



May 1, 2020

Clinical Nursing Conference

Schedule

7 – 8 a.m. Registration & Continental Breakfast

8 – 8:30 a.m. Welcome and Opening Remarks

Donna Kelly-Williams, RN, President of the MNA

8:30 – 10 a.m. Keynote Address

Drug Story Theater

Dr. Joseph Shrard

Drug Story Theater is an innovative, evidence-based, peer-to-peer treatment and prevention program. Surveys show that after seeing this 40-minute play, the audience overwhelmingly believes marijuana is addictive, and that drugs and alcohol have an adverse effect on relationships and the ability to succeed in school. In the talk back portion of a show, one of the main points Dr. Joseph Shrard (the creator of Drug Story Theater and a leading expert in adolescent addiction) addresses is how marijuana is a gateway drug to opioids.

10 – 10:15 a.m. Break

10:15 – 11:45 a.m. Concurrent Sessions:

Celiac Disease & Non-Celiac Gluten Sensitivity: What Does it All Mean for the Nurse?

Laurie Higgins, MS, RD, LDN, CDE

Celiac disease is an autoimmune disease that impacts genetically predisposed persons to a lifetime of dietary challenges. The Celiac Foundation (2019) estimates that 1 in 100 persons worldwide are living with celiac disease. This program will describe the pathology of celiac disease, common signs and symptoms and nursing considerations related to the care and management of celiac disease in persons living with this chronic illness.

The Diet Debacle-Unravel the Myths

Nicole Frank-Maslar, RDN, LDN

Health care consumers are overwhelmed by a variety of nutrition and dietary trends that are advertised on television and social media platforms. This information is often confusing for patients who are struggling with limited knowledge and financial resources to allow them to make healthy food choices. A Registered Dietitian will provide evidence-based information allowing nurses to help their patients decrease disease risk and improve disease states. Educating patients about the most popular dietary trends will also be discussed.

Cosmetic and Plastic Surgery

Edward Malin, MD

This program will explore the latest options in cosmetic surgery. The advances of plastic surgery and the related nursing implications will be described. Program will conclude with a discussion of the specific patient considerations for surgical options.

Weather or not: How the environment impacts patient care and what you need to know

Joseph S. Blansfield, MS, NP, TCRN

This session will address the impact of weather extremes (heat and cold) on the human body and key elements of nursing assessment and intervention. Considerations of the unique environmental challenges created for nurses in both planning for and providing care in disasters such as floods, hurricanes/tornados, and the volcanos will be discussed, including the myth vs. fact of lunar cycle and human behavior.

**FREE
to MNA members
Enrollment limited
to 750!**

Four Points by Sheraton - Norwood
1125 Boston-Providence Turnpike
Norwood, MA



11:45 a.m. – 12:45 p.m. Lunch

12:45 – 2:15 p.m. Concurrent Sessions:

Nursing Care for Patients Undergoing Revision and Secondary Bariatric Surgery

Renee Waite, RNFA

This program will discuss the selection process for revision and secondary bariatric surgery. The risk and benefits, both short-term and long-term, will be explored. Key patient educational needs will be described for this population.

Migraine: Enhance Your Nursing Knowledge

Vincent M. Vacca, Jr., MSN, RN

A migraine is a chronic disorder that presents significant challenges due to its unpredictable onset, episodic pattern, intensity, and duration. In addition to intense headaches that can last from four to 72 hours, migraines can also be associated with nausea, vomiting, photophobia, and phonophobia. This talk will focus on "classic" migraines but will also touch on migraine variants such as hemiplegic migraine, retinal migraine, and abdominal migraine.

Music Therapy and Medicine: Harmony in Healing

Channing Shippen, MA, MT-BC

An introduction to the field of music therapy and its applications in today's medical facilities. Learn how music therapy works together with nursing and care teams to provide collaborative care, increasing patient compliance, alleviating patient experiences of anxiety and pain, and providing caregiver support.

DPH Characterization of the Patterns of Use, Methods of Consumption and Types of Cannabis Products Used by Consumers in Massachusetts

Marc A. Nascarella, MS, PhD, CPH

This session will address the work at DPH to evaluate the various types of medical marijuana products, patterns of use, methods of consumption, and some general perceptions of marijuana. DPH Marijuana Baseline Health Study findings related to impaired driving and hospitalization related to marijuana use, as well as economic and fiscal aspects of the industry will also be discussed.

2:30 – 4 p.m. Closing Session

The Crazy Game: Understanding the Complexities of Addiction and Mental Health and the Impact on the Family

Clint and Joanie Malarchuk

Former NHL Goalie Clint Malarchuk opens up about his struggles with mental illness, depression, suicide and recovery in this raw and emotional talk. Malarchuk is most notably known for an on-ice accident while tending the goal for the Buffalo Sabres. Clint's jugular vein was severed by a skate and he almost died on the ice. Following the accident, Clint lived with severe Post Traumatic Stress Disorder and depression; he later survived a suicide attempt that finally led him to treatment and recovery. Clint's book *The Crazy Game: How I Survived the Crease and Beyond* was just the beginning of his Mental Health Advocacy and charity work. Clint and his wife Joanie speak around North America on mental health, PTSD, depression, suicide, and his personal struggles with mental illness and how it affects an individual and the family.

4 – 4:15 p.m. Evaluations and Closing Remarks

As an MNA member,
you are invited to
attend the **15th** annual
Clinical Nursing
Conference

FREE

\$75 placeholder fee required

This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.

Program Cancellation

MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

Disability Help

Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

Refund

Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

Placeholder Fee

A payment of \$75 must be submitted with your registration.

Payment by credit card is available online at www.massnurses.org; go to the Nursing Resources/CE page of the website. If you pay by check, it will be returned upon attendance.

Chemical Sensitivity

Attendees are requested to avoid wearing scent and fragrance personal products when attending the 15th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.



**1125 Boston Providence Turnpike (Route 1)
Norwood, Massachusetts 02062**

Parking

Free parking is available at the hotel.

Hotel Information

The MNA has secured several single and double rooms at the Four Points by Sheraton - Norwood. For reservations call 781-769-7900 by April 2, 2020 and request the MNA rate of \$140 plus tax.

Contact Hours

Continuing nursing education contact hours will be provided. **To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.**

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

REGISTRATION FORM: 15th ANNUAL MNA CLINICAL NURSING CONFERENCE • MAY 1, 2020

Name _____ Email _____
 RN APN Other (specify) _____

Address _____

City _____ State _____ Zip _____

Telephone: Daytime _____ Evening _____

Place of employment _____

Every effort will be made to accommodate your selections. To register, please return the completed form with your check payable to MNA for the placeholder fee of \$75 to:

MNA • Attn.: Liz Chmielinski • 340 Turnpike Street • Canton, MA 02021

For online registrations go to www.massnurses.org and click on **Nursing Resources** then **Continuing Education**.

Sessions fill on a space available basis, and will close once seating capacity is reached.

You must indicate your "1st," "2nd," and "3rd" choices for the following morning concurrent sessions:

Celiac Disease Diets Cosmetic/Plastic Surgery Weather Effects on Patients

You must indicate your "1st," "2nd," and "3rd" choices for the following afternoon concurrent sessions:

Bariatric Surgery Migraines Music Therapy Cannabis

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conference for all
MNA members

**\$75 placeholder
fee will be
returned at
registration on
May 1, 2020.**