MNA℠ Massachusetts Nurses Association

CNE

continuing nursing education

Spring 2023

Now Available ☛ Online registration for all CE courses offered.

Go to https://www.massnurses.org/CEregistration

Due to COVID-19, masks are required at all in-person CE programs.

MNA is proud to provide **FREE** continuing nursing education programs to foster professional growth for its members. Offering the programs *locally* to its members improves access and convenience. We hope you appreciate this service and find these courses helpful.

Please visit our website for all upcoming programs.

REGISTER NOW FOR

17th annual Clinical Nursing Conference

Details inside

MNA Massachusetts Nurses Association

CNE

continuing nursing education

Due to COVID-19, masks are required at all in-person CE programs.

To register for these classes, please use the following QR codes or weblinks.

In-person Offerings:

Region 1

Trauma Responses, Moral Distress and the Current Healthcare Environment

Description: Nurses and healthcare providers experience multiple stressors and competing responsibilities every day. This workshop will explore the landscape of stress responses as well as the experience of moral distress than can occur when nurses are unable to provide comprehensive quality care. Moving beyond the individualized self-care approach to resolving the suffering experienced, we will learn from each other about practices and habits that are helpful as well as discuss the concept of collective or community care.
Presenter: Jessica Kuttner, LICSW
Date: Wednesday, May 10, 2023
Time: 5-5:30 p.m., Registration/Dinner
5:30-7:30 p.m., Program
Location: Delaney House, 3 Country Club Road, Holyoke; www.delaney-house.com
Fee: Member/Associate Member, free*. However, a *$25 placeholder fee which will be returned upon attendance - is required to complete registration.
Non-Members, $95 charge is required to complete registration.
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Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/trmarespdistress

Region 2

Post-Traumatic Stress Disorder: Trauma and Survival

Description: Trauma affects many people and in a variety of different ways. Why do some people seem to be able to cope with seemingly unbearable events, while others define themselves by a single moment? This presentation will look at the ways in which trauma is defined, explore the physiological, psychological and spiritual aspects of trauma, and address treatment modalities, both pharmacologic and interpersonal by which the individual with trauma can be assisted in seeking healing and wholeness. Nursing interventions appropriate for the person experiencing the sequelae of a traumatic event will also be reviewed.
Presenter: Mary Linda O'Reilly, MS, APRN-BC
Date: Thursday, May 18, 2023
Time: 5:30-6 p.m., Registration/Dinner
6-8:30 p.m., Program
Location: The Beechwood Hotel, 363 Plantation Street, Worcester; www.beechwoodhotel.com
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration.
Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/traumasurvival

Region 3

The ABC's of Cardiac Medications

Description: This program will take a physiological approach to understanding cardiac medications commonly utilized in the management of patients with cardiovascular disease. Specific pharmacologic agents to be reviewed include anti-dysrhythmics, ACE inhibitors, angiotensin receptor blockers, beta blockers and calcium channel blockers. The nursing implications for administration and evaluation of the effectiveness of these medications will also be discussed.
Presenter: Carol Daddio Pierce, MS, RN, CCRN
Date: Tuesday, April 11, 2023
Time: 5:30-6 p.m., Registration/Dinner
6-8:15 p.m., Program
Location: Massachusetts Maritime Academy, Beechmore Conference Center, 11 Buttermilk Way, Buzzards Bay, MA 02532.
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration.
Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/ABCsCARDIAC

Region 4

What's Bugging You? Public Health Considerations for Insect and Vector-borne Illness

Description: This program will provide nurses with information related to vector-borne illnesses (both from ticks and mosquitoes) including risk factors, disease epidemiology, clinical presentation and prevention recommendations. Diseases covered will include endemic disease as well as new and emerging diseases and vectors.
Presenter: Catherine M. Brown, DVM, MSc, MPH
Date: Tuesday, April 11, 2023
Time: 5-6 p.m., Registration/Light Dinner
6-8:15 p.m., Program
Location: Danversport Yacht Club, 161 Elliot Street, Danvers, MA; www.danversport.com
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration.
Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/BUGGINGYOU

Region 5

Do I Have the PPE to Sustain Resilience When Every Day in Nursing is Stressful?

Description: This program will present the factors that often lead to stress in the workplace. Variable stressors increase the demand on the human body and may lead to physical and emotional ailments that can lead to a loss of purpose in one's life. The presentation is geared towards a reinvigoration of career choices and healthy patterns in the navigation of life stress-

ors. Mindfulness techniques and self-care strategies will be discussed.
Presenter: Donna White, RN, PhD, CNS, LADC I, CARN
Date: Thursday, May 25, 2023
Time: 5-5:30 p.m., Registration/Dinner; 5:30-8 p.m., Program
Location: MNA Headquarters, 340 Turnpike Street, Canton, MA 02021
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration.
Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/PPERESILIENCE

General CE

Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS) Course

Description: Participants will obtain both a BLS and ACLS Certification upon the successful completion of the course. New certification participants must attend both Day 1 and Day 2 sessions. Recertification participants are welcome to attend Day 1 but are only required to attend the Day 2 Skills Session either from 9 a.m. to 12 p.m. or 12:30 to 3:30 p.m.
Presenters: Carol Mallia, MSN, RN; Mary Sue Howlett, Ph.D., RN/FNP-BC, CEN; Charlene L. Verga, MSN, RN, CEN, LNC; other instructors for the clinical session.
Dates: Monday, April 3, 2023 (Certification)
Monday, April 10, 2023 (Recertification only)
Time: Day 1-Monday, April 3, 2023-9 a.m.-4 p.m.
Day 2-Monday, April 10, 2023-Two Sessions:
Session One-9 a.m.-12 p.m.
Session Two-12:30-3:30 p.m.
Location: Day 1-MNA Headquarters, 340 Turnpike Street, Canton, MA 02021
Day 2-MNA Headquarters, 340 Turnpike Street, Canton, MA 02021
Fee: Certification: MNA Member/Associate Member, $100; Non-Member, $200.
Recertification: MNA/Associate Member, $100; Non-Member, $200
Contact Hours: Contact hours will NOT be awarded for this program.
MNA Contact: To register, please contact Liz Chmielinski at 781-830-5719 or email echmielinski@mnarn.org

The Impact of Substance Use Diseases and Addiction on Patients, Family and the Community

Description: The purpose of this program is to educate nurses on the public health dilemma of the drug crisis and the impact on the medical profession, patients, families and the community. This program will include the pathophysiology of addiction, nursing considerations in caring for patients suffering from the disease of addiction, perspective of the family and victim, and the stressors/challenges that can create a pathway to substance use and addiction. This program will also discuss the stigma associated with the disease of substance use disorder and addiction.
Presenters: Charlene Verga, MSN, RN, CEN, LNC; Carol Mallia, MSN, RN; Adam Barrett, MSN, RN
Date: Thursday, August 31, 2023
Time: 8:30-9 a.m., Registration
9 a.m.-4 p.m., Program (includes light lunch)
Location: MNA Headquarters, 340 Turnpike Street, Canton, MA
Fee: Member/Associate Member, free. However, a $50 placeholder fee which will be returned upon attendance, is required to complete registration. Non-Members, $195 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/ADDICTIONIMPACT

Region 3 Virtual Offering:

Celiac Disease and Non-Celiac Gluten Sensitivity: What Does It All Mean for the Nurse?

Description: Celiac Disease is an autoimmune disease that impacts genetically predisposed persons to a lifetime of dietary challenges. The Celiac Foundation 2019 estimates that 1 in 100 persons worldwide are living with celiac disease. This program will describe the pathology of celiac disease, common signs and symptoms and nursing considerations related to the care and management of celiac disease in persons living with chronic illness.
Presenter: Laurie A. Higgins, MS, RDN, LDN, CDCES
Date: Wednesday, May 10, 2023
Time: Pre-Program Log-on, 5:30-6 p.m. Program, 6-8 p.m.
Location: This program is a Live Virtual Continuing Educational Program offered on the Zoom Platform.
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration. Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/CELIACGLUTEN

Region 4 Virtual Offering:

Legal Update: Top 5 Issues Facing Nurses

Description: This program will address the five legal topics that nurses face regularly—some that nurses face in practice and some that nurses encounter outside of clinical care. General suggestions and best practices will be addressed. Key considerations in documentation and some actions to avoid when interacting on social media will be discussed.
Presenter: Joanne Gulliford Hoban, JD
Date: Wednesday, May 24, 2023
Time: Pre-Program Log-on, 5:30-6 p.m. Program, 6-8:15 p.m.
Location: This program is a Live Virtual Continuing Educational Program offered on the Zoom Platform.
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration. Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/LEGALUPDATE

Region 5 Virtual Offering:

Conflict Resolution in the Workplace

Description: Nurses are expected to utilize effective communication strategies and interpersonal skills within the unpredictable environment of acute care. The escalation of stress in response to the evolving needs of patients and families and the perception of adversarial co-workers and managers can challenge nurses every day. Strategies to assess interactions and effective conflict resolution will be discuss in this presentation.
Presenter: Joe-Ann Fergus, PhD, RN
Date: Thursday, April 13, 2023
Time: Pre-Program Log-on, 5:30-6 p.m. Program, 6-8:15 p.m.
Location: This program is a Live Virtual Continuing Educational Program offered on the Zoom Platform.
Fee: Member/Associate Member, free. However, a $25 placeholder fee which will be returned upon attendance, is required to complete registration. Non-Members, $95 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/CONFLICTRESWRK

General CE Virtual Offerings:

Diversity Webinar

Disparate Care, Disparate Outcomes: How Embedded Bias Affects Maternal Childcare Outcomes

Description: Despite decades of discussion and millions of dollars spent on creating policies and initiatives to eliminate disparities in healthcare, research continues to highlight the existence and persistence of inequities in healthcare delivery and outcomes. This program will explore how underlying systemic, institutional, and human factors contribute to and in many cases perpetuate disparities in healthcare through the lens of disparities in maternal-child care outcomes.
Presenters: Candice Belanoff, ScD, MPH; Lucinda Canty, PhD, CNM, FACNM; Tiffany Michelle Vassell, RN; Merline Sylvain-Williams; Emilee Regan
Date: Tuesday, April 25, 2023
Time: Pre-Program Log-on, 9:30-10 a.m. Program,10 a.m.-2 p.m.
Location: This program is a Live Virtual Continuing Educational Program offered on the Zoom Platform.
Fee: Member/Associate Member, free. However, a $50 placeholder fee which will be returned upon attendance, is required to complete registration. Non-Members, $30 charge is required to complete registration.
Contact hours: Will be provided
https://www.surveymonkey.com/r/DISPARATECARE

MNA℠
PEER ASSISTANCE PROGRAM

Are you a nurse in recovery and would like to assist a colleague in need?

The MNA Peer Assistance Program is a free and confidential peer support program available to all nurses in Massachusetts. We offer confidential peer support to nurses seeking recovery support. Our program is completely separate from the Mass Board of Nursing and Substance Abuse Rehabilitation Program.

We are seeking volunteer nurses, in recovery for at least three years, to lend support to nurses seeking recovery. For more information, please contact Carol Mallia RN, MSN at 781-830-5755 or cmallia@mnarn.org or view the MNA Peer Assistance Program website at

www.peerassistance.com

MNA Massachusetts Nurses Association

SAVE *the* DATE

Safe Patient Handling & Mobility Conference

Wednesday, September 13, 2023

Four Points Sheraton Hotel in Norwood

Photo Courtesy of HoverTech International

Event agenda and registration details are forthcoming; watch our **Facebook** page and website for updates.

17th annual Clinical Nursing Conference

MNA℠

May 5, 2023

FREE
MNA members only
Enrollment limited to 400!

Four Points by Sheraton - Norwood
1125 Boston-Providence Turnpike
Norwood, MA

Schedule

7 – 8 a.m. ***Registration & Continental Breakfast***

8 – 8:30 a.m. ***Welcome and Opening Remarks***

Katie Murphy, RN, President of the MNA

8:30 – 10 a.m. ***Keynote Address***

Connecting the Dots Between Childhood Trauma & Addiction

Dr. Joseph Shrand, MD & Drug Story Theater

Many associate childhood traumas with child abuse, but other stress inducing, and traumatic experiences linked to an elevated vulnerability to addiction include neglect, loss of a parent, witnessing domestic or other physical violence, and/or having a family member who suffers from mental illness. This program will discuss the impact adverse childhood experiences can have on growth and development leading to a path to addiction.

10 – 10:15 a.m. ***Break***

10:15 – 11:45 a.m. ***Concurrent Sessions:***

The Diet Debacle: Unravel the Myths

Nicole Frank Maslar, RDN, LDN

Health care consumers are overwhelmed by a variety of nutrition and dietary trends that are advertised on television and social media platforms. This information is often confusing for patients who are struggling with limited knowledge and financial resources to allow them to make healthy food choices. A Registered Dietitian will provide evidence-based information allowing nurses to help their patients decrease disease risk and improve disease states. Educating patients about the most popular dietary trends will also be discussed.

A Nurse's Guide to Anticoagulation Management

Joseph Curreri, PharmD, BCPS

This session will offer tools to assist nurses managing patients on anticoagulant therapy and address best practices to reduce medication errors. The pharmacokinetics and pharmacodynamics of warfarin, direct acting oral anticoagulants, enoxaparin and heparin will be discussed in addition to important nursing considerations for transitioning between anticoagulants and anticoagulant reversal.

Managing Bedside Emergencies

Carol Daddio Pierce, MS, RN, CCRN

Nurses play a crucial role in the early identification of clinical cues suggestive of impeding patient decompensation. Recognition of these subtle changes leads to timely implementation of essential interventions to optimize patient outcomes.Commonly encountered bedside emergencies include respiratory distress, hypotension, dysrhythmias and neurological alterations will be discussed. Case studies will be utilized to highlight the clinical triggers and essential strategies for successful management of these emergent scenarios.

11:45 a.m. – 1 p.m. ***Lunch***

1 – 2:30 p.m. ***Concurrent Sessions:***

What's New in Diabetes Care- 2023 American Diabetes Association Standards of Care

Linda Salvucci, MSN, RN, CDCES

This session will address current best practices for diabetes care including the newest medications, use of technology, and disparities in care. Inpatient diabetes education will also be addressed.

Interpretation of Abnormal Lab Values in the Intermediate Medicine Patient

Christine Smith, RN, MSN, PCCN

This session will present a system-based approach to conditions often seen by nurses working with medical patients. The related abnormal lab values, key assessments and nursing interventions will be discussed.

Not Your Grandma's Wound Care

Erin Bertagnolli, PA

Beyond the Basics, learn current evidence-based wound care practices to enhance the healing of acute traumatic wounds and prevent undesirable outcomes such as wound dehiscence and infection. Recognize the early need for referral to wound care specialist. Learn how you can help reduce health expenditure and reduce inequities in care.

2:30 – 2:45 p.m. ***Break***

2:45 – 4 p.m. ***Closing Session***

Cannabis Stigmatization, Disclosure, and Risk Assessment

Daniel D. King, DNP, APRN, CRNA, CPPS

This presentation will survey the primary domains of stigmatization as overarching barriers to cannabis use disclosure and behavior's assessment among patients in the healthcare setting. Knowledge of cannabis use patterns is an integral component to providing fully informed care of patients and mitigating associated risks of cannabis use. Key pharmacokinetic and pathophysiological considerations will be discussed.

4 – 4:15 p.m. ***Evaluations and Closing Remarks***

As an MNA member, you are invited to attend the **17th annual Clinical Nursing Conference**

FREE

$75 placeholder fee required and will only be processed if you do not show up without notice.

This full-day clinical program is designed to update registered nurses on a variety of current clinical topics and relevant issues pertinent to today's nursing practice.

Program Cancellation
MNA reserves the right to change speakers or cancel programs for extenuating circumstances.

Disability Help
Contact Liz Chmielinski at 781-830-5719 with questions about special needs accessibility.

Refund
Refund of the placeholder fee will be issued up to two weeks before the program date. If registrants do not attend the program or call to cancel, the fee will not be refunded.

Placeholder Fee
A payment of $75 must be submitted with your registration. **Payment by credit card is available online at www.massnurses.org; go to the Nursing Resources/CE page of the website.**

Chemical Sensitivity
Attendees are requested to avoid wearing scented and fragranced personal products when attending the 17th Annual MNA Clinical Nursing Conference. Scents may trigger responses in those with chemical sensitivity.

1125 Boston-Providence Turnpike (Route 1)
Norwood, Massachusetts 02062

Parking
Free parking is available at the hotel.

Hotel Information
The MNA has secured several single and double rooms at the Four Points by Sheraton - Norwood. For reservations call 781-769-7900 and request the MNA rate.

Contact Hours
Continuing nursing education contact hours will be provided. **To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the sessions, and 3) complete and submit the evaluation.**
The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Register online at:
www.surveymonkey.com/r/MNACLINICAL
Deadline: May 1, 2023

SAVE *the* **DATE**

Convention 2023
October 11, 12

MNA Massachusetts Nurses Association

CNE

continuing nursing education

The following CNE programs are now available online:

- Acute Respiratory Distress Syndrome (ARDS): Etiology, Pathophysiology, Clinical Presentation, and Treatment Management
- An Introduction to Gender-Affirming Care
- Back to Basics: Lab Values and Implications for Nursing Care
- Be the Leader You Would Follow: Ten Tips to Leadership Success
- Budding Evidence for Cannabis and Its Implications in Perioperative and Acute Care Setting
- Cardiac Pharmacology: Oral Agents
- Care of the Patient with PTSD
- Conflict in the Workplace: A Nursing Perspective
- Did You Really Document That? Tips and Strategies for Effective Documentation
- Environmental Justice and Health Equity: Understanding the Cumulative Impacts of Local Environmental Hazards and Social Determinants of Health In Massachusetts
- Finding Your Inner Strength: Balancing Grit and Resilience
- Intergenerational Stressors: How Do We Communicate?
- Kids Eat the Darndest Things: Pediatric Toxicological Emergencies
- Where Do You Fit in? A Primer on Malpractice Trends and Claims for Nursing Professionals
- Migraine Headache Attacks: Enhancing Nursing Knowledge
- Nursing Resiliency: Surviving and Thriving Through and After a Pandemic
- Pandemic Aftershocks: Managing the Personal and Professional Impacts
- Pediatric Endocrine Emergencies
- Pediatric Vomiting and Dehydration
- Parkinson's Disease (PD): A Nursing Perspective
- Racism and Social Injustice in Nursing Practice and Healthcare
- The Complexity of the Endocannabinoid System and Understanding Cannabis Treatment, Part I
- The Complexity of the Endocannabinoid System and Understanding Cannabis Treatment, Part II
- The Nurse's Role in Suicide Prevention
- Total Hip Arthroplasty
- Total Knee Arthroplasty
- Type 2 Diabetes: Diagnosis, Management, and Prevention in the Adult Patient
- Understanding and Treating High-functioning Clients with Alcohol and Substance Use Disorders
- Understanding the Complexities of Substance Use in the Workplace
- Vaping 101.3: Old Vices, New Devices … and a Pandemic
- Weather or Not: How the Environment Affects Patient Are and What You Need to Know
- When Today Is All You Have - The Nurse's Role in Dementia Care **This program meets the 2022 requirement for relicensure
- Where Do You Fit In? A Primer on Malpractice Trends and Claims for Nursing Professionals
- Zip Code Matters

To access, go to the CNE online portal from the MNA website.

MNA Massachusetts Nurses Association

Massachusetts Nurses Association
Massachusetts Nurses Association
340 Turnpike Street ■ Canton, Massachusetts 02021-2711
www.massnurses.org

CE
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Disparate Care, Disparate Outcomes:

How Embedded Bias Affects Maternal Childcare Outcomes

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Registration: https://www.surveymonkey.com/r/DISPARATECARE

a webinar sponsored by MNA's Diversity Equity and Inclusion Committee

Please contact the MNA Division of Nursing at 781-830-5719 with questions.