Always in Action, Always Advocating!

February/March 2017

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President's Column

More than Just Signatures: Winning Safe Patient Limits at the Ballot in 2018

Since the last edition of The Massachusetts Nurse Advocate arrived in your mailbox in January, I have spent a considerable amount of time visiting with nurses throughout the state talking about the MNA's top priority for 2017 and 2018: our ballot initiative for safe patient limits in all hospital units.

The ballot initiative was, as you’ll remember, the featured article in that edition, and it was intended to be the “launch” of this very important campaign. But, for me, more important than simply launching the campaign was hearing members’ ideas, suggestions, questions, and concerns.

So, I headed west — and north, and south, and west again! — and met with members in each Region. They did not disappoint! Their questions were insightful, their concerns were valid, and their suggestions will be paving the way for our success at the polls in November of 2018.

What follows is a brief summary of some of the key points and suggestions that came out of those various Regional meetings. I hope that you will take the time to review them and consider when, where and how you will be able to help with this important initiative. Because, as you will see below, this campaign won’t be won with signatures alone. It will be won by taking action at the grassroots level and gaining the support of our friends, family members, neighbors, and community leaders.

So What’s the Question?

When it comes to ballot questions, it matters how things are written and what is/isn’t included. Namely, as many members pointed out, concrete and enforceable limits. Yes, you want those and we need those. Between now and the end of spring, the MNA will be working to craft a ballot question that includes those items: concrete, enforceable, unit-specific limits. This is the foundation we will be building our ballot initiative “house” on, so getting it right is our number one priority.

Between now and the end of spring, the MNA will be working to craft a ballot question that includes those items: concrete, enforceable, unit-specific limits.

But we want you to be part of that process too. Have an idea on what a quality enforceable penalty could look like? Share it with us! Seeing a clinical trend on your floor that could affect the care you deliver and, as a result, the safe patient limit? Share that with us too. The language in our ballot question will be stronger as a result.

It’s Not Just About the Signatures

Yes, signatures matter. Without the right number of signatures from registered Massachusetts voters, our question can’t even get on the ballot. We will need help there, and lots of it. The good news is, we know how this part of the process works. We did it before and we were successful; I have no doubt we will be successful again.

But the subsequent steps are equally, if not more, important than signature gathering. It’s the on-the-ground campaign … the connecting with family, friends, neighbors, acquaintances, and community leaders. It is door knocking, leafleting, and face-to-face education of the masses about why safe patient limits matter and why they should vote “yes” on our question. We will need an army of nurses to achieve this, and we need you to be part of that army.

Teach People About Nursing

Year after year, Gallup polls find that RNs are the most trusted professionals out there, and with good reason! Ironically though, people who don’t “do nursing” often don’t understand just how much we do, how much we know, and how much our patients depend on us. We need you — all of you! — to talk up your skills, your expertise, your value, and your pivotal role in patient care. When people understand what you really, truly do as a nurse, the ask of “will you please vote yes for safe patient limits” is not hard to make.

The MNA will help you with this of course. Fact sheets, talking points, and a wide variety of training/educational sessions will be made available throughout the campaign. So for anyone who wants to learn more or do more, we can help: 781-821-4625, massnurses.org, and on Facebook.

All the Way?

Yes, we expect to go all the way this time. So although I know I will be working with many of you on this campaign in the coming weeks and months ahead, what I am really looking forward to is seeing you all at the polls in November of 2018!
The Class of 2017-18 Meet the new MNA-endorsed legislators!

In January 2017, the 190th General Court of the Commonwealth of Massachusetts will be sworn in. Among the new class of legislators, are five individuals endorsed by the MNA. Over the past year, the Mass Nurses PAC interviewed these individuals about their positions on a variety of issues ranging from safe patient care to collective bargaining rights. The MNA looks forward to working with them over the coming months.

Jack Patrick Lewis
District: 7th Middlesex (Ashland and parts of Framingham)
Party: Democrat
Chamber: House
Previous life: Jack is an ordained minister who has led youth service missions around the world. Most recently, he served as the Executive Director of OUT MetroWest, an organization serving lesbian, gay, bisexual, and transgender youth from across MetroWest Boston. Jack helped to found the organization in 2011.

Policy Priorities: Jack is committed to fighting for an increased minimum wage, paid family medical leave, and the Fair Share Amendment as well as advocating for increased investments in green technology and infrastructure and ensuring that our Commonwealth truly respects and celebrates the diversity contained within it.

On working with the MNA: “Our nurses provide such critical services to the residents of the Commonwealth, and we have a responsibility to ensure that their voices are heard on Beacon Hill.”

Joan Meschino
District: 3rd Plymouth (Cohasset, Hingham, Hull and North Scituate)
Party: Democrat
Chamber: House
Previous life: A former Hull Selectman, Joan most recently served as Executive Director for the Massachusetts Appleseed Center for Law and Justice, Inc., a public interest law center that promotes equal rights and opportunities for Massachusetts residents.

Policy Priorities: Joan is committed to investing in real solutions to the opiate crisis, taking on the issue of transportation infrastructure, and developing comprehensive strategies to address sea level rise and climate change.

On working with the MNA: “Our nurses will always be open to MNA leadership and members, and I look forward to working together on our shared priorities for the Commonwealth.”

Julian Cyr
District: Cape and Islands (Aquinnah, Barnstable, Brewster, Chatham, Chilmark, Dennis, Eastham, Edgartown, Gosnold, Harwich, Mashpee, Nantucket, Oak Bluffs, Orleans, Provincetown, Tisbury, Truro, Wellfleet, West Tisbury and Yarmouth).
Party: Democrat
Chamber: Senate
Previous life: Prior to being elected in November 2016, Julian worked at the Massachusetts Department of Public Health, first as the Deputy Director for Government Affairs and later as the Director of Policy and Regulatory Affairs for Environmental Health.

Policy Priorities: Julian is focused on improving economic opportunities for residents in his district, tackling the opioid epidemic and protecting the environment.

On working with the MNA: “Through my work, I know that if you want to understand our health care system you need to talk to staff who are on the frontlines of health care, especially nurses.”

Natalie Higgins
District: 4th Worcester (Leominster)
Party: Democrat
Chamber: House
Previous life: Before being elected in November 2016, Natalie served as the Executive Director of the Public Higher Education Network of Massachusetts (PHENOM), which is dedicated to better funded, affordable and accessible public higher education in Massachusetts.

Policy Priorities: Natalie is focused on protecting public education; increasing access to quality mental health services; and creating opportunities for economic development, with particular attention to small businesses.

On working with the MNA: “I understand that the issues that happen day-to-day, on the ground in the hospital, drive legislative priorities for the MNA, from safe patient limits to safe patient handling and workplace violence prevention. The best way to find solutions to problems plaguing our health care system is to listen to the workers.”

Walter Timilty
District: Norfolk, Bristol and Plymouth (Avon, Canton, Milton, Randolph, Sharon and West Bridgewater and parts of the towns of Braintree, Stoughton, Easton and East Bridgewater).
Party: Democrat
Chamber: Senate
Previous life: Before being elected to the Senate, Walter served in the Massachusetts House of Representatives for 18 years.

Policy Priorities: Walter is focused on supporting public education, livable wages and affordable health care.

On working with the MNA: “I’ve been proud to vote in support of the assault bill to increase safety for nurses, mandatory overtime bills to limit the number of hours nurses can work, and the ICU law, ensuring safe patient ratios. I will continue to be a strong partner for your membership as the next state senator for this district.”
The RNs and health care professionals (HCPs) at Steward Healthcare’s Morton Hospital in Taunton recently ratified a new three-year contract that requires increased nurse staffing levels and safe patient assignments for nurses, enhances hospital security, and includes wage and benefit improvements to help recruit and retain the staff needed to ensure quality patient care.

**Staffing**

The contract requires Steward Morton to increase RN staffing in a number of areas, including the hospital’s recently expanded emergency department, where several nurses will be added to the current staffing plan to ensure timelier and safer care for patients. The hospital has also committed to station a security guard in the emergency department 24/7.

On the hospital’s medical-surgical floors, where most patients stay, a resource nurse will be added to every night shift and nurses’ patient assignments will be reduced to four or five patients assigned to an RN at any given time on the day and evening shifts (depending on the needs of the patients), and no more than six patients on the night shift. Nurses pursued these changes citing medical research showing similar limits improve patient outcomes and significantly diminish the likelihood for negative outcomes.

For the care of critically ill patients, the contract includes language saying no nurse will be disciplined for refusing to accept an assignment beyond the requirements of the state’s intensive care unit staffing law. The law sets a safe maximum number of ICU patients an individual RN can be assigned at one time: one, or if both patients are stable, two.

Steward Morton also has agreed to provide additional nurses to care for psychiatric patients on the hospital’s behavioral health unit, and the contract includes language obligating hospital management to recruit and hire enough staff to meet all the staffing requirements called for in the contract, which is a key component of the agreement. Under the agreement, the staffing improvements in the new contract will be phased in over a period of eight months.

**Wages**

RNs and social workers at the hospital will receive an increase of 4.75 percent over the life of the agreement, with a 1.5 percent across the board increase retroactive to Jan. 1, 2017, a 1.25 percent increase on Jan. 1, 2018 and a 2 percent increase on Jan. 1, 2019.

In addition, health care professionals at the facility, including pharmacists, physical therapists, occupational therapists, lab technologists, audiologists, speech and language pathologists, who came into the negotiations with wage rates significantly behind the market, will see more significant pay hikes, ranging from 10 – 22 percent over the three-year contract.

Under the new contract, the nurses and health professionals will also see improvements to their health insurance benefit, with lower premium rates. The contract also calls for continuation of a defined benefit pension plan. The new pact also includes an increase to the hospital’s education reimbursement benefit.

The negotiations for the new contract began in October, with the nurses and health professionals taking the unusual step of voting ahead of negotiations to authorize a one-day strike should Steward Morton management fail to reach a good faith settlement that provided the patient care improvements the nurses sought. Fortunately, Steward Morton came to the table and worked with the staff over four months to hammer out a strong contract, with the final agreement reached on February 3.
Cooley Dickinson Hospital Nurses Ratify Contract with New Workplace Violence, Anti-Discrimination Protections

The Cooley Dickinson Hospital RNs successfully ratified a new union contract that provides strong workplace violence protections and ground-breaking gender identity anti-discrimination language.

“For nurses, this was all about securing improvements and working conditions that make for an overall better patient experience,” said Kim O’Connor, co-chair of the CDH Bargaining Committee. “This contract will promote a culture of safety and equality. The strong workplace violence protections we secured will make the hospital a safer place for everyone. The anti-discrimination language will mean a more equitable work environment. Our salary agreement was not about huge financial gains for nurses, but rather recognition for each RN in their specialty area of practice, and affirming the value of every nurse.”

The new MNA CDH contract includes the following improvements:

• Workplace Violence: A new section of the contract protecting staff by removing their last name from badges and by the creation of a new hospital-wide policy that will become part of the contract, entitled “Prevention of Workplace Violence or Abuse,” that provides for a system for prevention, training, reporting and response to threats.

• Anti-Discrimination Language: The new language adds gender identity or gender expression to the protected categories in the MNA contract, thereby affirming full rights and protection from discrimination. The contract also expands the definition of pronouns beyond “he/she” to include persons identified with non-binary genders.

• Improved RN Wages: The elimination of binary genders.

The agreement was not about huge financial gains for nurses, but rather recognition for each RN in their specialty area of practice, and affirming the value of every nurse. The new MNA CDH contract includes the following improvements:

BMC Nurses, Supporters Take to the Picket Line!

RNs at Berkshire Medical Center held a successful informational picket on Feb. 28 to call attention to the hospital’s failure to agree to improved nurse staffing levels as part of their current contract talks. Over the last several years, there has been a significant increase in BMC’s patient census due to the closure of North Adams Regional Hospital. Between October 2015 and January 2017, RNs filed 321 unsafe staffing forms documenting times when there were not enough nurses to care for the number of patients and/or the serious level of illness or injury of the patients on a unit.

To address the problem, the RNs’ negotiating committee proposed placing safe patient limits into their contract. These limits would vary based on hospital unit, how many patients are on a unit at any given time, and/or the acuity of patients. The nurses have pointed out in negotiations that there is no financial reason why the hospital cannot provide safe patient care at all times. According to the Massachusetts Center for Health and Information Analysis, BMC made a profit of more than $181 million between 2011 and 2015. And according to the hospital’s own audited financial reports, it made a profit of $31.2 million in 2016.

The nurses’ previous contract expired on Sept. 30, 2016, but was extended. Negotiations between the MNA and BMC began in October 2016, and 17 negotiating sessions have been held to date.
Morning Session: The Golden Hours for Surviving Sepsis
Description: This program will describe the recently updated definitions for sepsis, septic shock, and SOFA (sequential organ failure assessment) criteria. An improved understanding of sepsis pathophysiology will be reviewed. Case studies will be utilized to highlight the application of these guidelines for bedside clinical assessment and management.
Presenter: Carol Daddio Pierce, RN, MS
Date: March 28, 2017
Time: 9-9:30 a.m., Registration/Continental Breakfast
9:30 a.m.-12 p.m., Program
12-1 p.m., Lunch
Location: Log Cabin, 500 Easthampton Road, Holyoke; 413-535-5077; logcabin-delaney.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $195. *Requires a $50 placeholder fee which will be returned upon attendance.
Contact hours: Will be provided.

Afternoon Session: The ABCs of Cardiac Medications
Description: This program will take a physiological approach to understanding cardiac medications commonly utilized in managing patients with cardiovascular disease. Specific pharmacologic agents to be reviewed include anti-arrhythmics, ACE inhibitors, angiotension receptor blockers, beta blockers and calcium channel blockers. Implications for administering and evaluating the effectiveness of these medications will also be highlighted.
Presenter: Carol Daddio Pierce, RN, MS
Date: April 11, 2017
Time: 1-3:30 p.m., Program
Location: Log Cabin, 500 Easthampton Road, Holyoke; 413-535-5077; logcabin-delaney.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $195. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact hours: Will be provided.

Post-Trauma Stress Disorder: Trauma and Survival
Description: Trauma affects many people and in a variety of different ways. Why do some people seem to be able to cope with seemingly unbearable events, while others define themselves by a single moment? This presentation will look at the ways in which trauma is defined, explore the physiological, psychological and spiritual aspects of trauma, and address treatment modalities, both pharmacologic and interpersonal by which the individual with trauma can be assisted to seek healing and wholeness. Nursing interventions appropriate for the person experiencing the sequelae of a traumatic event will be included.
Presenter: Mary Linda O’Reilly, MS, APRN, BC
Date: March 13, 2017
Time: 5:30 – 6 p.m., Registration/Dinner
6 – 8:30 p.m., Program
Location: Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; www.beechwoodhotel.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact hours: Will be provided.

Disorders of the Skin: What Nurses Need to Know
Description: This program will provide nurses with information about dermatological issues, including psoriasis, eczema, rashes, acne, and rosacea. An overview and detection of melanoma, basal cell carcinoma, squamous cell carcinoma, cosmetic treatments and the management and treatments will also be discussed.
Presenter: Kathleen (Katie) Brodt, BSN, MSN, FNP-BC
Date: May 22, 2017
Time: 5:30 – 6 p.m., Business Meeting/Dinner
6 – 8:35 p.m., Program
Location: Doubletree Hilton, 5400 Computer Drive, Westborough (at 495); 508-366-5511, bostonwestborough.doubletree3.hilton.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact hours: Will be provided.

The Golden Hours for Surviving Sepsis: New Perspectives
Description: This program will describe the recently updated definitions for sepsis, septic shock, and SOFA (sequential organ failure assessment) criteria. An improved understanding of sepsis pathophysiology will be reviewed. Case studies will be utilized to highlight the application of these guidelines for bedside clinical assessment and management.
Presenter: Carol Daddio Pierce, RN, MS
Date: April 3, 2017
Time: 5:30 – 6 p.m., Business Meeting/Dinner
6 – 8:35 p.m., Program
Location: Doubletree Hilton, 5400 Computer Drive, Westborough (at 495); 508-366-5511, bostonwestborough.doubletree3.hilton.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact hours: Will be provided.
Nursing Care of the LGBTQ Community
Description: Health outcomes for members of the LGBTQ community are affected by the provision of culturally competent care. Identification of barriers to care and an understanding of correct terminology related to gender and sexuality will be discussed. Nursing care of the transgender community, including best practices and emerging issues, will be explored.

Presenters: Kaitlin Nichols, BSN, RN, ACRN; and member(s) of the transgender community
Date: May 9, 2017
Time: 5 - 6 p.m., Registration/Dinner • 6 - 8:15 p.m., Program
Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, www.danversport.com
Fee (by check only): Member/Associate Member*, free; Non-Members, $95.
*Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Skin Rashes and Lesions: What Nurses Need to Know
Description: This program will provide nurses with information about common dermatologic conditions including skin cancers and the diagnosis, treatment strategies, and appropriate nursing interventions for each.

Presenters: Danielle L. Mahoney, MSN, RN/FNP-BC
Date: June 8, 2017
Time: 5 - 6 p.m., Registration/Dinner • 6 - 8:15 p.m., Program
Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, www.danversport.com
Fee (by check only): Member/Associate Member*, free; Non-Members, $95.
*Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Protecting Developing Brains: What Health Care Providers Need to Know About Sport-Related Concussion
Description: Brain injury among children and adolescents is a major public health concern. Although the majority of injuries are considered mild, a proportion of those injured will experience considerable physical, cognitive, educational, social, and emotional consequences. The primary focus of this presentation will be on sport-related concussions.

Presenters: Mary Linda O’Reilly, MS, APRN, BC
Date: April 25, 2017
Time: 5 - 5:55 p.m., Registration/Dinner • 5:55 - 8:30 p.m., Program
Location: Danversport Yacht Club, 161 Elliot Street, Danvers; 978-774-8620, www.danversport.com
Fee (by check only): Member/Associate Member*, free; Non-Members, $95.
*Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.
Knee and Hip Surgery Update: Nursing Management

Description: This program will address the current modalities for knee and hip surgery. Patient assessment, pre- and post-operative nursing management and patient rehabilitative needs will be explored. Anticipated future developments will be discussed.

Presenter: Nancy Hiltz, RN, MS, OC
Date: April 5, 2017
Time: 5 - 5:30 p.m., Registration/Light Dinner
5:30 - 8:45 p.m., Program
Location: MNA Headquarters, 340 Tumpke Street, Canton, 781-821-8255
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Protecting Developing Brains: What Health Care Providers Need to Know About Sport Related Concussion

Description: Brain injury among children and adolescents is a major public health concern. Although the majority of injuries are considered mild, a proportion of those injured will experience considerable physical, cognitive, educational, social, and emotional consequences. The primary focus of this presentation will be on sport-related concussions.

Presenter: Alex Taylor, Psy.D.
Date: April 26, 2017
Time: 4:45 - 5:30 p.m., Registration/Light Dinner
5:30 - 7:45 p.m., Program
Location: MIT Endicott House • 80 Haven Street, Dedham, MA
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

The Golden Hours for Surviving Sepsis

Description: This program will describe the recently updated definitions for sepsis, septic shock, and SOFA (sequential organ failure assessment) criteria. An improved understanding of sepsis pathophysiology will be reviewed. Case studies will be utilized to highlight the application of these guidelines for bedside clinical assessment and management.

Presenter: Carol Daddio-Pierce, RN, MS
Date: May 11, 2017
Time: 5 - 5:30 p.m., Registration/Light Dinner
5:30 - 8:05 p.m., Program
Location: MNA Headquarters, 340 Tumpke Street, Canton, 781-821-8255
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Basic Dysrhythmia Interpretation

Description: This two-part course is designed for registered nurses working with cardiac monitoring. Implications and clinical management of cardiac dysrhythmias will be discussed. The course will involve a text book and requires studying between sessions.

Presenters: Mary Sue Howlett, PhD(c), RN/PMHCNS, FNP-BC; Charlene L. Richardson, MSN, RN
Dates: March 9, 2017 (Part One)
March 16, 2017 (Part Two)
Time: 8:30 - 9 a.m., Registration
9 a.m. - 5 p.m., Program; light lunch provided
Location: MNA Headquarters, 340 Tumpke St., Canton, MA
Fee: Member/Associate Member, free*; Non-member, $195. *Requires a $100 placeholder fee which will be returned upon attendance. There is a non-refundable fee of $30 for workbook and calipers.
Contact Hours: Will be provided.

MNA Contact: Theresa Yannetty, 781-830-5727

Anti-Coagulation: A Nurse’s Perspective

Description: Updates on anti-coagulation therapy, treatment decisions, and nursing strategies for assessment and patient education, to enhance the nurse’s clinical knowledge.

Presenter: Ann Pianka, ANP, MSN, CACP
Date: April 12, 2017
Time: 5 - 5:30 p.m., Registration/Light Dinner
5:30 - 7:45 p.m., Program
Location: MNA Headquarters, 340 Tumpke, St., Canton, MA
Fee: Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

MNA Contact: Susan Clish, 781-830-5723

Advanced Cardiac Life Support (ACLS): Certification and Recertification

Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation.

Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, PhD(c), RN/ FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions
Dates: April 13 and April 27, 2017 (certification)
April 27, 2017 (recertification only)
Time: 8:30 - 9 a.m., Registration
9 a.m. - 5 p.m., Program (light lunch provided)
Location: MNA Headquarters, 340 Tumpke St., Canton, MA
Fee: Certification: MNA Members/Associate Members, free*; Non-member, $250
Recertification: MNA Members/Associate Members, free*; Non-member, $195
*Requires $100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of $35 for workbook.
Contact Hours: Contact hours will not be awarded for this program.
MNA Contact: Liz Chmielinski, 781-830-5719

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Region 5 Office, 340 Tumpke Street, Canton, MA 02021. For questions, please contact Region 5 at 781-821-8255 or email region5@mnarn.org.

MNA Headquarters Course Registration: Complete the MNA Headquarters Registration Form located on page 7 or register online at massnurses.org. Credit card payment is available for CE courses offered at MNA Headquarters.
The Crisis of Addiction and Drug Abuse

Description: This program will provide nurses with the variety of illicit drugs abused by patients to include the Exotic street drugs. It will include the etiology of addiction and drug use, pharmacological treatments and nursing management of patients who present under the influence. Evidence-based interventions will be discussed. Nasal Narcan training will be provided.

Presenter: Charlene Richardson, MSN, RN, CEN, LNC

Date: May 24, 2017

Time: 5:30 p.m., Registration/Light Dinner

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Fee: Member/Associate Member, free*; Non-member, $250

Recertification: MNA Members/Associate Members, free*; Non-member, $195

*Requires a $100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of $35 for the workbook.

Contact Hours: Will be provided.

MNA Contact: Liz Chmielinski, 781-830-5719

The Many Faces of the War on Drugs - A Public Health Dilemma • An All-Day Program

Description: The purpose of this program is to educate nurses on the public health dilemma of the drug crisis and its impact on the world today. This program will include the pathophysiology of addiction, nursing considerations in caring for patients suffering from the disease of addiction, perspective of the family & victim, and the role of law enforcement in the attempt to defeat the war on drugs.

Presenters: Charlene L. Richardson, MSN, RN, CEN, LNC; and other presenters to be announced

Date: June 7, 2017

Time: 8:30 – 9 a.m., Registration

9 a.m. – 4:30 p.m., Program; light lunch provided

Location: Please note the location of this program will be held at the Bank of Canton (Corporate Headquarters), 490 Turnpike Street, Canton, MA.

Fee: Member/Associate Member, free*; Non-member, $195. *Requires a $50 placeholder fee which will be returned upon attendance at program.

Contact Hours: Will be provided.

MNA Contact: Theresa Yannetty, 781-830-5727

Advanced Cardiac Life Support (ACLS): Certification and Recertification

Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation.

Presenters: Carol Mallia, RN, MSN; Mary Sue Howlett, PhD(c), RN/ FNP-BC, CEN; Charlene L. Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions

Dates: August 1 and August 8, 2017 (certification)

August 8, 2017 (recertification only)

Time: 8:30 - 9 a.m., Registration

9 a.m. - 5 p.m., Program; light lunch provided

Location: MNA Headquarters, 340 Turnpike St., Canton, MA

Concerned About Safe Patient Handling Practices?

The Safe Patient Handling Task Force is seeking new members to promote ergonomics in the workplace in an effort to reduce and prevent musculoskeletal injuries to both patient and staff.

The Task Force generally meets three to four times a year at MNA headquarters in Canton.

If you are interested in joining or would like more information contact Christine Pontus at cpontus@mnarn.org or call 781-830-5754.
**Regional Registration**

**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of $25 for all evening programs and $50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are $95 for evening programs and $195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a separate check for each program and mail to the appropriate region office. If registering for programs in more than one region, please duplicate the registration form or download from www.massnurses.org and submit registration forms to the appropriate region offices with the specified fee.

**Payment:** Payment may be made by mailing a separate check for each course to the appropriate regional office. At this time regional offices are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region Office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Regional Council Office with any questions about special needs accessibility.

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Please print. Mail this completed form along with a separate check for each course to appropriate region. Please make copies of this form for courses at multiple regions or download this brochure at www.massnurses.org.

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**Region 1** Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.
- The Golden Hours for Surviving Sepsis and The ABCs of Cardiac Medications Non-member: $195 • Member/Associate Member: $50 placeholder fee.
- Competencies for the Non-Psychiatric Nurse Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- The Medical Complications of Eating Disorders: What Nurses Need to Know Non-member: $95 • Member/Associate Member: $25 placeholder fee.

**Region 2** Make check payable to: MNA Region 2 and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.
- Post-Trauma Stress Disorder: Trauma and Survival Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- The Golden Hours for Surviving Sepsis: New Perspectives Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Disorders of the Skin: What Nurses Need to Know Non-member: $95 • Member/Associate Member: $25 placeholder fee.

**Region 3** Make check payable to: MNA Region 3 and mail to MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563.
- Nursing Care of the LGBTQ Community Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- What’s Bugging You? Nursing Considerations for Insect and Tick-Borne Illnesses Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Update on Diabets: Oral Agents, Insulins, and Insulin Pumps Non-member: $95 • Member/Associate Member: $25 placeholder fee.

**Region 4** Make check payable to: MNA Regional Council 4 and mail to MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940.
- Post-Traumatic Stress Disorder: Trauma & Survival Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Nursing Care of the LGBTQ Community Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Skin Rashes and Lesions: What Nurses Need to Know Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Protecting Developing Brains: What Health Care Providers Need to Know About Sport-Related Concussion Non-member: $95 • Member/Associate Member: $25 placeholder fee.

**Region 5** Make check payable to: MNA Region 5 Office and mail to MNA Region 5, 340 Turpikere Street, Canton, MA 02021.
- Knee and Hip Surgery Update: Nursing Management Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- Protecting Developing Brains: What Health Care Providers Need to Know About Sport Related Concussion Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- The Golden Hours for Surviving Sepsis Non-member: $95 • Member/Associate Member: $25 placeholder fee.

Please avoid wearing scented personal products when attending MNA continuing education programs.
**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of $25 for all evening programs and $50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are $95 for evening programs and $195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at www.massnurses.org and register for the course of your choice from our Events Calendar.

**Payment:** Payment may be made with a MasterCard, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a separate check for each program to the MNA, 340 Turnpike Street, Canton, MA 02021.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will NOT be refunded.

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**Due to heavy traffic volume on major roadways, please allow extra travel time.**

**Directions to MNA Headquarters**
- From Cape Cod/South Shore: Take RT-3 N. Merge onto US-1 N S/ I-93 S via exit number 20 on the left toward I-95/DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.
- From Cape Cod/South Shore: Take RT-3 N. Merge onto US-1 N S/ I-93 S via exit number 20 on the left toward I-95/DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.
- From RT-138 (Turnpike Street): Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.

**Now Available ➡️ Online registration for courses offered at MNA Headquarters.**

**Go to www.massnurses.org.**

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### Please print. You may make copies of this form or download this brochure at www.massnurses.org.

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<thead>
<tr>
<th>Name:</th>
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<td>Address:</td>
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<td>RN</td>
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**Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021**

**Payment may also be made by:**
- [ ] VISA
- [ ] MasterCard
- [ ] American Express
- [ ] Discover

**Account #:**

**Expiration Date:**

**Security code:**

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: __________ Amt: Date: __________ Ck#: __________ Ck Date: __________ Init: __________

- [ ] Basic Dysrhythmia Interpretation Member/Associate Member, free*; Non-member, $95. *Requires a $50 placeholder fee which will be returned upon attendance. **There is a non-refundable fee of $30 for workbook and calipers.**
- [ ] Anti-Coagulation: A Nurse’s Perspective Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- [ ] ACLS Certification and Recertification Certification: MNA Member/Associate Member, $35 non-refundable cost for workbook; Non-member, $250* Recertification: MNA Member/Associate Member, $35 non-refundable cost for workbook; Non-member, $195* *Requires $100 placeholder fee which will be returned upon attendance.
- [ ] The Crisis of Addiction and Drug Abuse Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- [ ] The Many Faces of the War on Drugs- A Public Health Dilemma Non-member: $195 • Member/Associate Member: $50 placeholder fee.

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**Directions to MNA Headquarters**

- **From the North:** Take I-95 S/ RT-128 S to I-93 N US-1 N. You will see a sign reading "I-93 N to BRAintree/CAPE COD." Continue onto I-93 N US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.
- **From Cape Cod/South Shore:** Take RT-3 N. Merge onto US-1 N S/ I-93 S via exit number 20 on the left toward I-95/DEDHAM. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.
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**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must:** (1) sign in; (2) be present for the entire time period of the program; and (3) complete and submit the program evaluation.

The Massachusetts Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Division of Nursing with any questions about special needs accessibility.

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<thead>
<tr>
<th>Course Title</th>
<th>Description</th>
<th>Fee for Non-members</th>
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Schedule

7 – 8:15 a.m. Registration & Continental Breakfast

8:00 – 8:15 a.m. MNA Ballot Initiative:
The MNA Ballot Initiative for Safe Patient Limits: The Key to Protecting Your Patients and Your Clinical Practice
Donna Kelly-Williams, RN, President of the MNA

8:15 – 8:30 a.m. Welcome & Opening Remarks

8:30 a.m. – 10 a.m. Keynote Address
Faces of Addiction
Adam Barrett and Anthony Sideri

The opioid epidemic has challenged health care providers and families to rethink the historically held image of those affected by addiction. True stories from these speakers, which will detail the paths they chose that led to substance abuse, will assist nurses in understanding how drug addiction impacts many unsuspecting lives and how easily drugs can creep into the lives of those we know and care for.

10 – 10:30 a.m. Break

10:30 a.m. – 12 p.m. Concurrent Sessions:

Update on Diabetes: Oral Agents, Insulins and Insulin Pumps
Diana G. Mercurio, RPh, CDE, CDOE, CVDOE

This program will discuss the pathophysiology of diabetes and nursing management. Current pharmacological treatments will be explored. The nurse's role in education of self-management and support will be described.

Nursing Care of the LGBTQ Community
Kaitlin Nichols, RN, BSN, ACRN

Quality health outcomes for patients in the LGBTQ community are often dependent on the provision of culturally competent care. In this session, potential barriers to culturally competent care will be discussed, as well relevant terminology, gender, and sexuality. Nursing care of the transgender community, including best practices and emerging issues, will be explored.

The Pathophysiology of Addiction and Today's Exotic Drugs
Dr. Eike Blohm, MD

This program will discuss the pathophysiology of addiction as a disease entity that exists and plagues many people today. The new “exotic drugs of abuse” will also be reviewed.

Disorders of the Skin: What Nurses Should know
Ellen McCafferty- O'Connell, GNP, DC

This program will provide nurses with information about eczema, acne and facial rashes and the associated diagnosis and treatment of such diseases.

12 – 1:15 p.m. Lunch
Considering Returning to School for a BSN or MSN? Visit our vendor booths.

1:15 – 2:45 p.m. Concurrent Sessions:

The Medical Management of Dealing for the Acutely Ill Toxidrome Patient
Dr. Eike Blohm, MD

This program session will demonstrate how the management of a critically ill patient changes in the presence of toxic substances of abuse. Case studies will be included to demonstrate how deviation from the standard of ACLS medical care are utilized in medical management of toxidrome and serotonin syndrome.

Anti-Coagulation: A Nurse’s Perspective
Ann Pianka, ANP, MSN, CACP

Updates on anti-coagulation therapy, treatment decisions, and nursing strategies for assessment and patient education will enhance the nurse’s clinical practice.

Nursing Implications of Medical Marijuana
Dr. Karen Munkacy

This timely topic will address the clinical use of medical marijuana and the nursing implications for clinical management. With the recent expansion of the law regarding medical marijuana in Massachusetts, nurses will likely need a greater understanding of the indications, side effects, and contraindications of medical marijuana.

2:45 – 2:55 p.m. Break

2:55 – 4 p.m. Closing Session

Twig of Hope: Surviving Life Altering Incidents through Love, Determination and Advocacy
Ellen Rogers

This program will focus on how a single mother of five was able to help her 22-year-old son recover from a devastating car crash that left him fighting for his life. It will also highlight how two local support/advocacy groups, “Helping Hands” and “Monkey Helpers for the Disabled” have assisted in her family's recovery and continued healing.

4 – 4:15 p.m. Closing Remarks
As an MNA member, you are invited to attend the 12th annual Clinical Nursing Conference

FREE

$75 placeholder fee required

This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.

Program Cancellation
MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

Disability Help
Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

Refund
Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

Placeholder Fee
A payment of $75 must be submitted with your registration. Payment by credit card is available online at www.massnurses.org; go to the Professional Development/CE page of the website. If you pay by check, it will be returned upon attendance.

Chemical Sensitivity
Attendees are requested to avoid wearing scented personal products when attending the 12th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.

REGISTRATION FORM: 12th ANNUAL MNA CLINICAL NURSING CONFERENCE • MAY 5, 2017

Name _________________________________________ Email ____________________________________________
_________RN  ________APN  _______Other (specify) _______________________________________________
Address ______________________________________________________________________________________
City __________________________________________  State ____________________  Zip _________________
Telephone: Daytime____________________________________  Evening _________________________________
Place of employment ____________________________________________________________________________

Every effort will be made to accommodate your selections. To register, please return the completed form with your check payable to MNA for the placeholder fee of $75 to:

MNA • Attn.: Liz Chmielinski • 340 Turnpike Street • Canton, MA 02021

For online registrations go to www.massnurses.org and click on the News and Events page.

Sessions fill on a space available basis, and will close once seating capacity is reached.

You must indicate your “1st,” “2nd,” and “3rd” choices for the following morning concurrent sessions:

____ Diabetes  ____ Care of LGBTQ  ____ Exotic Drugs of Addiction  ____ Dermatology

You must indicate your “1st,” “2nd,” and “3rd” choices for the following afternoon concurrent sessions:

____ Diabetes  ____ Toxidrome Patient  ____ Anti-Coagulation  ____ Medical Marijuana
Call for Nomination/Consent to Serve for the 2017 MNA General & NENA Delegate Elections

I am interested in active participation in:

- [ ] President, Labor*, 1 for 3 years
- [ ] Secretary, Labor*, 1 for 3 years
- [ ] Director, Labor*, (5 for three years) [1 per Region]
- [ ] Director At-Large, General*, (3 for 3 years)
- [ ] Director At-Large, Labor*, (4 for 3 years)

- [ ] Labor Program*, (1 for 3 years) [non-RN]
- [ ] Nominations Committee, (5 for 3 years) [1 per region]
- [ ] Bylaws Committee, (5 for 3 years)
- [ ] NENA Delegate, Labor (9 for 2 years term starts in 2018)

*MNA General and NENA Delegate Election

**General** means an MNA member in good standing and does not have to be a member of the labor program. "Labor" means an MNA member in good standing who is also a labor program member. "Labor Program Member" means a non-RN health care professional who is a member in good standing of the labor program.

Please type or print - Do not abbreviate

Name & credentials _______________________________________________________________________

(as you wish them to appear in candidate biography)

Work Title __________________________________________ Employer _______________________________

MNA Membership Number ____________________________ MNA Region _________________________

Address __________________________________________________________________________________

City __________________________ State__________ Zip __________________________

Home Phone __________________________ Work Phone ______________________________

Educational Preparation

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Present or Past MNA Offices/Association Activities (Cabinet, Council, Committee, Congress, Unit, etc.) Past 5 years only.

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<th>MNA Offices</th>
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Received Deadline: All nominations/consent forms must be received by 4:30 p.m. on May 31, 2017

- Application must be mailed, faxed or emailed to the attention of the MNA staff person for Nominations and Elections Committee. Candidate statements must be emailed to mnaelections@mnarn.org.
- If you need assistance accessing your MNA webmail contact jmarshall@mnarn.org.
- Acknowledgment of receipt of your submission will be emailed to your MNA webmail account within 48 hours of receipt.

Return To: Nominations and Elections Committee
Massachusetts Nurses Association
340 Turnpike Street, Canton, MA 02021
fax: 781-821-4445/ email: mnaelections@mnarn.org

- Retain a copy of this form for your records.
- Form also available on MNA Web site: www.massnurses.org, under applications and forms.
Massachusetts Nurses Association
Full member (75 percent) of applicable dues rate

Subject to verification, members who qualify for one of the following categories may elect to pay 75 percent of the annual dues:

1. Health professional labor program member—any health care professional, other than a registered nurse, who is represented for purposes of collective bargaining by MNA;
2. Limited hours labor program member—any labor program member who is represented for purposes of collective bargaining by MNA and who has 988 or fewer hours paid in the preceding calendar year.

It is the responsibility of any registered nurse and/or other health care professional to verify to the satisfaction of MNA on an annual basis his/her eligibility for the 75 percent dues category within any of the foregoing categories by April 1 of each year. Upon receipt of such verification of eligibility in the prior calendar year, the member shall receive the reduced dues rate effective the following July 1 through June 30.

Application for Minimum Hours Reduced Dues Category

Please print clearly and submit to the Membership Division of MNA by April 1.

Name _______________________________ Phone _______________________________
Address ________________________________________________________________________________________
City __________________ State_________________ Zip__________________________

at the following MNA facility(s) of employment for the year of application (list each MNA facility separately):

1. _____________________________________________________________________________________________
2. _____________________________________________________________________________________________
3. _____________________________________________________________________________________________

Signed _________________________________________________________________________________________
Date ___________________________________________________________________________________________

Personal Email Address: ___________________________________________________________________________

Eligibility for the Reduction is verified by MNA with each Employer Confirmation of receipt of this application will be emailed to your MNA email account within 72 hours of receipt.

MNA will set up your email to be forwarded to your home email.

Contact Division of Membership, 781-821-4625, if you need assistance accessing your member email.
Save the Date...

March 22-23, 2017 • Doubletree Hotel, Milford

Wednesday Evening Legislation Award Banquet

15th Annual Labor Leader Summit

Registration details to follow. Also check www.massnurses.org for updates. Any further questions can be directed to Dolores at 781-830-5722.

“RIGHT TO WORK” is WRONG

An MNA Labor School Workshop on “Right to Work” (RtW)

The MNA Labor School is presenting a one session presentation in each of the five MNA Regions on so-called “Right to Work.”

- Explaining and understanding RtW
- The history of RtW
- Impact on workers and the labor movement
- The threat of a national RtW bill
- The ultimate goal of RtW is to destroy unions

The workshop will run from 5:30 - 7 p.m. A light meal is provided at 5 p.m.

Contact your regional office to register for this important workshop!

Region 1 - Monday, March 27
Region 2 - Thursday, March 9
Region 3 - Tuesday, March 14
Region 4 - Thursday, March 16
Region 5 - Monday, March 6

- Region 1 Office, Allyson Garcia, 413-584-4607, region1@mnarn.org.
- Region 2 Office, Carey Zimmerman, 508-756-5800 x100, region2@mnarn.org.
- Region 3 Office, Pat Conway, 508-888-5774, region3@mnarn.org.
- Region 4 Office, Peggy O’Malley, RN, 781-584-8012, region4@mnarn.org.
- Region 5 Office, Harriett Duggan, 781-821-8255, region5@mnarn.org.