs and \$195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at www.massnurses.org and register for the course of your choice from our Events Calendar.

Payment: Payment may be made with a Master Card, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a **separate check for each program** to the MNA, 340 Turnpike Street, Canton, MA 02021.

Program Cancellation: MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

Contact Hours: Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

To successfully complete a program and receive contact hours or a certificate of attendance, you must: (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Chemical Sensitivity: Scents and fragrances may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

Disability Help: Please contact the MNA Division of Nursing with any questions about special needs accessibility.

Now Available  **Online registration for all CE courses at <https://www.massnurses.org/CEregistration>**

Due to heavy traffic volume on major roadways, please allow extra travel time.

Directions to MNA Headquarters

From Logan International Airport: Take the Ted Williams Tunnel. Follow signs to I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S for approximately 15 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From Boston: Take I-93 S/ SOUTHEAST EXPRESSWAY. Stay on I-93 S to EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From Cape Cod/South Shore: Take RT-3 N. Merge onto US-1 S/ I-93 S via exit number 20 on the left toward I-95/ DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From the North: Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From the West: Take Mass. Pike East to I-95 S/ RT-128 S. Take I-95 S/ RT-128 S to I-93 N/ US-1 N. You will see a sign reading "I-93 N to BRAINTREE/ CAPE COD." Continue onto I-93 N/ US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From RT-138 (Turnpike Street): Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.

Please print. You may make copies of this form or download this brochure at www.massnurses.org.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Place of Employment: _____

_____ RN _____ LPN _____ APN _____ Other (specify) _____

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by: VISA MasterCard American Express Discover

Account #: _____ Expiration Date: _____ Security code: _____

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: _____ Amt: _____ Date: _____ Ck#: _____ Ck.Date: _____ Init: _____

The Ongoing Crisis of Sexual Harassment in Healthcare Non-member: \$195 • Member/Associate Member: \$50 placeholder fee.

ACLS Certification and Recertification Certification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$250*
Recertification: MNA Member/Associate Member, \$50 non-refundable cost for workbook; Non-member, \$195* *Requires \$100 placeholder fee which will be returned upon attendance.

Please check one box: Oct. 21 and Oct. 28 (certification) Oct. 28 (recertification)

Best Practices in the Nursing Care of Stroke Patients Non-member: \$95 • Member/Associate Member: \$25 placeholder fee.

DOUBLE DOWN FOR PATIENT SAFETY



CONVENTION 2019



Massachusetts
Nurses
Association

October 17-18 MGM Casino One MGM Way, Springfield, MA 01103

SCHEDULE

Wednesday, October 16

6:30-9 p.m. Reception/Entertainment

Thursday, October 17

7:30-8:15 a.m. Breakfast, registration, exhibits & silent auction opens

8:15-8:30 a.m. MNA Announcements and Updates,
Donna Kelly-Williams, RN

8:30-9:30 a.m. Keynote Speaker: Judy Sheridan-González, RN,
President, New York State Nurses Association -
"Nurses United to Protect Patients' Health & Safety"

9:30-9:40 a.m. Unite Here; Union Representative, MGM Grand

9:40-10:30 a.m. Bargaining Unit Reports

10:30-11 a.m. Break, exhibits, and silent auction

11 a.m.-12:30 p.m. "Stories from the Bedside: Learning from Our Past to
Strengthen Our Future"

12:30-2 p.m. Lunch, exhibits, silent auction

12:30-2 p.m. Unit 7 Annual Meeting and lunch

2-4:30 p.m. Business Meeting - MNA 2025

5 p.m. Job Action; wear your MNA blues

6:30-9 p.m. Awards Dinner

9-11 p.m. Nurses' Fun Night: Bowling & MGM venue activities

Friday, October 18

7-8:30 a.m. Registration, breakfast

8:30 a.m. Silent auction closes

8-9 a.m. MNA PAC Meeting

8-9 a.m. Massachusetts Student Nurses Association Meeting

9-9:15 a.m. MNA announcements & speaker introduction,
Donna Kelly-Williams, RN

9:15-10:45 a.m. "Building Solidarity Within & Beyond Our Nursing
Workforce" Barbara Madeloni, PhD, Education
Coordinator/Labor Notes, & Past Presi-
dent/Massachusetts Teachers Association

10:45-11 a.m. Break

11 a.m.-12:30 p.m. "Bet Your Bottom Dollar: We Can Win This Battle" Donna
White, RN, PhD, CADAC-II, LADC-I, Addiction Specialist

INFORMATION:

Hotel Accommodations at MGM

The reduced room rate of \$149 per night, plus tax, and \$10.00 resort fee is available until September 16, 2019. Please call 413-273-5000 and mention the MNA Fall Convention or book online at: <https://book.passkey.com/go/SMAS1016SP>.

Chemical Sensitivity

Attendees are requested to avoid wearing scented personal products when attending the 2019 MNA Convention. Scents may trigger responses in those with chemical sensitivities.

Contact Hours

Contact hours will be provided for four of the educational sessions for this two-day conference (Nurses United to Protect Patients' Health, Stories from the Bedside, Building Solidarity Within & Beyond Our Nursing Workforce and Bet Your Bottom Dollar: We Can Win This Battle). These programs meet the requirements of the Massachusetts Board of Registration in Nursing for a total of 6.2 contact hours for relicensure. In terms of specialty certification, these programs will provide a total of 5.1 contact hours. MNA is accredited, as a provider of nursing education by the American Nurses' Credentialing Center's Commission on Accreditation.

To successfully complete a program and receive contact hours you must: 1) sign in, 2) be present for the entire time period of the session, and 3) complete the evaluation.

Questions: Call MNA's Division of Nursing at: 800-882-2056 x727.

REGISTER ONLINE: www.MassNurses.org/Convention2019

Registrations can also be made by phone. Call Theresa at 781-830-5727.

DOUBLE DOWN FOR PATIENT SAFETY



CONVENTION 2019



Massachusetts Nurses Association

October 17-18 **MGM Casino** One MGM Way, Springfield, MA 01103

REGISTRATION FORM

Registration is available online. Go to www.massnurses.org.

Day Ph: _____

Name (please print): _____ Night Ph: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

RN APN Other (specify): _____

I am a(n): MNA Member/Associate Member Full-time student/Unemployed/Retired*
 Non-member MASNA students (free), call to register: 1-781-830-5727

Check here if you need a special diet:
 gluten free other _____ Check here if you require special assistance during the convention, and please call 800-882-2056 x727.

Three Convenient Packages/Business Meeting

Thursday-Only Package: Includes events on Thursday: keynote, plenary session, all meals, exhibits
 MNA Members **\$40** Reduced Members* **\$35** All Others **\$50** MASNA students **n/c** \$ _____

Friday-Only Package: Includes events on Friday: keynote, plenary session, breakfast
 MNA Members **\$35** Reduced Members* **\$30** All Others **\$50** MASNA students **n/c** \$ _____

Two-Day Convention Package — Thursday and Friday:
 Includes events on Thursday and Friday
 MNA Members **\$75** Reduced Members* **\$65** All Others **\$100** MASNA students **n/c** \$ _____

Business Meeting Registration (only) • Thursday, 2 p.m. _____ **n/c**

* includes full-time students (minimum 12 credits), unemployed and retired.

Optional Events

Please register below if you plan to attend the following events:

Reception • Wednesday, October 16 • 6:30 - 9 p.m. _____ **n/c**

Unit 7 Annual Meeting/Lunch (Unit 7 members only) • Thursday, 12:30 - 2 p.m. _____ **n/c**

Awards Dinner • Thursday, 6:30 - 9 p.m. _____ **n/c**

Nurses' Fun Night • Thursday, 9 - 11 p.m. _____ **n/c**

Total Convention Fees: \$ _____

Payment

Please mail this completed form with check made payable to MNA to:

Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by: VISA MasterCard American Express Discover

Account # _____ Expiration Date: _____ Security Code: _____

For credit card registrations you may fax this form to: 781-821-4445; please call to verify receipt at 781-830-5727.

For office use only: Chg code: _____ Amt: _____ Date: _____ Ck#: _____ Ck.Date: _____ Init: _____



Massachusetts
Nurses
Association

SAVE THE DATE

The Ongoing Crisis of Sexual Harassment in Healthcare



Date: October 2, 2019

Time: Registration and Continental Breakfast: 8:30-9 a.m.
Program: 9-4 p.m. (hot buffet lunch will be provided!)

Location: Lombardo's, 6 Billings Street, Randolph MA

Fee: Member/Associate Member, free*; Non-Members, \$195. *Requires a \$50 placeholder fee which will be returned upon attendance. Mail in registration or online registration with credit card.

Contact: Sue Clish, 781-830-5723

Program Description:

This continuing education program is designed to meet the needs of nurses and other health care professionals who may be struggling with issues related to sexual harassment in health care settings. The content of this program will focus on the legal definition of sexual harassment, the physical, emotional, and spiritual stressors that are experienced by victims of sexual harassment and specific steps to reporting, managing, and surviving sexual harassment. The program will include case studies of nurses and health care professionals who have reported issues related to harassment and empowering strategies to implement if you are experiencing issues related to sexual harassment or if you know someone who is! Contact hours will be provided.

Fill out and mail in registration below or register online at MassNurses.org.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Place of Employment: _____

_____ RN _____ LPN _____ APN _____ Other (specify) _____

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by: VISA MasterCard American Express Discover

Account #: _____ Expiration Date: _____ Security code: _____

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: _____ Amt: _____ Date: _____ Ck#: _____ Ck.Date: _____ Init: _____



MNASM

Peer Assistance Program

Help for Nurses with Substance Abuse Problems



- Are you a nurse who is self-prescribing medications for pain, stress or anxiety?
- Are you a nurse who is using alcohol or other drugs to cope with everyday stress?
- Would you appreciate the aid of a nurse who understands recovery and wants to help?

Call the MNA Peer Assistance Program

(All information is confidential)

**Call 781-821-4625, x755 or
800-882-2056, x 755 (In Mass only)**

www.peerassistance.com





MNA is offering a
NEW & FREE online continuing
education program



Recognizing and Supporting a Nurse Colleague with Impaired Practice

Visit www.massnurses.org and click on “MNA CE ONLINE” from the bottom of the home page under the Professional Development section. From there, scroll down to the program title to launch the CE program.

Program description: This program will discuss the important issue of narcotic diversion. Diversion prevalence, recognition, and methods for prevention will be explored. The best practice standards for safe handling of narcotics will be presented. The program will conclude with information on resources to support a nurse with a substance use problem as well as the nurses role in safeguarding patient care.

Developed by: Carol Mallia, MSN, RN, Associate Director – Division of Nursing, Massachusetts Nurses Association.

Program accreditation: The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are free of charge to MNA members only.

Contact Hours: This program has been awarded 1.0 contact hour by the Massachusetts Nurses Association until January 24, 2020.

