For the past three and a half months, a new law has been in effect that is designed to guarantee safe patient limits for nurses working on all hospital intensive care units. Since its inception, the MNA/NNU has been working with nurses in our bargaining units and with appropriate public officials to enforce the new law. As this issue of the Massachusetts Nurse Advocate went to press, the state’s Health Policy Commission released draft regulations that will, when finalized, detail all aspects of the new law (see details below). The MNA/NNU is now reviewing these draft regulations and will be working on revisions as needed in the coming weeks.

The law, entitled “An Act Relative to Patient Limits in All Hospital Intensive Care Units,” sets safe patient limits for RNs who work in hospital ICUs throughout Massachusetts and guarantees that no nurse can be assigned more than one patient or, in certain circumstances, a maximum of two patients based on the assessment of the staff nurses on that unit. The law applies to every type of intensive care unit in all the state’s hospitals, including medical intensive care units, surgical intensive care units, coronary care units, neonatal intensive care units, and pediatric intensive care units.

While we work on enforcing this new law, the MNA/NNU has filed legislation in the new legislative session to extend these limits to all units in the hospital.

What the Law Does

The law sets a limit of one patient per nurse. A nurse can only take a second patient based on the assessment of the staff nurses on the unit and an as-yet to be developed acuity tool. The acuity tool will have standardized criteria to help determine the stability of the patients, and all hospitals will be expected to build their tools according to the same criteria. Until a hospital’s acuity tool is finalized, the staff nurses on the unit will determine if and when a second patient can be assigned. If they don’t agree, a supervisor or manager can be called in to help make the determination. Under no circumstances can an ICU nurse be assigned a third patient.

The state’s Health Policy Commission (HPC) is regulating the implementation of the new law, and it was responsible for drafting the recently-released criteria that hospitals should use when developing their acuity tools. HPC will also be developing the method of public reporting of staffing compliance in hospital ICUs, as well as the identification of approximately four patient-safety quality indicators that will ultimately be used to evaluate the law’s success.

The initial draft regulations specific to the acuity tool, which were released on Jan. 6, included a very precise statement that clarifies there is a limit of one or two patients per nurse “at all times during a shift (i.e., no more than two patients).” This is very important, as many hospitals have been expecting nurses to take on a third or even fourth patient when ICU nurses go off the unit to transport the patient or when they go on a break. The regulations echo and enforce what the law has always intended, which is it is never acceptable to for nurse to be assigned a third patient under any circumstance.

However, the MNA has serious concerns about other aspects of these draft regulations. Specifically, the regulations fail to clarify the situation in which a nurse is assigned a second patient when the nurse believes the assessment should be single. Special ICU Staffing Violation forms have been developed and should be available to ICU nurses in all bargaining units. Call your MNA representative if you need a form but do not yet have access to any on your floor.

Since its inception, a number of hospitals across the state have failed to comply with the law, and the Massachusetts Hospital Association attempted to claim that the law was not in effect until the HPC completed its acuity tool. In response to this false claim, the DPH sent letters to all hospital administrators in early November informing them that the new ICU law was now in effect and must be followed immediately. The MNA/NNU is also asking members to help document instances where management fails to follow the law and assigns ICU nurses a patient assignment that conflicts with their assessment (i.e., you believe you should be singled, yet your manager assigns a second patient; your manager forces you to take on a third patient when another nurse goes on a break). Special ICU Staffing Violation forms have been developed and should be available to ICU nurses in all bargaining units. Call your MNA representative if you need a form but do not yet have access to any on your floor.
the final tool to DPH. The MNA opposes any process that grants hospital administrators final say over what constitutes acuity, and thereby the staffing level at a hospital. We have too much experience with hospital administrations forming staffing advisory committees in the past and then failing to follow the resulting recommendations.

Over the next two months, these draft regulations will be open for public comment, and a public hearing will be held in March as part of this process. The MNA will be turning to its members for support at this important hearing; stay tuned for details on when, where and how to help. In the meantime, the MNA will be working tirelessly over the coming weeks to advocate for all of the changes necessary to ensure the intent of the law is followed. Final regulations are expected to be released in the spring.

**Law Sets Foundation for Expansion of Limits to Other Units**

Having established a foundation for safe patient limits for ICUs with the new law, the MNA/NNU recently filed legislation to extend patient limits to all other hospital units as part of the new 2015-2016 legislative session.

“This measure will protect the most critically ill patients and it breaks the decade-long logjam on Beacon Hill over the issue of establishing an enforceable maximum limit on the number of patients a nurse can care for at one time,” said MNA/NNU president Donna Kelly-Williams. “More importantly, it moves us closer to our ultimate goal, which is to extend safe patient limits beyond the ICUs to all other units of our hospitals to protect all patients.”

### Important documents to access online at [www.massnurses.org](http://www.massnurses.org)

**Reduced dues application available online. Be sure to fill out and return for the received by date of April 1, 2015.**

**Consent to serve for MNA/NENA elections application available online. Must be submitted by May 29, 2015.**

The following pages are dedicated to supplying you with information about our winter and spring continuing education classes as well as our upcoming Clinical Conference in May.
### Morning Session: Situation Critical: Street Drug Abuse - What Nurses Should Know

**Description:** This program will provide nurses with a comprehensive overview of the illicit use of street drugs across the lifespan. It will include the etiology, pharmacological treatments and nursing management of patients under the influence of various substances.

**Presenter:** Charlene L. Richardson, MSN, RN, CEN, LNC

**Date:** March 24, 2015

**Time:** 9:30 a.m.-12 p.m., Program

12:1 p.m., Lunch

**Afternoon Session: Learn to Cope Program**

**Description:** This program will enable the nurse to understand the current drug epidemic in Massachusetts and implications for nursing practice. Learn to Cope: A Model for Addiction Support and Coping

Addiction is a leading health care crisis and epidemic throughout the country. This program will describe the personal crisis that a family experiences when a loved one develops an addictive disease. Models of support will be discussed for families during recovery of after death. Understanding of the impact of addictive disease is a critical component for the nurse in caring for these patients and their families.

**Presenter:** Joanne Peterson

**Time:** 1-3:30 p.m., Program

**Location:** Cranwell Resort, Route 20, Lenox; 413-637-1364; www.cranwell.com

**Fee (by check only):** Member/Associate Member, free*; Non-Members, $195. *Requires a $50 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

### Child Abuse and Its Mimics

**Description:** This program will provide nurses with information on the assessment of unusual physical examination findings vs. potential abusive injury, review laws and regulations, including reporting requirements related to children’s health and provide guidance in the nursing management of the family and child in such situations.

**Presenter:** Cynthia L. Moore, CPNP, MSN, RN

**Date:** April 8, 2015

**Time:** 5 - 5:30 p.m., Registration/Dinner

5:30 - 7:45 p.m., Program

**Location:** Hotel Northampton, 36 King Street, Northampton; 413-584-3100, www.hotelnorthampton.com

**Fee (by check only):** Member/Associate Member, free*; Non-members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

### Critical and Emerging Infectious Diseases: An Update for Nurses

**Description:** This program will provide nurses with information regarding current critical and emerging infectious diseases now seen in Massachusetts and the U.S. The epidemiology, transmission, signs/symptoms, treatment and prevention of specific diseases will be discussed. Infectious diseases discussed will include Ebola, Enterovirus D68, Influenza, and tick-borne illnesses. Other related diseases will be included as appropriate.

**Presenter:** Alfred DeMaria, MD

**Date:** April 13, 2015

**Time:** 5:30 - 6 p.m., Business Meeting/Dinner

6 - 8:30 p.m., Program

**Location:** Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; www.beechwoodhotel.com

**Fee (by check only):** Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

### Triage Guidelines for School Nurses

**Description:** This program will enable the nurse to enhance the triage nursing care skills of school nurses caring for children across the lifespan.

**Presenter:** Charlene Richardson, MSN, RN, CEN, LNC

**Date:** May 19, 2015

**Time:** 5:30 - 6 p.m., Business Meeting/Dinner

6 - 8 p.m., Program

**Location:** Log Cabin, 500 Easthampton Road, Holyoke; 413-535-5077, www.logcabin-delaney.com

**Fee (by check only):** Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

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**To register:** complete the Regional Registration Form located on page 6 and submit it to the MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060. For questions, please contact Region 1 at 413-584-4607 or email region1@mnarn.org.

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**Region 2**

### Knee Surgery Update: Nursing Management

**Description:** This program will address current modalities in knee surgery, patient assessment, pre- and post-operative nursing management and the patient’s rehabilitative course. Anticipated future developments will also be considered.

**Presenter:** Nancy Hiltz, RN, MS, OC

**Date:** March 10, 2015

**Time:** 5:30 - 6 p.m., Business Meeting/Dinner

6 - 9 p.m., Program

**Location:** Dudley Gendron American Legion Hall, 158 Boston Road, Sutton; 508-865-2995

**Fee (by check only):** Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

### Critical and Emerging Infectious Diseases: An Update for Nurses

**Description:** This program will provide nurses with information regarding current critical and emerging infectious diseases now seen in Massachusetts and the U.S. The epidemiology, transmission, signs/symptoms, treatment and prevention of specific diseases will be discussed. Infectious diseases discussed will include Ebola, Enterovirus D68, Influenza, and tick-borne illnesses. Other related diseases will be included as appropriate.

**Presenter:** Alfred DeMaria, MD

**Date:** April 13, 2015

**Time:** 5:30 - 6 p.m., Business Meeting/Dinner

6 - 8:30 p.m., Program

**Location:** Beechwood Hotel, 363 Plantation Street, Worcester; 508-754-5789; www.beechwoodhotel.com

**Fee (by check only):** Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact hours:** Will be provided.

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**To register:** complete the Regional Registration Form located on page 6 and submit it to the MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604. For questions, please contact Region 2 at 508-756-5800 or email region2@mnarn.org.
Critical and Emerging Infectious Diseases: An Update for Nurses

**Description:** This program will provide nurses with information regarding current critical and emerging infectious diseases now seen in Massachusetts and the U.S. The epidemiology, transmission, signs/symptoms, treatment and prevention of specific diseases will be discussed. Infectious diseases discussed will include Ebola, Enterovirus D68, Influenza, and tick-borne illnesses. Other relevant diseases will be included as appropriate.

**Presenter:** Alfred DeMaria, MD

**Date:** March 26, 2015

**Time:** 5:30 - 6 p.m., Registration/Dinner
6 - 6:30 p.m., Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel), 100 Trowbridge Road, Bourne; 508-743-9000, www.trowbridgeavem.com

**Fee (by check only):** Member/Associate Member*, free; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact Hours:** Will be provided.

Acute and Chronic Renal Disease

**Description:** This program will provide a comprehensive overview of the major components and complications of chronic kidney disease. Nursing Management strategies for chronic kidney disease will also be discussed along with acute kidney injury.

**Presenter:** Lisa Dumouchel, MSN, APRN-BC

**Date:** April 16, 2015

**Time:** 5:30 - 6 p.m., Registration/Dinner
6 - 8:30 p.m., Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel), 100 Trowbridge Road, Bourne; 508-743-9000, www.trowbridgeavem.com

**Fee (by check only):** Member/Associate Member*, free; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact Hours:** Will be provided.

Breast Cancer: Latest Advances and Corresponding Nursing Care

**Description:** This program will discuss the latest advances in breast cancer screening, diagnosis, treatment and survivorship highlighting significant nursing interventions throughout the breast cancer continuum. The role of the nurse navigator in supporting patients through their breast cancer journey will also be reviewed.

**Presenter:** Rachel Richards, MSN ANP-BC, CBEC

**Date:** May 21, 2015

**Time:** 5:30 - 6 p.m., Registration/Dinner
6 - 8:45 p.m., Program

**Location:** Trowbridge Tavern and Canal Club (located behind the hotel), 100 Trowbridge Road, Bourne; 508-743-9000, www.trowbridgeavem.com

**Fee (by check only):** Member/Associate Member*, free; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.

**Contact Hours:** Will be provided.

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563. For questions, please contact Region 3 at 508-888-5774 or email region3@mnarn.org.
Critical and Emerging Infectious Diseases: An Update for Nurses

Description: This program will provide nurses with information regarding current critical and emerging infectious diseases now seen in Massachusetts and the U.S. The epidemiology, transmission, signs/symptoms, treatment and prevention of specific diseases will be discussed. Infectious diseases discussed will include Ebola, Enterovirus D68, Influenza, and tick-borne illnesses. Other relevant diseases will be included as appropriate.

Presenter: Alfred DeMaria, MD
Date: April 1, 2015
Time: 5 - 5:30 p.m., Registration/Dinner
5:30 - 8 p.m., Program
Location: Lombardo’s, 6 Billings St., Randolph; 781-986-5000, www.lombardos.com
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Eating Disorders

Description: This program will address the history, etiology, prevalence, possible causes, early recognition, treatment, and prevention of anorexia nervosa, binge eating disorder, and related disordered eating behaviors. Class discussion will include an overview of the possible causes of, early intervention for, and treatment of obesity. Information will be presented from a multidimensional approach, reviewing the biological, sociocultural, psychological, behavioral, nutritional, and medical modalities of treatment as well as nursing implications.

Presenter: Lyn Goldring, MSN, RN
Date: May 13, 2015
Time: 5 - 5:30 p.m. Registration (light supper provided)
5:30 - 8 p.m., Program
Location: MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires a $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

Understanding Autism and Autism Spectrum Disorders: A Workshop for Nurses

Description: This program will provide information on the identification, classification, management and clinical interventions for patients with autism spectrum disorders and their families, and specifically review the role of the nurse and other healthcare providers in caring for a child with autism or other special needs.

Presenter: Sue Loring, RN
Date: June 4, 2015
Time: 5 - 5:30 p.m., Registration (light supper provided)
5:30 - 7:30 p.m., Program
Location: MNA Headquarters, 340 Turnpike Street, Canton, 781-821-8255
Fee (by check only): Member/Associate Member, free*; Non-Members, $95. *Requires $25 placeholder fee which will be returned upon attendance.
Contact Hours: Will be provided.

To register: complete the Regional Registration Form located on page 6 and submit to the MNA Region 5 Office, 340 Turnpike Street, Canton, MA 02021. For questions, please contact Region 5 at 781-821-8255 or email region5@mnam.org.

MNA Headquarters

Basic Dysrhythmia Interpretation

Description: This two-part course is designed for registered nurses working with cardiac monitoring. Implications and clinical management of cardiac dysrhythmias will be discussed. The course will include a text book and require study between the sessions.

Presenters: Mary Sue Howlett, MS, RN/FNP-BC, CEN
Carol Mallia, MSN, RN
Dates: March 13, 2015 (Part One)
March 20, 2015 (Part Two)
March 27, 2015 (snow date)
Time: 8:30 - 9:00 a.m., Registration (light lunch provided)
9 a.m. - 3 p.m., Program
Fee: Member/Associate Member, $30; Non-member, $195.
*Requires a $50 placeholder fee which will be returned upon attendance. There is a non-refundable fee of $30 for workbook and calipers.
Contact Hours: Will be provided.
MNA Contact: Theresa Yannetty, 781-830-5727

Advanced Cardiac Life Support (ACLS): Certification and Recertification

Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation.

Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, MS, RN/FNP-BC, CEN; Charlene Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions
Dates: April 8, 2015 and April 15, 2015 (certification)
April 15, 2015 (recertification only)
Time: 8:30 - 9 a.m., Registration
9 a.m. - 5 p.m., Program (light lunch provided)
Fee: Certification: MNA Members/Associate Members, $35; Non-member, $250
Recertification: MNA Members/Associate Members, $35; Non-member, $195
*Requires $100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of $35 for the workbook.
Contact Hours: Contact hours will not be awarded for this program.
MNA Contact: Liz Chmielinski, 781-830-5719

MNA Headquarters Course Registration: Complete the MNA Headquarters Registration Form located on Page 7 or register online at massnurses.org. Credit card payment is available for CE courses offered at MNA Headquarters.
Advanced Cardiac Life Support (ACLS): Certification and Recertification
Description: This AHA course will provide information on the clinical management of medical emergencies through a case study approach. This is a two-day certification and a one-day recertification course. This challenging course is best suited for nurses working in acute or critical care areas. Attendees must be proficient in dysrhythmia interpretation.
Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, MS, RN/ FNP-BC, CEN; Charlene Richardson, MSN, RN, CEN, LNC and other instructors for the clinical sessions
Dates: August 3, 2015 and August 10, 2015 (certification)
August 10, 2015 (recertification only)
Time: 8:30 - 9 a.m., Registration
9 a.m. - 5 p.m., Program (light lunch provided)
Fee: Certification: MNA Members/Associate Members, $35; Non-member, $250
Recertification: MNA Members/Associate Members, $35; Non-member, $195
*Requires $100 placeholder fee which will be returned upon attendance. There is a non-refundable cost of $35 for the workbook.
Contact Hours: Will be provided.
MNA Contact: Theresa Yannetty, 781-830-5727

Nursing Management of the Mental Health Patient
Description: This program will review the wide spectrum of mental illness such as mood disorders (depression, bipolar), anxiety disorders (generalized, PTSD, OCD, phobias), psychotic disorders (schizophrenia, schizoaffective), substance disorders and attentional disorders. Psychopharmacological aspects will be discussed as well as causes, progression and management.
Presenters: Mary Linda O'Reilly, MS, APRN, BC
Date: April 29, 2015
Time: 5-5:30 p.m., Registration (light supper provided)
5:30-8:30 p.m., Program
Fee: Member/Associate Member, free*; Non-member, $95.
*Requires a $25 placeholder fee which will be returned upon attendance at program.
Contact Hours: Will be provided.
MNA Contact: Phyllis Kleingardner, 781-830-5794

All Day Street Drugs Program
Description: This program will enable the nurse to understand the current drug epidemic in Massachusetts and implications for nursing practice. It will provide nurses with a comprehensive overview of the illicit use of street drugs across the lifespan. It will include the etiology, pharmacological treatments and nursing management of patients under the influence of various substances.
Presenters: Charlene L. Richardson, MSN, RN, CEN, LNC; Joanne Peterson; and other presenters TBA
Date: June 11, 2015
Time: 8:30-9 a.m., Registration (light lunch provided)
9 a.m. - 4:30 p.m., Program
Fee: Member/Associate Member, free*; Non-member, $195.
*Requires a $50 placeholder fee which will be returned upon attendance at program.
Location: The Bank of Canton (Corporate Headquarters), 459 Tumpike Street, Canton, MA
Contact Hours: Will be provided.
MNA Contact: Theresa Yannetty, 781-830-5727
**Registration Directions**: Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of $25 for all evening programs and $50 for all full day programs. This fee will be returned upon attendance at the program. Program fees for non-members are $95 for evening programs and $195 for all full day programs. If registrants do not attend the program or call to cancel, the fee will NOT be refunded. Please submit a separate check for each program and mail to the appropriate region office. If registering for programs in more than one region, please duplicate the registration form or download from www.massnurses.org and submit registration forms to the appropriate region offices with the specified fee.

**Payment**: Payment may be made by mailing a separate check for each program to the appropriate regional office. At this time regional offices are unable to process credit card information for this purpose. Thank you for your understanding on this matter.

**Program Cancellation**: MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA Region Office registration contact telephone number to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours**: Contact hours will be awarded by the Massachusetts Nurses Association for all programs.

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Please print. Mail this completed form along with a separate check for each course to appropriate region. Please make copies of this form for courses at multiple regions or download this brochure at www.massnurses.org.

Name: ________________________________ Phone: ______________ Email: ____________________

Address: _______________________________ City: ______________ State: __________ Zip: __________

Place of Employment

_____ RN _______ LPN _______ APN _______ Other (specify)

**Region 1** Make check payable to: MNA Region 1 Office and mail to MNA Region 1 Office, 241 King Street, Suite 226, Northampton, MA 01060.

- **Situation Critical: Street Drug Abuse - What Nurses Should Know and Learn to Cope** Non-member: $195 • Member/Associate Member: $25 placeholder fee.
- **Child Abuse and Its Mimos** Non-member: $95 • Member/Associate Member: $25 placeholder fee.
- **Critical and Emerging Infectious Diseases: An Update for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee.

**Region 2** Make check payable to: MNA Region 2 and mail to MNA Region 2 Office, 365 Shrewsbury Street, Worcester, MA 01604.

- **Knee Surgery Update: Nursing Management** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Critical and Emerging Infectious Diseases: An Update for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Triage Guidelines for School Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee

**Region 3** Make check payable to: MNA Region 3 and mail to MNA Regional Council 3, PO Box 1363, Sandwich, MA 02563.

- **Critical and Emerging Infectious Diseases: An Update for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Acute and Chronic Renal Disease** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Breast Cancer: Latest Advances and Corresponding Nursing Care** Non-member: $95 • Member/Associate Member: $25 placeholder fee

**Region 4** Make check payable to: MNA Regional Council 4 and mail to MNA Regional Council 4, 50 Salem Street, Building A, Lynnfield, MA 01940.

- **Critical and Emerging Infectious Diseases: An Update for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Situation Critical: Street Drug Abuse - What Nurses Need to Know** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Understanding Autism and Autism Spectrum Disorders: A Workshop for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee

**Region 5** Make check payable to: MNA Region 5 Office and mail to MNA Region 5, 340 Tumpike Street, Canton, MA 02021.

- **Critical and Emerging Infectious Diseases: An Update for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Eating Disorders** Non-member: $95 • Member/Associate Member: $25 placeholder fee
- **Understanding Autism and Autism Spectrum Disorders: A Workshop for Nurses** Non-member: $95 • Member/Associate Member: $25 placeholder fee

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**Regional Registration**
**Registration Directions:** Registration will be processed on a space available basis. All programs are free to members; however, there is a placeholder fee of $25 for all evening programs and $50 for all full day programs (except for ACLS). This fee will be returned upon attendance at the program. Program fees for non-members are $95 for evening programs and $195 for all full day programs (except for ACLS). If registrants do not attend the program or call to cancel, the fee will NOT be refunded.

For courses offered at MNA headquarters, registration/payment of fee is available online. Visit our website at www.massnurses.org and register for the course of your choice from our Events Calendar.

**Payment:** Payment may be made with a Master Card, Visa, Discover or AMEX by calling the MNA contact person listed or by mailing a separate check for each program to the MNA, 340 Turnpike Street, Canton, MA 02021.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs due to extenuating circumstances. In case of inclement weather, please call the MNA at 781-821-4625 or 800-882-2056 to determine whether a program will run as originally scheduled. Registration fee will be reimbursed for all cancelled programs.

**Contact Hours:** Contact hours will be awarded by the Massachusetts Nurses Association for all programs except for ACLS certification.

**To successfully complete a program and receive contact hours or a certificate of attendance, you must:**

1. **Sign in:**
2. **be present for the entire time period of the program:**
3. **Complete and submit the program evaluation.**

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when attending MNA continuing education programs.

**Disability Help:** Please contact the MNA Division of Nursing with any questions about special needs accessibility.

**Now Available ➤ Online registration for courses offered at MNA Headquarters.**

Go to www.massnurses.org.

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**Please print. You may make copies of this form or download this brochure at www.massnurses.org.**

Name: ___________________________ Phone: ___________________________ Email: ___________________________

Address: ___________________________ City: ___________________________ State: ___________________________ Zip: ___________________________

Place of Employment: ___________________________

_____ RN   _____ LPN   _____ APN   _____ Other (specify) ________________

Please mail this completed form with check made payable to MNA at: Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021

Payment may also be made by:   [ ] VISA   [ ] MasterCard   [ ] American Express   [ ] Discover

Account #: ___________________________ Expiration Date: ___________________________ Security code: ___________________________

For Credit Card registrations you may fax this form to: 781-821-4445; please call to verify receipt, 781-821-4625.

For office use only: Chg code: ______________ Amt: Date: ______________ Ck#: ______________ Init: ______________

[ ] Basic Dysrhythmia Interpretation Non-member: $195 • Member/Associate Member: $30 non-refundable cost for workbook and caliper, $50 placeholder fee.

[ ] ACLS Certification and Recertification Certification: MNA Member/Associate Member, $35 non-refundable cost for workbook*; Non-member, $250 Recertification: MNA Member/Associate Member, $35 non-refundable cost for workbook*; Non-member, $195 *Requires $100 placeholder fee which will be returned upon attendance.

[ ] Pain Management: An Ever-Changing Landscape Non-member: $95 • Member/Associate Member: $25 placeholder fee.

[ ] Nursing Management of the Mental Health Patient Non-member: $95 • Member/Associate Member: $25 placeholder fee.

[ ] All Day Street Drugs Program Non-member: $195 • Member/Associate Member: $50 placeholder fee.

Due to heavy traffic volume on major roadways, please allow extra travel time.

**Directions to MNA Headquarters**


From Cape Cod/South Shore: Take RT-3 N. Merge onto US-1 S/I-93 S via exit number 20 on the left toward I-95/DEDHAM. Continue onto I-93 N/US-1 N for 1.2 miles. Take RT-138 S/ STOUGHTON. Follow directions from RT-138 below.

From the North: Take I-95 S/ RT-128 S to I-93 N/US-1 N. You will see a sign reading “I-93 N to BRAIN TREE/CAPE COD.” Continue onto I-93 N/US-1 N for 1.2 miles. Take EXIT 2A/ RT-138 S/ STOUGHTON. Follow directions from RT-138 below.


From RT-138 (Turnpike Street): Drive approximately 2 miles (you will pass through two traffic lights). Take a left at the billboard which reads 320-348 Turnpike Street. Follow the road, which curves to the right. You will see the brick Massachusetts Nurses Association building. The MNA is on the second floor.

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**Now Available ➤ Online registration for courses offered at MNA Headquarters.**

Go to www.massnurses.org.
7 – 8:15 a.m.
Registration and Continental Breakfast

8:15 – 8:30 a.m.
Welcome and Opening Remarks

8:30 – 10 a.m.
Keynote Address:
Designer Drugs, Their History, Epidemiology, Diagnosis, and Treatment: A Primer for Nurses
Rebecca Elaine Bruccoleri, MD
Designer drugs have a long history, beginning with the synthesis of heroin and currently involving numerous chemicals. Nurses play an important role in the care of these patients in both acute and outpatient settings. This session will include a discussion on the history, epidemiology, diagnosis, and treatment of patients under influence of these drugs. The session will address the importance of outpatient counseling of patients specific to dangers of designer drugs.

10 – 10:30 a.m. Break

10:30 a.m. – 12 p.m.
Concurrent Sessions:

Diabetes: Pharmacology and Insulin Pumps
Ann Miller, ANP, MS, CAGS
This session will focus on the current pharmacological management of diabetes. The use of insulin pumps will be explored.

The Nursing Management of Stroke
Vincent M. Vacca, Jr., RN, MSN, CCRN, SCRN
This session will discuss the clinical types of stroke. Nursing management of acute ischemic stroke and embolic stroke will be explored. The program will conclude with the best practice standards for acute ischemic stroke.

Pain Management: An Ever Changing Landscape
Cheryl Marks, MSN, RN-BC, FNP-BC
Pain management is a frequent complaint confronting the nurse in the care of patients. This session will include a discussion of types of pain, the existing and new modalities, and nursing interventions for managing acute and chronic pain.

Gestational Diabetes: The Long Term Effects on Women and Their Children
Joann Reidy, MSN, MPH, RN
Long thought to resolve following delivery, gestational diabetes is now known to result in an increased risk of cardiovascular and metabolic morbidity in women and their children long after the pregnancy has ended. Greater public health awareness is necessary to educate families and establish effective risk reduction programs to mitigate this risk.

12 – 1:15 p.m.
Lunch

1:15 – 2:45 p.m.
Concurrent Sessions:

Diabetes: Pharmacology and Insulin Pumps
Ann Miller, ANP, MS, CAGS
This session will focus on the current pharmacological management of diabetes. The use of insulin pumps will be explored.

Preservation of Evidence While Rendering Patient Care
Katherine Davis, MS, RN, AFN-BC, CEN, SANE-A
This session will discuss the best practice standards in evidence collection while rendering patient care. Common collection errors will be explored. Program will conclude with a discussion of proper forensic photography practices.

Understanding Seizures
Vincent M. Vacca, Jr., RN, MSN, CCRN, SCRN
This session will discuss the various types of seizures and their clinical presentations. The latest trends in clinical management of seizures will be explained.

Understanding Autism and Autism Spectrum Disorders: Considerations for Nurses
Susan J. Loring, RN
This session will provide information on the identification, classification, management and clinical interventions for patients with autism spectrum disorders. The role of the nurse in caring for patients with autism and their families will be discussed.

2:45 – 2:55 p.m. Break

2:55 – 4 p.m.
Closing Session:
Managing Stress in the Workplace and Your Life
Donna White, RN, PhD, CS, CADACII
This session will provide participants with a working knowledge of how stress impacts their everyday workplace and personal life. Compassion stress and fatigue will be explored, as will their impact on nursing.

4 – 4:15 p.m.
Closing Remarks
As an MNA member, you are invited to attend the 10th annual Clinical Nursing Conference

FREE

$75 placeholder fee required

This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today’s nursing practice.

Program Cancellation
MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

Disability Help
Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

Refund
Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

Placeholder Fee
A payment of $75 must be submitted with your registration. Payment by credit card is available online at www.massnurses.org; go to the Professional Development/CE page of the website. If you pay by check, it will be returned upon attendance.

Chemical Sensitivity
Attendees are requested to avoid wearing scented personal products when attending the 10th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.

REGISTRATION FORM: 10th ANNUAL MNA CLINICAL NURSING CONFERENCE • MAY 8, 2015

Name __________________________________________ Email __________________________________________
______RN ________APN _______Other (specify) _______________________________________________
Address ______________________________________________________________________________________
City __________________________________________  State ____________________  Zip ________________
Telephone: Daytime____________________________________  Evening _________________________________
Place of employment ____________________________________________________________________________

Every effort will be made to accommodate your selections. To register, please return the completed form with your check payable to MNA for the placeholder fee of $75 to:

MNA • Attn.: Liz Chmielinski • 340 Turnpike Street • Canton, MA 02021

For online registrations go to www.massnurses.org and click on the News and Events page.

Sessions fill on a space available basis, and will close once seating capacity is reached.

You must indicate your “1st,” “2nd,” and “3rd” choices for the following morning concurrent sessions:

Diabetes: Pharmacology   The Nursing Management of Stroke   Pain Management   Gestational Diabetes

You must indicate your “1st,” “2nd,” and “3rd” choices for the following afternoon concurrent sessions:

Diabetes: Pharmacology   Preservation of Evidence   Understanding Seizures   Understanding Autism

Directions
From the North:
Take Rt. 495-S. Get off at Exit 25B. Take Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the East:
Take I-90-W (Mass. Turnpike West) to Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the South:
Take Rt. 495-N to Rt. 290-W. Get off at Exit 18. Follow signs to the DCU Center.

From the West:
Take I-90-E. (the Mass. Turnpike East) to Exit 10 (Auburn). After the tollbooth, bear left at the fork. Take Rt. 290-E. Get off at Exit 16. Take a left at the bottom of the ramp (there is a light). At the 3rd set of lights (Major Taylor Boulevard), the DCU Center is on your left.

Parking
Parking is available in multiple locations around the DCU Center.

Hotel Information
The MNA has secured several single and double rooms for $119, plus 14.45% tax, at the Hilton Garden Inn, Worcester, MA. It is adjacent to the DCU Center. Parking is $9.95 per night. For reservations call 508-753-5700.

Contact Hours
Continuing nursing education contact hours will be provided. To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This is a FREE conference for all MNA members

$75 placeholder fee will be returned at registration on May 8, 2015.
Interested in Obtaining a BSN?

At the 2012 MNA Convention, the membership voted to investigate the feasibility of BSN education for MNA members. Join us for an informational session on March 12, 2015 from 4:30—6 p.m. for exhibits and 6—8 p.m. for presentations and to learn about the process of application, financing and navigating a return to school. Meeting will be held at the MNA headquarters: 340 Turnpike Street • Canton, MA 02021.

Schools Invited:

- WALDEN UNIVERSITY
- Framingham State University
- SAINT JOSEPH’S COLLEGE MAINE
- BECKER COLLEGE
- Regis College
- Drexel University
- Southern New Hampshire University
- ENDICOTT COLLEGE
- WORCESTER STATE UNIVERSITY
- Northeastern University
- CURRY COLLEGE

Each school will give a brief overview of their curriculum, admission criteria and online availability. Registration by March 5: Contact Liz Chmielinski to register at 781-830-5719, echmielinski@mnarn.org, or complete and mail the attached registration form.

Name: ___________________________________________________________________________________________________________________________

Address: ___________________________________________________ City: __________________________________ State: ____________ ZIP:_____________

Place of Employment: _________________________________________________________________________________________________________________

Phone (home): ___________________________________ Mobile: _____________________________ Email: ___________________________________________

BSN program March 12, 2015
See inside for:

• Safe Patient Limits in ICUs
• Winter/Spring CE courses
• Clinical Conference