

As an MNA member, you  
are invited to attend a

**FREE\***

## Health & Safety Conference

This Health & Safety program is designed to update registered nurses on a variety of current topics and relevant issues pertinent to today's safe patient handling practices.

\* Requires a \$25 placeholder fee which will be returned upon attendance.

Non-members registration fee is \$95.

According to Peter D. Hart Research Associates, Inc. "job related injuries and chronic pain are pervasive among hospital nurses..."

"56 percent reported they have suffered job related chronic pain or on-the-job related injuries resulting from lifting, moving, or repositioning patients."

"82 percent of the nurses who responded would support state standards to mandate that hospitals provide moving equipment and training."

- AFT Healthcare, AFT, AFL-CIO



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**MNA**<sup>SM</sup>  
MASSACHUSETTS NURSES ASSOCIATION  
340 TURNPIKE STREET  
CANTON, MA 02021  
WWW.MASSNURSES.ORG



# 3<sup>rd</sup> MNA<sup>SM</sup> Safe Patient Handling Conference

*"Protect Yourself  
& Your Patient"*



June 10, 2010  
Lombardo's - Randolph, MA

# 3rd MNA Safe Patient Handling Conference 2010

This conference is  
**FREE\***  
for all MNA members.  
\* Requires a \$25  
deposit which will  
be returned upon  
attendance.  
Non-members  
registration fee is  
\$95.

Name \_\_\_\_\_ Email \_\_\_\_\_  
\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ APN \_\_\_\_\_ Other (specify) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone: Daytime \_\_\_\_\_ Evening \_\_\_\_\_  
Place of Employment \_\_\_\_\_

**Non-member fee is \$95. Members, please include a \$25 check for the placeholder fee made payable to MNA, and mail to:**  
Massachusetts Nurses Association • 340 Turnpike Street • Canton, MA 02021  
For more information, contact Susan Clish, 781-830-5723 or 800-882-2056, x723 or email [sclish@mna.org](mailto:sclish@mna.org).

## Safe Patient Handling Schedule

- 7:00 - 8:00 a.m. Registration/Continental Breakfast/Exhibitors  
8:00 - 8:10 a.m. **Welcoming Comments/Introductions**  
*Donna Kelly-Williams, RN, President, Massachusetts Nurses Association*  
8:10 - 8:15 a.m. Moderator – Rosemary O'Brien, RN, Massachusetts Nurses Association, Board of Directors  
8:15 - 8:25 a.m. **A Legislative Update on Safe Patient Handling Legislation HB2026/SB803 - Maryanne McHugh, Associate Director of Legislation and Government Affairs at Massachusetts Nurses Association**  
8:25 - 8:55 a.m. **Hospital Ergonomics: Bridging the Gap between the Science and the Workplace**  
*Beth Piknick, RN, Massachusetts Nurses Association*  
*Jamie Tessler, Occupational Ergonomics Consultant and Research Associate at the University of Massachusetts Lowell, Department of Work Environment*  
8:55 - 9:30 a.m. **Safe Patient Handling for Developmentally Disabled and Combative Populations**  
*Jonathan Rosen, MS. CIH. Director Occupational Safety & Health, New York State Public Employees Federation*  
9:30 - 10:45 a.m. **Biomechanics of Patient Lifting**  
*William S. Marras, PhD., CPE, Ohio State University*  
10:45 a.m. **BREAK**  
11:00 - 12:00 p.m. **Break-Out Sessions**  
**Safe Patient Handling and the Use of Lift Equipment - Terry Donahue, BSN, RN, COHNS-S/CM - President Safe Patient Moves, Inc.**  
**Breaking Through the Barriers: Making Your Ergonomics Program the Best It Can Be:**  
*Jamie Tessler, Occupational Ergonomics Consultant and Research Associate at the University of Massachusetts Lowell, Department of Work Environment*  
12:00 - 12:50 p.m. **Lunch/Exhibitors**  
12:50 - 1:50 p.m. **Repeat of AM Break-Out Sessions**  
1:50 - 3:05 p.m. **Wait: When It's a Question of Weight**  
*Susan S. Morello, BSN, RN, CWOCN CBN*  
3:05 - 3:40 p.m. **OSHA Recordkeeping for Ergonomic Injuries**  
*Carol Bates, Compliance Assistance Specialist, U.S. Dept. of Labor/OSHA*  
3:40 p.m. **Evaluation**

Please fill out evaluations prior to leaving. Thank you.

## Further Information

**Registration:** Registration will be processed on a space available basis. There is a placeholder fee of \$50 for MNA members, which will be returned upon attendance. There is a fee of \$195 for all non-MNA members which is non-refundable. If you do not attend the program the fee will NOT be refunded. Requests for refunds will not be honored within the 14-day period of the program date.

To register for this program, mail the attached registration form, including a check, to Massachusetts Nurses Association, Attn. Susan Clish. Or to register by credit card, call Susan Clish at 781-830-5723 or 800-882-2056, x723. Please include your email address. For more information, contact Susan Clish.

**Lunch:** a light lunch will be provided to all attendees.

**Contact Hours:** Continuing nursing education contact hours will be awarded by the Massachusetts Nurses Association.

**To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire time period of the session and 3) complete and submit the evaluation.**

The Massachusetts Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Chemical Sensitivity:** Scents may trigger responses in those with chemical sensitivities. Men and women are requested to avoid wearing scented personal products when attending this program.

**Program Cancellation:** MNA reserves the right to change speakers or cancel programs for extenuating circumstances. In case of inclement weather, please call MNA at 781-821-4625 to determine whether a program will run as originally scheduled. Registration fees will be reimbursed for all cancelled programs.

**Location:** Lombardo's Conference & Function Facilities  
6 Billings St. • Randolph, MA 02368 • 1-800-986-5030

Located at the intersection of Rt. 128/93 and Rt. 28 in Randolph, MA

### Directions:

**From Boston:** Take South East Expressway/93 South, at Braintree split stay on 93 South (128 North) to Exit 5A.\*

**From Cape Cod:** Take Rt. 3 North, to Rt. 93 South (128 North), to Exit 5A.\*

**From Rhode Island:** Take 95 North or Rt. 24 North, to 93 North (128 South), to Exit 5A.\*

**From Springfield/Worcester:** Take Mass Pike East to Exit 14 to 95 South. Stay on 95 South until it becomes 93 North. Take Exit 5A\* - Randolph/Milton Exit to Lombardo's.

\*Take a right at the first set of lights on to Scanlon Drive. Lombardo's will be on the right, next door to the Comfort Inn.

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